

Bistro Menu - MAY 2024

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY 2-May	FRIDAY 3-May
ONE POT				RICE, MASH, PASTA	RICE, MASH, PASTA
				Stewed pork with white bean,peas	Chicken Teriyaki
				Chickpea potato Coconut Curry	Chili Bean Vegetable stew
				Bolognaise	bacon,ham,peas and mushroom
URBAN GRILL				Char kway Toew	TACO SHELL



Bistro Menu - MAY 2024

Week	MONDAY 6-May	TUESDAY 7-May	WEDNESDAY 8-May	THURSDAY 9-May	FRIDAY 10-May
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Beef Bourguignon	Chicken Nanban	Sauteed lemongrass & chilli with tofu	Stewed beef with green pepper	Bak kut The
	Green coconut curry	Chickpea Taco	Lentil stew	Spicy vegan cauliflower	Bean stew with Harrissa sauce
	Bolognaise	Bacon cream suace	Egg plant ,zucchini,mushroom with tomatoes sauce	Mushroom and Tuna cream sauce	Beef ball
URBAN GRILL	Char Kway Toew	Com Tam	Char Kway Toew vegetarian	Jamaican Jerk Chicken with Slaw	Beef Quasadillas



Bistro Menu - MAY 2024

	MONDAY 13-May	TUESDAY 14-May	WEDNESDAY 15-May	THURSDAY 16-May	FRIDAY 17-May
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Korean pork Stew	Stewed sausage with bean	Hearty Vegetable stew	Beef Goulash	Pork Bbq sauce
	Mushroom & Red curry Thai	Lentil soup	Chickpea Coconut Curry	Thai Veg Curry	Potatoes and mushroom curry
	Putanesca sauce	Snapper cream sauce	Peas,mushroom,zucchini with ceamy basil	Bolognaise	Snapper cream sauce
URBAN GRILL	Char Kway Toew	Jamaican Jerk Chicken with Slaw	Char Kway Toew Vegeterian	Australian Burger	TACO SHELL



Bistro Menu - MAY 2024

Week	MONDAY 20-May	TUESDAY 21-May	WEDNESDAY 22-May	THURSDAY 23-May	FRIDAY 24-May
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Classic chili meat	Stew pork chinese style	Moroccan Vegeterian stew	Stewed chicken with peas,carot	Duck curry
	Thai Veg Curry	Mediterranean vegetable stew bean	Lentil stew	Vietnamese Tofu & Veg Curry	3 Bean Chili
	Siciliana Spaghetti	Bolognaise	Putanesca vegeterian	Marinara Spaghetti	Tuna, olive, caper sauce
URBAN GRILL	Char Kway Toew	Com Tam	Char Kway Toew Vegeterian	TEXAN TACO SHELL	Malaysia Spicy Roast Chicken



Bistro Menu - MAY 2024

Week	MONDAY 27-May	TUESDAY 28-May	WEDNESDAY 29-May	THURSDAY 30-May	FRIDAY 31-May
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Deep Fried pork with pate	Vietnamese Chicken Curry	Spicy Bean & Vegetable stew	Charsiu chicken	Ceamy sausage and bean
	Mushroom & Red curry Thai	Lentil soup	Chickpea & potato Curry	Mushroom Stroganoff	Bean stew with Harrissa sauce
	Meat ball	Shrimp and bacon ,parmesan cheese	Napoletana sauce	Bolognaise	Ham Carbonara
URBAN GRILL	Char Kway Toew	Jamaican Jerk Chicken with Slaw	Char Kway Toew Vegeterian	Com Tam	Australian Burger



Bistro Menu - JUNE 2024

Week	MONDAY 3-Jun	TUESDAY 4-Jun	WEDNESDAY 5-Jun	THURSDAY 6-Jun	FRIDAY 7-Jun
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Beef Stroganof	Thai Chicken curry	Mediterranean vegetable stew & Bean	Stewed beef with green pepper	Chicken teriyaki
	Chickpea Coconut Curry	Lentil soup	Spicy spinach, potatoes and bean soup	Vietnamese Tofu & Veg Curry	Mushroom straganoff
	Seafood cream sauce	Bolognaise	Olive,caper,tomato,mushroom green bean	Tomato and bacon with cheese	Beef ball
URBAN GRILL	Char Kway Toew	Com Tam	Char Kway Toew Vegeterian	Moroccan Griled Chicken	Chicken Quesadilla



Bistro Menu - JUNE 2024

Week	MONDAY 10-Jun	TUESDAY 11-Jun	WEDNESDAY 12-Jun	THURSDAY 13-Jun	FRIDAY 14-Jun
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Chicken Nanban	Beef Bourguignon	Creamy Three Bean Stew	Sweet n sour pork balls	Malaysia Chicken Curry
	Vegetarian Kim Chi Stew	Thai Veg Curry	Vietnamese Tofu & Veg Curry	Chickpea and Vegetable stew	Chili bean stew
	Bolognaise	Mushroom and chicken	Tomato sauce	Moroccan beef saauce	Bacon, ham, peas and mushroom
URBAN GRILL	Char Kway Toew	Jamaican Jerk Chicken with Slaw	Char Kway Toew Vegeterian	Com Tam	Beef Burger



Set lunch Menu - JUNE 2024

Week	MONDAY 17-Jun	TUESDAY 18-Jun	WEDNESDAY 19-Jun	THURSDAY 20-Jun	FRIDAY 21-Jun
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA
	Stew Pork Rib with bean	Charsiu chicken	Bean stew & Harissa sauce	Stewed sausage with bean	Beef Goulash
	Mushroom & Red curry Thai	Chinese sauteed vegetable	Chickpea Coconut Curry	Kidney bean and butter bean stew	Green coconut Curry
	Shrimp and bacon ,parmesan cheese	Bolognaise	Rocket pesto sauce & vegetable salsa	Tuna ,olive,caper sauce	Beef ball
URBAN GRILL	Char Kway Toew	Com Tam	Char Kway Toew Vegeterian	Thai grilled chicken wings	Taco Shell





Set lunch Menu - JUNE 2024

Week	MONDAY 24-Jun	TUESDAY 25-Jun	WEDNESDAY 26-Jun	THURSDAY 27-Jun	FRIDAY 28-Jun
ONE POT	RICE, MASH, PASTA	RICE, MASH, PASTA	RICE, MASH, PASTA		
	Beef teriyaki	Pork with sesame & ginger sauce	Hearty Vegetable stew		
	Mushroom & Red curry Thai	Chickpea Taco	Chickpea Coconut Curry		
	Ham Carbonara	Sausage and tomato sauce	Peas,mushroom,zucchini with ceamy basil		
URBAN GRILL	Char Kway Toew	Moroccan Griled Chicken	Char Kway Toew Vegeterian		

