



NORD ANGLIA
DIGITAL LAB

Our

innovation

is caring

Helping students
feel calmer, more
confident, and
ready to learn



67%
reduction
in anxiety and
intense emotions



83%
reduction
in **sensory overload**,
helping students feel
more comfortable in
different environments



69%
improvement
in students feeling
emotionally ready
to learn

We explored how education technology can better support student wellbeing. Students used practical, screen-free tools designed to help them recognise, understand, and manage their emotions throughout the school day.

The result was calmer classrooms, fewer disruptions, and students growing in confidence as learners.

At Nord Anglia, we believe children learn best when they feel safe, supported, and emotionally ready to succeed.



Find a Nord Anglia
school here