

BRITISH INTERNATIONAL SCHOOL HANOI A NORD ANGLIA EDUCATION SCHOOL

# CO – CURRICULAR ACTIVITIES PROGRAMME

Years 7 - 13 Block 3 | 2023-24 SY









Dear Parents.

Our Co-curricular programme is designed to enhance and complement our curriculum. Additionally, our Saturday programme is available for students and parents to participate in various activities.

We are aiming to stream our CCA programme within 3 streams to ensure that students can participate in more varied activities throughout the year. Our 3 streams we are focusing on are Creative, Active and Service Activities. This means that all students have more opportunities to experience different activities throughout the year. The quality of activities will be higher and more consistent. The programme aims to add challenge for students to own their achievements. The programme will also assist in developing stronger partner links within the Hanoi Activities Conference, Nord Anglia group and FOBISIA schools. To achieve a holistic school experience, we encourage all students to participate in at least one CCA per block.

Block 3 will start on Monday 6 May 2024. The activities will run through until Saturday 15 June 2024. Sign up will be from Wednesday 20 March 8:00 am till Monday 25 March 2:00pm. The Co-curricular programme provides a great opportunity for your child to take part and develop different facets of school life.

Students will be asked for multiple preferences although they will be allocated to one activity per time slot. Please allocate at least 3 preferences per time slot, ensuring your child can be allocated to a CCA per day. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign-up process tries to ensure all students are granted a place on either their first, second or third choice of preference. Please see the application guidelines below for detailed instructions.

# Mrs. Salome Airdrie

Director of sport and activities

# **Application guidelines:**

- All activities (free and paid) need to be selected online via School Buddy: https://bishanoi.schoolbuddy.net/. Please select the the ISAMS Parent Portal sign in option and use the same login credentials you use to access your child's academic reports. Detailed log in guidelines have also been emailed to you.
- This term, we will use a single sign-up phase open from **Wednesday 20 March** 8:00 am to Monday 25 March 2:00pm. You will be able to make multiple choices which you then click to submit. Details of this process are attached in the email under the titles: CCA sign up and Parent login in school buddy.
- Please read the attached instructions on how to log in as parents and student login and School buddy procedures.
- Term 3 will start on Monday 6 May 2024. The activities will run through until Saturday 15 June 2024.
- After Friday 3 May, students who have signed up for an activity must commit to it for the whole of the term. Children cannot swap activities.
- All choices will be allocated with a preference-based algorithm.
- If students are absent from their activity without authorization on more than one occasion, they will be removed from the activity and their place will go to a student on the waiting list PAGE 2



# **Paid Activities**

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.
- Children wishing to take part in paid activities can make payments by transferring money to the school as soon as the child's activity is confirmed. Below are the BIS bank account details:

# Bank name: HSBC VIETNAM – HO CHI MINH BRANCH Bank address: The Metropolitan, 235 Dong Khoi Street, District 1, HCMC, Vietnam Account name: TRUONG QUOC TE DA CAP ANH-HANOI Account No. VND: 091-255505-002

Please include in the transfer instructions "Name of CCA" and your child's name and class.

• Paid activities will be confirmed via email to those who have been allocated a place. School Buddy has information about each of the activities and all details can be found by expanding the blue information tab. In Block 3, by selecting a paid activity and paying the associated fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments must be made by Friday 3 May 2024, or the place will be offered to the children on a waiting list.** 

# **Online Activity Selection**

All activities (free and paid) need to be selected on-line via **School Buddy**. Please note your first choices may not always be possible. Please read the rest of this booklet and log on to School Buddy. If you have any questions, please contact <u>bis.activities@bishanoi.com</u>

# Parent activity Sign up

Parents who wish to join activities on Saturdays please email <u>bis.activities@bishanoi.com</u> with your name and preference of activity you would like to attend.

# Late bus

If your child is in a CCA that finishes after 4 pm Tuesday, Thursday or Saturday mornings and you would like for them to ride our new late bus service, please complete the form: **BIS Hanoi CCA Late Bus and Saturday Bus Service** 

\*\*This school bus service is offered at an extra cost. Kindly note this service will only run if there is enough interest for a specific location.

The routes will be to and/or from a designated drop-off point, and BIS Hanoi following the schedule below:

• Tuesday, Thursday: 5:00 pm departing from BIS to drop off points (one way)<sub>PAGE 3</sub>



- Saturday (one or both way options available):
  - o 7:30 8:00 am (each pick-up point will have a specific time)
  - o Return departing BIS at 11:50 am
- Pick-up and drop-off points will be in the following areas:
  - o Times City
  - o Calidas building
  - o Tay ho
  - o Lotte building, Cau Giay.

The block cost for using this bus service is as follows: (If your child would like to ride the late bus on Tuesdays and Thursdays the fee would be 2\*1,500,000 for the entire CCA Block 3:

- One -way: 1,500,000 VND
- Return trip Saturday: 2,350,000 VND

Please click on this link to confirm a seat on a bus route: <u>BIS Hanoi CCA Late Bus and</u> <u>Saturday Bus Service</u>

\*\*PLEASE NOTE: IN CASE OF DISCREPANCY THE ONLINE INFORMATION AS PUBLISHED IN SCHOOL BUDDY TAKES PRECEDENCE.\*\*



# MONDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Phuket Football	Year 11-13	15:00-16:00	40	Wayne Kassebaum/ dhanya Acharya	Field	Trial and be selected to represent the school in the prestigious event in Phuket in November 2024
U15 FOBISIA	Year 8-9	15:00-16:00	25	Jack Nicholls, Adrienne Taylor, Minh	Secondary field	Trial and be selected to represent the school in the prestigious event in Thailand in November 2024
Secondary Orchestra	7-13	15:00-16:00	25	Jon, Grace Byron, Kate Bilston	C321	Secondary Orchestra returns for our 3rd and final term of the year. We are working towards some very special end of term performances and will be working hard to prepare a musical celebration of the year. This CCA is for Year 7- 13, however experienced musicians from Year 6 may apply by contacting Mr Scott for a short audition. This CCA is not suitable for students with no prior experience.
BIS Dance Company	7-13	15:00-16:00	25	Emily	P302	Join BIS Dance Company and unleash your passion for dance! We invite talented, enthusiastic students to become part of our vibrant dance family, where you'll have the opportunity to explore various dance styles, receive training and guidance, perform on prestigious stages, build lifelong friendships, and experience personal growth and confidence. Regardless of your level of experience, everyone is welcome to join us on this incredible dance adventure. Don't miss out! Let's create magic on the dance floor together!
BIS Debate CCA	7-13	15:00-16:00	25	Victoria Embling	S320	Do you love to argue, persuade, and learn new things? If so, you might be interested in joining the debate club at our school. The debate club is a fun and challenging way to improve your critical thinking, communication, and research skills.
Book Club	7-13	15:00-16:00	25	Ellie Forsyth	S318	Book club CCA is a co-curricular activity that aims to foster a love of reading and literature among students. We meet every week to discuss a book that we have chosen together, share our insights and opinions, and learn from



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
						each other's perspectives. We also organize events such as book fairs, author talks, and literary quizzes to enrich our knowledge and appreciation of different genres and cultures. Book club CCA is open to anyone who enjoys reading or wants to discover new books and authors. Join us today and be part of our vibrant and friendly community of book lovers!
Pokemon Club	7-13	15:00-16:00	25	Jason Wilson	C216	Students will learn about teambuilding and playing competitive Pokemon (Singles) on top of other fun Pokemon-related activities. We will be using the battle simulator "pokemonshowdown.com" for battling and "retrogames.cc" for playthroughs. We will have sessions on discussing the current metagame, tournaments and Pokemon challenges.
Korean Newsletter Journal Club	7-13	12:35-13:25	25	Unju Song	S205	Within the News Journal CCA, we engage with news articles of personal interest, journaling concise summaries intertwined with reflective insights. Our aspiration is to apply for "Red News Write News" contest, endorsed by the Korea Press Foundation(한국언론진흥재단) between March to May
Chit Chat Crafts	7-13	15:00-16:00	25	Eoin/ student led	C208	Join us for an afternoon of creativity and camaraderie! Dive into the world of crafts as we explore the delicate art of crochet, the intricate folds of origami, and the fun of bracelet-making. It's a perfect opportunity to learn something new, meet fellow craft enthusiasts, and forge lasting friendships. Plus, enjoy delicious snacks while you craft your afternoon away!
Gymnastics Gymkraft Vietnam (Paid activity)	Years 3-8	15:00-16:00	25	Gymkraft Vietnam	Sport Hall	Our course helps students understand the movement of the body and apply it to life and other sports. It also helps them know how to protect themselves when falling with basic acrobatic movements. Children will get good health and endurance. Our course provides a growth environment for self-confidence and self- expression for children. <b>Cost for Block 3: VND 2,310,000</b>



# **TUESDAY**

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Secondary Choir	Year 7-13	12:35-13:25	25	Jon Scots	C321	Secondary Choir has already had an exceptional start to this academic year, with live performances at International Festival, Remembrance, Winter Concert and the Principal's Assembly – we are always looking to grow in quality through developing those who are already part of the choir and grow in numbers by welcoming as many new members as possible! Join us as well continue our exciting musical journey this year!
DECA	Year 10-13	12:35-13:25	25	Claudine van Rensburg	C115	DECA is a global initiative that encourages students to develop their leadership and entrepreneurship skills. This student lead CCA is targeted towards students studying Business Management who wish to improve their public speaking skills. Students will have the opportunity to compete at a regional and national level applying the concepts studied to role plays and case studies.
Key Stage 3 Vietnamese Reading club	Year 7-9	12:35-13:25	25	Phuong Pham	S107	Students will read articles, non fiction books to know more about Vietnamese history and culture. They also update more vocabulary in Vietnamese.
Basketball Junior (Paid activity)	Years 5-9	15:00-16:00	25	SSA	Sports Hall	Students will practice fundamental skills such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength, and encourage the determination, problem-solving and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also learn a3×3/ 5×5 game format. <b>Cost for Block 3: VND 1,890,000</b>
Football Junior (Paid activity)	Years 5-9	15:00-16:00	25	SSA	Secondar y Field	SSA's specially designed curriculum follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball. <b>Cost for Block 3: VND 1,890,000</b>





ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Morning swimming	Year Y7- 13	15:00-16:00	25	Minh and Vu	Swimming pool	train and represent the school in swim galas
Touch Rugby	year 7-13	15:00-16:00	25	Jack Nichols	Secondary field	Are you looking for a fun and exciting way to stay fit and make new friends? Then you should join the touch rugby CCA! Touch rugby is a non-contact sport that anyone can play, regardless of age, gender or skill level. You will learn how to run, pass, catch and score in a fast-paced game that will challenge your agility, teamwork and strategy. You will also get to participate in friendly matches and tournaments with other schools and clubs. Don't worry if you have never played before, our coaches and seniors will guide you along the way. So what are you waiting for? Sign up for the touch rugby CCA today and discover the thrill of this awesome sport!
Technical Theatre Team (Stage Sound & Lighting)	Year 7-13	12:35-13:25	25	Sarah Macdonal	C317	BISH Technical Theatre Team needs you! Do you want to learn more about stage lighting and sound? Do you want to help with school concerts and events and support the school in delivering top quality performances? Come and join the TECH TEAM! We will meet every Wednesday at lunchtime to learn how to operate the lighting and sound equipment and, on occasions, we will be needed for school events in the evenings and weekends (notified in advance). This team will run all year round and you will become the school tech experts!
Ukulele Band	Year 5-9	15:00-16:00	25	Flis - max 20	C323	Do you play the ukulele and want to develop your skills performing with others? Come along and learn how to collaborate with other musicians and choose songs to learn and share with each other. If you have a ukulele please feel free to bring it along, we also have instruments you can borrow (please note – this is an afterschool CCA)



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Beginner Drum Kit Club	Year 7-13	15:00-16:00	25	Adam Lewis	C321	Beginner drum kit club is your chance to learn to play the drums! Even if you've never sat at a drum kit before, you'll quickly learn to play some simple rock drum beats, and possibly even some more complex ones. If you can already play a bit of drums then you can still come along - Mr Lewis has been playing and teaching drums for over 30 years, and is sure to be able to help you take your next steps. We'll also learn how to hold drum sticks, sit at a drum kit, and even some simple drum kit maintenance. Previous students have gone one to become accomplished drummers, and all abilities and ages are welcome.
Global Goals	Year 7-13	15:00-16:00	25	Gemma Archer	S314	Did you know that there is a big list of important things to get done that has been agreed by nearly every country around the world? What do you think might be on that list? And can you do anything to help get them done? In this CCA you'll find the answers to these questions and lots more. Meet new friends who can help you in your adventures as you become a Global Goals Advocate
MUN	Year Y10- 12	15:00-16:00	25	Nerilee Hall/ Nia Cooper	S219	Are you passionate about global issues and diplomacy? Do you want to improve your public speaking and leadership skills? If so, you should join the Model United Nations (MUN) club at our school! MUN is a simulation of the UN where students represent different countries and debate on various topics. You will learn how to research, negotiate, and compromise with others, while having fun and making new friends
Maths club	Year 10- 12	15:00-16:00	25	Luke Field	S216	Maths problems beyond the scope of IGCSE/IB course. For students who are thinking about studying maths at university.



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Creative writing and illustration	Year 7-12	15:00-16:00	25	Christy Nyenes	C312	Illustration activities, creative writing prompts and collaboration on themed projects. Free drawing and writing time to explore creativity and share ideas.
Steam Club	Year 7-13	15:00-16:00	25	Yvonne McKenna	C211	Are you passionate about science, technology, engineering, arts and mathematics? Do you want to meet other students who share your interests and learn new skills? If so, you are invited to join the STEAM club! The STEAM club is a fun and friendly group that meets every week to work on exciting projects, explore different topics and have fun with STEAM.
Flute choir	Year 7-13	15:00-16:00	25	Nia Cooper	C321	Calling all flute players to play and make beautiful music together
Procreate for illustration	Year 7- 13	15:00-16:00	25	Hannah Budd	S106	Students will learn basic procreate skills in order to create their own illustrations.Suitable for beginners who are new to adobe procreate.
Kpop cover dance	Year 7-13	15:00-16:00	25	Emily Brawn	Dance room	If you are passionate about Kpop and want to learn some cool moves, join our Kpop dance group for school CCA! We are a friendly and fun-loving team that practices every Wednesday. We learn choreographies from popular Kpop songs and perform at various school events. You don't need any prior experience, just a love for Kpop and a willingness to try. Come and join us today!
School Magazine	Year 7-13	12:35-13:25	25	Simon Hoare	S306	The School Magazine 'Novus' is, and will always, become bigger and better. Every publication, the magazine operates under one unifying theme where it sets the foundation for every writing and graphic design.Students from all across Secondary get the best opportunity to develop new and current skills: writers get to improve their English, improve their writing skills by understanding the importance of tone, language, structure, and they get to learn and explore a variety of subjects unfamiliar to them as guided by the theme. Designers get to unleash their creativity, producing breath-taking and eye-catching graphics to enhance the



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
						writing and give a 'face' to the theme. Working closely, the editors manage and lead both writers and designers to bring out the best in all of them and bring together a harmonious product of writing and visuals.
DOE	Year 10- 13	15:00-16:00	25	Eoin Cooney & Antonia Gill		Student continue to complete their Bronze and silver award - no new sign up
FL Tennis Academy (Paid activity)	Year 7-13	15:00-16:00	25	FLTA	Hard courts	FL Tennis Academy is a 37 years old international academy, teaching players of all ages and levels, coaching them to reach their full potential. Today, FLTA counts 03 clubs: Arcachon (France), Dubai (UAE) and Hanoi (Vietnam). In Hanoi, our pro team is made of international and local coaches, highly experienced and certified by official organisations, all working under FLTA coaching methods framework. <b>Cost for Block 3: VND 3,000,000</b>
Badminton (Paid activity)	Year 7-13	15:00-16:00	25	External coach	Sports Hall	Under the guidance of an experienced coach, you'll master refined skills, elevating your game to new heights. Each session is a step forward, and you'll find yourself getting better as the block progresses. Embrace the challenge and watch your talents soar! Cost Block 3: VND 900,000



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Secondary mindful colouring	Year 7-13	15:00-16:00	25	Matt Greenwood	C311	Joining the Mindful Colouring Co-Curricular Activity (CCA) presents a unique opportunity to engage in a creative and therapeutic practice that promotes relaxation and mindfulness. This CCA is designed for individuals seeking a peaceful escape from the daily hustle and encourages participants to explore their artistic abilities while fostering a tranquil mind. As members, you will have access to a variety of colouring materials and techniques, guided sessions by experienced facilitators, and the chance to be part of a community that values the art of mindfulness through colouring.



# THURSDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Competitive swimming	Year 5-13	15:00-16:00	25	External coach	Swimming pool	Train and represent the school in swim galas
Secondary Drama Club	Year 7-13	15:00-16:00	25	Sarah - max 15	C317	Do you love performing? Are you a keen actor and want to extend your skills on the stage and beyond? Come and join the Secondary Drama Club! We will play lots of fun Drama games learn how to be an improvisor and improve your communication skills



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Badminton	Year 7-13	15:00-16:00	25	Liam wright/ Lan Ha	Sportshall	Come and improve your badminton skills and meet new friends in the sports hall, every Thursday after school!
Ed tech club	Year 7-13	12:35-13:25	25	Patrick Flynn	C123	Are you someone with a passion for technology? Do you love learning about new tech tools? Would you like to help shape how technology is used at BIS Hanoi? If so, then sign up for the Tech Ambassadors CCA. Last year we had a great time creating our 5-in-5 videos, researching new technology and engaging with parents. See you soo
Clay club	Year Y7- 13	15:00-16:00	25	Lucy Hawkins	S108	In Clay Club you will be taught the basic skills involved in creating ceramic works, such as slabbing, coiling and pinching. Through set projects and experimentation, you will create a range of pieces that will allow you to develop your creativity well building technical skills. Clay Club is a relaxing environment where you will learn at your own pace as well as have the opportunity to bring your own ideas and projects
Podcast	Year 7-13	15:00-16:00	25	Andrew Pearson	C207	Do you love listening to podcasts? If so, here is some great news for you! Join the Lively with Lionhearts podcast club where you can be part in making the school podcast. Discuss various topics and share with the school community. It's going to be a lot of fun and a great way to connect with other podcast fans



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Vietnamese Traditional Dance club	Year 7-13	12:35-13:25	25	Hai Nguyen	S107	Vietnamese traditional culture is a part of our whole school Vietnamese curriculum. It can be shown in many different activities. Traditional dance is one of them. You don't need to be a good dancer but you can be very surprised about yourself!
LUA Roblox Coding (Paid activity)	Year 4-8	15:00-16:00	25	Onespace	ICT Room	Using the Roblox Studio platform, you may design a unique 3D environment full of exciting challenges. * Contents of knowledge: - Promote students' imagination and creativity in three- dimensional space. - Students gain experience working in teams and solving difficulties - Students can create 3D games and share them with international friends upon completion of the course. <b>Cost for Term 3: VND 2,760,000</b>
Secondary Kickboxing (Paid activity)	Year 7-13	15:00-16:00	25	FLTA	Fitness room	STAR brings kickboxing and self-defense classes to students across Hanoi at their school campuses! Students will learn in a safe, controlled and fun way the modern martial art of Kickboxing and also skills in self- defense. A physical activity that supports a healthy lifestyle in an interesting way, classes will include technique development, partner and group work, as well as interactive games to develop the physical and mental skills needed in martial arts. <b>Cost Block 3: VND 1,800,000</b>
Secondary Baking	Year 7-9	15:00-16:00	25	Mai Trinh	Kitchen	Participation in this CCA not only hones one's baking skills through hands-on sessions and expert-led workshops but also fosters teamwork and leadership as members collaborate on various projects. Furthermore, it provides an avenue for students to express their creativity, experiment with new recipes, and share their passion for baking with like-minded individuals.



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Secondary Chess	Year 7-13	15:00-16:00	25	Stewart Russell	S216	Do you love chess? Do you want to improve your skills and have fun with other chess enthusiasts? If so, you are invited to join our chess club! we play friendly matches, learn new strategies, and challenge ourselves with puzzles. Whether you are a beginner or a master, you will find a place in our club. Don't miss this opportunity to join a community of chess lovers and make new friends.
Anime Club	Year 7-10	15:00-16:00	20	Amy Sands	S304	This exciting club will give you the chance to participate in a variety of activities and discussions about your favourite anime and manga stories/shows/films (no spoilers though). You will be able to make friends and bond over your shared love of anime. However, if you are new to anime and just want to learn, all are welcome



# **FRIDAY**

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
EPL Fantasy League	Year 10- 13	12:35-13:25	25	Shaun O'Callaghan	S318	Join our exciting lunchtime club for the EPL Fantasy League game! Engage in strategic team building, player picks, and lively discussions with fellow enthusiasts. It's a great way to unwind, share your passion for the beautiful game, and form new connections with your fellow peers.
Keystage 3 bookclub	Year 7-9	12:35-13:25	25	John Clark	S302	Calling all Key Stage 3 book lovers! Join our vibrant KS3 Book Club for captivating stories, thrilling adventures, and engaging discussions. Explore diverse genres, unleash your imagination, and ignite your passion for reading. Connect with fellow bookworms, enhance your critical thinking, vocabulary, and communication skills. Discover the power of books and embark on an unforgettable literary journey today!
Vietnamese reading club	Year 10, 12	12:35-13:25	25	Hong Tran	S103	Joining a Vietnamese extracurricular reading club is a great decision! You will have the opportunity to be immersed in the world of good books, discover interesting stories and learn from valuable lessons. The club not only helps you improve your reading comprehension skills, but it is also a place to meet and interact with new friends who share the same passion for literature. Join us quickly and join us in enjoying the pages of the book!



# SATURDAY

#### Music lessons for parents and students (Paid activity):

Sign up for a variety of instrumental lessons and study with highly trained musical professionals. During their lessons students and parents will learn to master the skills of their instrument and work towards ABRSM qualifications. The ABRSM offers globally recognized qualifications from beginner to university level, with success

### Cost for Block 3: VND 2,820,000

For parents: If you would like to register for this club please email Ms Hung Dinh at bis.activities@bishanoi.com

Music lessons:	Teacher:
Guitar	Mr Kien
Violin	Mr Tuan Anh
Saxophone	Mr Quoc Bao
Clarinet	Ms Hoang Anh
Flute	Mr Kha & Anh
Drums	<ul> <li>Mr Cuong, Ms Khue &amp; Ms Mai Anh</li> </ul>
Piano	Ms Dzung
Vocals	Mr Hoanh
Trumpet	
Capacity per session:	Year groups:
1	F3-13 and parents
Lesson timing:	Location:
• 08:30 - 09:05	TBC
• 09:10 - 09:45	
• 09:50 - 10:25	
• 10:30 - 11:05	
<ul> <li>11:10 - 11:45</li> </ul>	

### Swimming lessons for parents and students (Paid activity):

This course is offered for children of different abilities from beginners to intermediate and advanced levels to improve their own swimming skills with full-supervision and coaching from professional trainers. Each session will be for 45 minutes in the water and students are required to be at swimming pool for 1 hour including changing and getting warm up before and after the session.

### Cost per student for Block 3 = VND 2,100,000

For parents: If you would like to register for this club please email Ms Hung Dinh at

# bis.activities@bishanoi.com

<ul> <li>Swimming lessons:</li> <li>Group beginner swim strokes</li> <li>Group learn to swim</li> <li>Group swim fitness for parents</li> </ul>	Year groups: • 1-13 • 1-13 • Parents	Time: • 9:35 – 10:35 • 10:40 – 11:40 • 08:30 – 09:30	<b>Teacher:</b> External coach
Location: Indoor Swimming Pool		Capacity per session: 20	



### Kickboxing for students (Paid activity)

STAR brings kickboxing and self-defense classes to students across Hanoi at their school campuses! Students will learn in a safe, controlled and fun way the modern martial art of Kickboxing and also skills in self-defense. A physical activity that supports a healthy lifestyle in an interesting way, classes will include technique development, partner and group work, as well as interactive games to develop the physical and mental skills needed in martial arts.

# Cost per student for Block 3: VND 1,800,000

<ul> <li>Kickboxing lessons:</li> <li>Primary Kickboxing</li> <li>Secondary Kickboxing</li> </ul>	Year groups: ● 1-6 ● 7-13	Time: • 09:00 - 10:00 • 10:00 - 11:00	Teacher: FLTA
Location: Fitness room		Capacity per session: 30	

# Robotics & Flycam for students (Paid activity):

\* Contents of knowledge:

- Construct a variety of code and models to solve a specific problem.
- Individual and group projects are incorporated into the curriculum to familiarize pupils with the trialand-error method.
  - Learn how to work effectively, present logically and critically, and exhibit patience with others.

# Cost per student for Block 3: VND 2,760,000

Year groups:				Capacity:
4-9	10:30 - 11:30	C125	IEB	24

### 3D Design for students (Paid activity)

3D Design Thinking classes, designed by an education expert in Australia, provide a platform for youngsters to explore their potential and unleash their imagination.

\* Content of knowledge:

 Get familiar with spatial geometry and practice observing and understanding how three-dimensional space operates.

Develop design thinking to identify problems, plan implementation, and solve problems

 Apply the knowledge learned and available tools to combine a variety of shapes and colors according to each lesson topic.

### Cost per student for Block 3: VND 2,760,000

Year groups:	Time:	Location:	Teacher:	Capacity:	
3-6	08:30 - 09:30	C125	IEB	24	

### Python CodeCombat Coding for students (Paid activity)

Participate as a hero in an adventure and accomplish the goals set for each lesson. Thereby, students naturally acquire new knowledge.

\* Contents of knowledge:

Get acquainted with Immersive Programming using Python & Computer Science

 Introduce new concepts in programming such as syntax, sequence, errors, variables, loops, events, functions and conditional statements.

Develop problem solving skills in an entertaining game setting

Make up your own games and get your friends to join in.

Participate in the international AI League competition on the codecombat platform.

Cost per student for Block 3: VND 2,760,000

Year groups:	Time:	Location:	Teacher:	Capacity:	
3-8	08:30 - 09:30	C125	IEB	24	



### Football for students (Paid activity):

SSA's specially designed curriculum based on the Long Term Athletic Development Model emphasizes the use of small sided games and maximized touches on the ball with the resulting skill development creating a lifelong love of the sport.

Each session follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball. All players centered practice also develop leadership, responsibility and problem solving skills.

# Cost per student for Block 3: VND 1,890,000

Lessons:	Year groups:	Time:	Location:
<ul> <li>Football Kids</li> </ul>	• 1-4	• 08:30 - 10:00	Primary Field
<ul> <li>Football Junior</li> </ul>	• 5-9	• 10:00 - 11:30	Secondary Field
Teacher:		Capacity per session:	
SSA		30	

### Basketball for students (Paid activity):

International standard basketball training in cooperation with the guidance of experienced foreign coaches. Students practice skills from fundamentals such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength and encourage the determination, problem solving and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also have access to a 3×3/ 5×5 format.

### Cost per student for Block 3: VND 1,890,000

Lessons:	Year groups:	Time:	Location:
<ul><li>Basketball Kids</li><li>Basketball Junior</li></ul>	• 1-4 • 5-9	<ul> <li>08:30 - 10:00</li> <li>10:00 - 11:30</li> </ul>	TBC
Teacher: SSA		Capacity per session: 30	

### FL Tennis Academy for students (Paid activity):

FL Tennis Academy is a 37 years old international academy, teaching players of all ages and levels, coaching them to reach their full potential. Today, FLTA counts 03 clubs: Arcachon (France), Dubai (UAE) and Hanoi (Vietnam). In Hanoi, our pro team is made of international and local coaches, highly experienced and certified by official organisations, all working under FLTA coaching methods framework.

#### Cost per student for Block 3: VND 3,000,000

Year groups: • 1-5 • 6-13	Time: • 08:30 - 09:30 • 09:35 - 10:35	<b>Teacher:</b> FLTA
Location: Hard courts		Capacity per session: 12

Volleyball Club for students (F Develop volleyball skills to be at		
Cost per student for Block 3:	1,800,000 VND	
Year groups: 7-13	<b>Time:</b> 08:30 - 10:30	<b>Teacher:</b> Vu Nguyen
Location: Sports Hall		Capacity per session: 24



Badminton Club for stude Under the guidance of an ex heights. Each session is a s Embrace the challenge and Cost per student for Block	perienced coach, you'll master refin tep forward, and you'll find yourself watch your talents soar!	ned skills, elevating your game to new getting better as the block progresses.
Year groups: 1-13	Time: 08:30 - 10:30	Teacher: External Coach
Location: Sports Hall		Capacity per session: 24

### Gymnastics lessons for students: (Paid activity)

Our course helps students understand the movement of the body and apply it to life and other sports. It also helps them know how to protect themselves when falling with basic acrobatic movements. Besides that, children will get good health and endurance. Our course provides a growth environment for self-confidence and self-expression for children.

Results after the course: learn skills from basic to advanced depending on the child's condition and aptitude according to the Gymnastics Australia program. Skills like forward roll, backward roll, cartwheel....

#### Cost per student for Block 3: 2,310,000 VND

Year groups: • F3-2 • Y3-8	<b>Time:</b> • 09:00 - 10:00 • 10:10 - 11:10	<b>Teacher:</b> Gymkraft Vietnam
Location: Sports Hall - Upstairs gym	-	Capacity per session: 24

# 1:1 Swimming lessons for parents and students (Paid activity):

This course is offered for children of different abilities from beginners to intermediate and advanced levels to improve their own swimming skills with full-supervision and coaching from professional trainers. Each session will be for 45 minutes in the water and students are required to be at swimming pool for 1 hour including changing and getting warm up before and after the session.

### Cost per student for Block 3 = VND 5,100,000

For parents: If you would like to register for this club please email Ms Hung Dinh at bis.activities@bishanoi.com

<ul> <li>Year groups:</li> <li>1 – 13 and Parents</li> </ul>	Time: • 8:30 – 9:30 • 9:35 – 10:35 • 10:40 – 11:40	<b>Teacher:</b> External coach	
Location: Indoor Swimming Pool	Сарасіty реі 1	r session:	



# 1:2 Swimming lessons for parents and students (Paid activity):

This course is offered for children of different abilities from beginners to intermediate and advanced levels to improve their own swimming skills with full-supervision and coaching from professional trainers. Each session will be for 45 minutes in the water and students are required to be at swimming pool for 1 hour including changing and getting warm up before and after the session.

### Cost per student for Block 3 = VND 2,700,000

For parents: If you would like to register for this club please email Ms Hung Dinh at bis.activities@bishanoi.com

<ul> <li>Year groups:</li> <li>1 – 13 and Parents</li> </ul>	<b>Time:</b> • 8:30 – 9:30 • 9:35 – 10:35 • 10:40 – 11:40	<b>Teacher:</b> External coach	
Location:	Capacity per session:		
Indoor Swimming Pool	2		