



THE BRITISH INTERNATIONAL SCHOOL
SHANGHAI, PUXI
A NORD ANGLIA EDUCATION SCHOOL

ECA & BISCAP AT BISS

Your guide to our extracurricular
offerings at BISS



Welcome to Our ECA and BISCAP Programmes!

Dear Parents and Students,

Welcome to a new and exciting school year at The British International School Shanghai, Puxi!

As Head of Activities, I am delighted to introduce you to our vibrant and diverse Extra-Curricular Activities (ECA) programme and our premium BISS Charged Activities Programme (BISCAP). These two strands form the heart of our school's co-curricular life, offering a wide range of opportunities designed to enrich the student experience beyond the classroom.

At BISS Puxi, we believe in the transformative power of extracurricular involvement. Research consistently shows that participation in activities outside the academic curriculum significantly boosts students' academic performance, enhances social and emotional wellbeing, and cultivates essential life skills such as teamwork, leadership, resilience, and time management.

Whether students are building confidence on stage, developing discipline through sport, exploring creativity in design, or training towards excellence in competitive squads, every activity contributes to shaping well-rounded, globally minded individuals. Involvement in co-curricular activities also strengthens university applications, including to top-tier institutions worldwide.

I'd like to take this opportunity to thank our parents for your ongoing support and encouragement. Your partnership is vital in helping our students thrive across all areas of school life.

We can't wait to see what your children will explore, achieve, and enjoy this year!

Warm regards,

Craig Williams

Head of Activities





IMPORTANT DATES FOR YOUR DIARIES

To help you plan ahead, here are some key dates for our ECA and BISCAP programmes.

BISCAP FAIR – Friday 22 August,
Well of Knowledge

Semester 1

Sign-up: Monday 25 August – Sunday 31 August

ECA Dates: Monday 8 September – Friday 5 December

Semester 2

Sign-Up: Monday 5 January – Sunday 11 January 2026

ECA Dates: Monday 19 January – Friday 29 May 2026

SchoolsBuddy Parent Workshops

- Tuesday 26 August
- Tuesday 6 January 2026

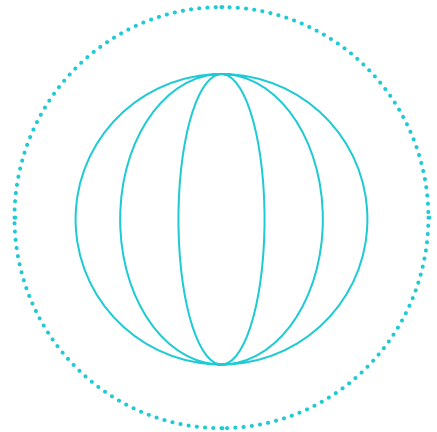
OUR ECAs

Day	Year Group	ECA	Pillar	Class teacher Name		Venue
Monday	Y1-4	Prop Stars	Logic/Creative	CGA	Cindy Gay	P167
Monday	Y1-2	Sports Games	Sports	HGA	Ha Grant	KS1 Playground
Monday	Y1-2	Storytime & Roleplay	Creative/Language	JKA	Joyce Kanywa	P304
Monday	Y1-6	Student Voice - Leadership & Mentoring Club	Personal Dev.	NFL	Natasha Fletcher	P161
Monday	Y1-6	Student Voice - Leadership & Mentoring Club	Personal Dev.	RWY	Rachel Wynne	P161
Monday	Y1-6	Primary Golf Team Training	Sports	JMI	Jonathan Mizen	S301
Monday	Y3-4	Sport & Invasion Games	Sports	SBI	Shona Bailey	HT
Monday	Y3-4	STEM Builders (Lego/Robotics)	STEM	CEA	Chris Eales	Da Vinci Centre
Monday	Y3-6	ESPAÑOL PARA NATIVOS (FOR NATIVE SPANISH SPEAKERS ONLY)	Languages	EDI	Emma Diaz	S339
Monday	Y3-8	Dutch Non- Native Programme	Languages	EHA	Elizabeth Hamstra	P209
Monday	Y4-6	Fabric craft	Creative	MPE	Mary Prendi	P305
Monday	Y4-6	Nature Club/Gardening/Smarty Plants	Outdoor/STEM	HST	Helisna Fasman	P306
Monday	Y5-6	Cross-Stitch ECA	Creative	MMA	Marie Ma	P232
Monday	Y5-6	Year 5&6 REC Football	Sports	WGR & SMO	Wayne Grant & Sourav Mondal	Primary Football Pitch
Monday	Y5-6	MIT Explorers - Explore real-world problems, ask big questions, and connect with MIT researchers	STEM	JKO	Jasmine Koit	P301
Monday	Y7-9	Mechanical Lions	STEM	MNA	Mala Nagulendran	H102
Monday	Y7-9	Photography Club	Creative	REK	Rus Ekkel	S201
Monday	Y10-12	Math beyond the classroom (Intermediate Challenges)	Problem Solving	KCE	Kodak Chen	S165
Monday	Secondary	Theatre Tech	STEM	CSI	Paul Casey	Auditorium
Monday	Secondary	Classic boardgames	Logic/Play	WCL	William Clay	S254
Monday	Secondary	Crochet Club	Creative	LON	Lucy O'Neill	S262
Monday	Secondary	Native French	Languages	MRA	Manon Raujol	S357
Monday	Secondary	Architects of Ancient China	Creative/Educational	SPI	Sena Piao	S248
Monday	Secondary	World Scholars Cup	STEM	OBE	Oscar Becwarika	S334
Monday	Secondary	U19/U15 Netball	Sports	JLY	Janice Lyke	PSH/HT
Monday	Secondary	U13 Basketball	Sports	JJB	Joel Baptiste	SSH
Monday	Secondary	Secondary REC Football	Sports	MCS & HWA	Mario Castro & Hywel Ward	SFP
Monday	Secondary	U15 Netball	Sports	GDO	Georgina Dorr	PSH/HT
Monday	Secondary	BISS String Orchestra +	Music	QXU	Queenie Xu	P104
Monday	Secondary	SDGs Korean board game for Korean students	Logic/Problem Solving	SBA	Sang Duk Bae	S356
Tuesday	Y1-2	Storytime & Roleplay (Reading Corner)	Creative/Language	DDA	Devyani Das	P169
Tuesday	Y1-2	KS1 Choir	Music	SDA	Stephen Davies	P102
Tuesday	Y1-3	Little Stars Dance Club	Dance	KMA	Karen Macauley	Primary Dance Studio
Tuesday	Y3-4	Fitness & Conditioning	Sports	JBA	Jamie Bassett	Stage One
Tuesday	Y3-6	KS2 Choir	Music	STS	Siphe Tsotse	P104
Tuesday	Y3-6	School Magazine / Journalism Club	Writing/Creative	ABA	Amy Barr	P303
Tuesday	Y3-6	Cross country	Sports	DRO	Dawn Ross	BISS Campus
Tuesday	Y5-6	Table Tennis	Sports	HHE	Heather He	PSH Mezzanine
Tuesday	Y5-6	EDIB, Debate & Public Speaking	Communication	TWE	Tracie West	P411
Tuesday	Y6-8	Jnr. MUN	Personal Dev.	OOS	Ogechi Osedumme	P203
Tuesday	Y7-9	Chinese cooking club	Wellness	SLI	Shelley Li	Cooking Room
Tuesday	Y7-9	Muttersprachenunterricht Deutsch (FOR NATIVE GERMAN SPEAKERS ONLY)	Languages	KCH	Ketaki Charekar	S357
Tuesday	Y7-9	Maths Problem Solvers	Academic	PCH	Paul Chipman	S167
Tuesday	Y7-11	Fabric Upcycle	Creative	RDI	Rhian Dixon	S336
Tuesday	Y7-11	Comic Club ECA	Creative	AHA	Ali Hanoon	S336
Tuesday	Y7-13	ESPAÑOL PARA NATIVOS (FOR NATIVE SPANISH SPEAKERS ONLY)	Languages	EDI	Emma Diaz	S339
Tuesday	Y9-13	Senior MUN	Personal Dev.	DNE	Doshila Neergheen	S247
Tuesday	Y10-13	Social Impact	Personal Dev.	JGI	Joseph Gichana	S304
Tuesday	Y10-13	A Midsummer Night's Dream	Literature	RCH	Rachel Christian	S245
Tuesday	Secondary	Photon Science magazine	STEM	KSA	Kanika Sharma	S332
Tuesday	Secondary	Photon Science magazine	STEM	ASH	Ajay Shukla	S332
Tuesday	Secondary	Rhinestone and Perler arts and crafts club	Art/Creative	PAL	Paula Alderson	S319
Tuesday	Secondary	Yoga and Mindfulness	Wellness	CWU	Cuixa Wu	S204
Tuesday	Secondary	Secondary Orchestra	Music	DFE	Deborah Ferreira	S222
Tuesday	Secondary	Medical Science ECA	STEM	SGU	Seema Gupta	S329
Tuesday	Secondary	SISAC S2 Football	Sports	JLY	Janice Lyke	PSF
Tuesday	Secondary	SISAC Volleyball	Sports	JJB	JJB	SSH
Tuesday	Secondary	SISAC Volleyball	Sports	NMA	Natasha Mantley	SSH
Tuesday	Secondary	SISAC S4 Football	Sports	MCS	Mario Castro	SFP
Tuesday	Secondary	SISC S4 Table Tennis	Sports	WGR	Wayne Grant	PSH
Tuesday	Secondary	Warhammer	Strategy/Logic	WWA	William Walker	S307
Tuesday	Secondary	STEAM Club	STEAM	MNA	Mala Nagulendran	H103
Tuesday	Secondary	Comp Coding	STEM	CSI	Paul Casey	H101
Tuesday	Y12-13	Critical Perspectives: Analysing Texts Beyond Words	Critical Thinking	SYA	Sophie Yang	S208

Wednesday	Y3-6	Primary Orchestra	Music	QXU	Queenie Xu	P104
Wednesday	U11	TEAM ATHLETICS	Sports	MDE	Marlon Devonish	Track
Wednesday	U11	TEAM ATHLETICS	Sports	JJB	JJB	Track
Wednesday	U11	TEAM ATHLETICS	Sports	NMA	Natasha Manley	Track
Wednesday	U11	TEAM ATHLETICS	Sports	MCS	Mario Castro	Track
Wednesday	U11	TEAM ATHLETICS	Sports	WGR	Wayne Grant	Track
Wednesday	Secondary	U19 Netball	Sports	JLY	Janice Lyke	PSH/HT

Thursday	Y1-2	Mindfulness & Wellbeing	Wellbeing	SRB	Susan Robertson	P256
Thursday	Y1-2	Storybook Drawing club	Creative	PMI	Pamela Millan	P156
Thursday	Y1-3	Gardening/Nature walks	Outdoor Play	FFO	Freely Foster	P150
Thursday	Y3-4	Homework Help / Study Skills	Logic	EPR	Ermir Prendi	P201
Thursday	Y3-4	Table tennis	Sports	PWA	Phoebe Wang	PSH Mezzanine
Thursday	Y3-4	Y3&4 Athletics	Athletics	MDE	Marlon Devonish & Jason	HT
Thursday	Y4-6	Paper quilling	Creative	JZH	Jane Zhang	P231
Thursday	Y5-6	Poetry Club	Creative	IMA	Ilena Maslac	P410
Thursday	Y5-6	Educational Documentary	Academic Support	QLI	Qing Yuan Ling	P228
Thursday	Y5-6	Homework Help / Study Skills	Logic	SKH	Tony Jackson	P204
Thursday	Y3-8	Dutch Non- Native Programme	Languages	EHA	Elizabeth Hamstra	P209
Thursday	Y4-13	Rock Band	Music	SDA	Stephen Davies	P102
Thursday	Y8-12	TEDx	Leadership/Public speaking	DNE	Doshila Neerghen	S247
Thursday	Y9-13	Bloodline Youth wing in BISS	CAS	PTA	Pritha Taktuder	S324
Thursday	Y10-13	Muttersprachenunterricht Deutsch (FOR NATIVE GERMAN SPEAKERS ONLY)	Languages	KCH	Ketaki Charekar	S357
Thursday	Y10-13	Patterns of the Real World	Problem solving	LLI	Li Lin	S173
Thursday	Secondary	Duke of Edinburgh	Leadership	CAR	Chloe Armstrong	S310
Thursday	Secondary	Duke of Edinburgh	Leadership	JAR	Jack Armstrong	S310
Thursday	Secondary	Model Building, Card Games and Board Games	Logic	KSH	Kudejah Shaikh	S317
Thursday	Secondary	EPL Fantasy League ECA	Sports/Management	SOC	Shaun O'Callaghan	S309
Thursday	Secondary	BISS Chess Masters	Logic/Sport	PRO	Phillip Rossi	S306
Thursday	Secondary	Fundraising (CAS) Committee	CAS	ALI	Alyssa Liu	S261
Thursday	Secondary	Senior Choir	Music	DFE	Deborah Ferreira	S222
Thursday	Secondary	SISAC Volleyball	Sports	JJB	JJB	SSH
Thursday	Secondary	SISAC Volleyball	Sports	NMA	Natasha Manley	SSH
Thursday	Secondary	SISAC S4 Football	Sports	MCS	Mario Castro	SFP
Thursday	Secondary	SISAC S2 Football	Sports	WGR	Wayne Grant	PFP
Thursday	Secondary	The BISS Forum	Personal Dev.	AOL	Alexander Olya	S341
Thursday	Secondary	Forensic Science	Science	EFA & OBE	Melissa Glutz & Oscar Becwarika	

Friday	Y5-7	Clarinet	Music	JTU	Jennifer Turke	P242
Friday	Secondary	Share Bear	Creative	SCN	Sara Chon	S326
Friday	Secondary	TEAM ATHLETICS	Sports	MDE	Marlon Devonish	Track
Friday	Secondary	TEAM ATHLETICS	Sports	JJB	JJB	Track
Friday	Secondary	TEAM ATHLETICS	Sports	NMA	Natasha Manley	Track
Friday	Secondary	TEAM ATHLETICS	Sports	MCS	Mario Castro	Track
Friday	Secondary	TEAM ATHLETICS	Sports	JLY	Janice Lyke	Track
Friday	Secondary	SISAC Table Tennis S5	Sports	WGR	Wayne Grant	PSH



BISCAP Programme

In addition to our regular ECAs, we have the BISCAP programme, which features specialized activities led by external experts. We are proud of the high quality of our BISCAP providers, who are all leaders in their fields. These experts bring in-depth knowledge and experience, offering advanced training and unique workshops that help our students dive deeper into their interests.

DC BADMINTON

CFT VOLLEYBALL

BERLITZ LANGUAGES

MINGWU KUNG FU

BUSHIDO GIRLS' SELF DEFENCE AND BJJ

MAST SCIENCE ACADEMY

MULTISPORTS GYMNASTICS

SETC TRIATHLON

SPOTLIGHT (London Academy of Music and Dramatic Art)

LEGO KIDS CODING (MIT)



DANCEPLUS BALLET (Royal Academy of Dance)

LILYPAD KIDS YOGA & DANCE

FD FOOTBALL ACADEMY

BREAKERS BASKETBALL

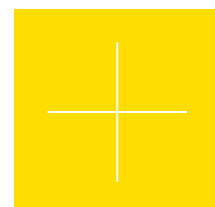
EP TENNIS ACADEMY

ROCKETMAN FENCING

MIGA GOLF ACADEMY

Introducing our new BISCAP external service providers:

NOVA VIA



EP TENNIS ACADEMY

Established in 2020 by Edoardo Persichetti, EP Tennis Academy brings over 10 years of tennis coaching expertise across China and internationally. Our mission is to deliver the highest level of tennis training for all ages while nurturing a deep-seated love and passion for the sport among our students.

Aligned with the rigorous standards set by the International Tennis Federation (ITF), our approach ensures each player engages in age-appropriate activities and receives personalised instruction to enhance their psychomotor skills. Through dynamic drills and engaging games, students not only master tennis fundamentals but also develop a genuine enthusiasm for the sport within a supportive learning environment.

At EP Tennis Academy, we offer two distinctive programmes at BISS Puxi: the Extracurricular Tennis Activity programme and the Performance Tennis programme. The Extracurricular Tennis Activity programme focuses on enjoyable activities that promote skill acquisition and overall growth, emphasising psychomotor development.

For students aiming to elevate their game, our Performance Tennis programme provides tailored coaching sessions designed to improve technique, tactics and match readiness. Guided by Head Coach Edoardo Persichetti, former ATP player Arman Harutyunyan, and our team of international coaches, this programme adheres to ITF and FIT standards. It emphasises tactical awareness, mental resilience and effective match strategies through intensive training sessions and simulated match scenarios, empowering students to excel in competitive play.



EP TENNIS ACADEMY

Roma, Italia



MAST

Welcome to MAST (Modern Academy of Science and Technology)!

MAST is one of the most effective STEAM program for children aged 4-12. We offer a premium, goal-oriented curriculum that boosts math and science engagement through “hard fun” experiences.

Science Expeditions

Every class is a thrilling scientific adventure:

- Understand complex scientific principles through fun experiments
- Develop critical thinking and problem-solving skills
- Learn-by-doing approach to any subject

Future Machines

Empower your child to create the future:

- Use professional-grade 3D design software
- Learn basic programming and robotics
- Build engineering thinking and innovation skills

Join us at MAST for an enriching journey of exploration and discovery in STEAM education. We look forward to inspiring and nurturing young minds through our dynamic and comprehensive STEAM programmes.



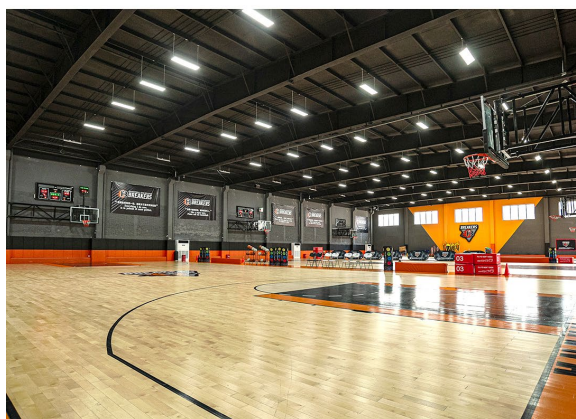
BREAKERS BASKETBALL

We are excited to introduce Breakers Basketball, our esteemed external service provider partnering with the British International School Shanghai to offer top-tier basketball training and development. Breakers Basketball boasts elite-level coaching staff who bring a wealth of experience and expertise to our students. Additionally, Breakers Basketball offers access to their state-of-the-art facilities just down the road, providing our students with exceptional resources to enhance their skills and enjoy the sport. With Breakers Basketball, students receive high-quality coaching and ample opportunities to develop their athletic abilities, teamwork and sportsmanship in a supportive and professional environment.

This partnership marks a significant step in enriching our school's athletic programme, ensuring that our students have access to the best training and facilities available in Shanghai. We look forward to seeing our students thrive under the guidance of Breakers Basketball, as they hone their basketball skills and cultivate a passion for sportsmanship and teamwork both on and off the court.



3块标准篮球场, 2块独立封闭私教区
 专属自有超3000平的高标准专业篮球馆
 CBA级双层龙骨木地板
 飞利浦篮球专用护眼照明
 荣获青浦区最佳人气球馆称号
 配有洗手间, 用餐区及免费停车场。
 储物观众台, 免费饮水机



DANCE PLUS

We are delighted to introduce DANCEPLUS, our esteemed external service provider dedicated to the complete ballet education of the Royal Academy of Dance (RAD). Established in 2012 by Mr. Liu Shining, the first Chinese dancer in the Royal Ballet and a former senior soloist with both the Royal Ballet and the English National Ballet, DANCEPLUS brings a wealth of expertise and passion to our students.

The teaching team at DANCEPLUS consists entirely of registered teachers of the Royal Academy of Dance. Their curriculum is systematic, standardized, rigorous, and professional, focusing on exploration and creation. By fostering interaction, they stimulate children's interest in learning and cater to different abilities and learning purposes, offering comprehensive dance education.

The ECA courses are tailored to different age groups. Ensuring safety, they engage students in completing basic skills, performances, rehearsals, and on-campus displays. With DANCEPLUS, our students receive top-tier ballet education, nurturing their talents and inspiring a lifelong love for dance.



GRADE

K-G5

NEW RECRUITMENT FOR BALLET TROUPE

The British International School Shanghai





Taught by **RAD** Registered Teachers

HIGHLIGHTS



Specialized Teaching

Systematic Specification

Diverse Curriculums

Performance Opportunities

Holistic Development

Supportive Environment



DANCEPLUS华漕艺术中心



扫一扫上面的二维码图案，加我为朋友。

BUSHIDO BRAZILIAN

Designed for children ages 3–17, our Brazilian Jiu-Jitsu program blends physical fitness, self-defense, and personal development in a fun, engaging environment. Through structured classes, students will build essential skills while cultivating confidence, discipline, and resilience.

Physical Development

BJJ builds strength, coordination, and flexibility through dynamic movement. Students develop better balance, reflexes, and body control. Every class improves fitness while teaching functional athletic skills.

Self-Defense Skills

Practical techniques empower students to protect themselves confidently. They learn leverage-based control suitable for all body types. Training develops situational awareness and calm under pressure.

Character Building

Students cultivate respect, discipline, and mental focus through practice. Challenges teach perseverance and resilience. The dojo becomes a classroom for life skills and teamwork.



FD FOOTBALL ACADEMY

Introduction to FD Football Academy

At FD Football Academy, we provide a platform and supportive, rewarding environments for players of all levels to reach their highest potential. Serving as the gateway for talented individuals aspiring to excel, we emphasise the crucial balance between education and sports.

Mission Statement

FD Academy is committed to being the premier professional youth sports organisation, enhancing the skills and self-image of players of all ages and abilities. Through quality coaching, a comprehensive curriculum, and a safe, challenging environment, we instil values and character that foster responsible individuals both on and off the field.

FD Football Academy at BISS

FD Academy brings quality football training to students at BISS and the wider community. Our programmes are tailored to each student's current level while challenging them to continually improve. With a proven track record in developing young talent, we prioritise player motivation, growth and enjoyment.

The Football Programme

Focused on players aged 5 to 17 years old, FD Academy's programme at BISS aims to cultivate creativity and a winning mentality while nurturing positive character traits. Our player-centred curriculum encourages freedom of expression and sound decision-making on the field, prioritising personal development alongside athletic skills.

Coaching Team

Our experienced and qualified coaching team is dedicated to delivering premier training, setting high standards, and creating a safe, challenging environment. Committed to unlocking each player's fullest potential, our coaches hold various coaching badges from around the world and bring diverse cultural perspectives to our training approach.

Core Values

Throughout our training sessions, FD Academy emphasises core values such as Family, Excellence, Passion, Competitiveness, Integrity, Discipline, Respect, Leadership, Humility and Responsibility. These values form the foundation of our coaching philosophy, guiding players in both their athletic and personal growth journeys.



MULTISPORT GYMNASTICS

Welcome to MultiSport Gymnastics, where we offer a comprehensive programme designed to build a strong foundation not only in gymnastics but also in all other sports. Our programme focuses on developing agility, balance, coordination, and speed — essential elements for athletic success across various disciplines.

Catering to gymnasts aged 3 to 16 years old, our curriculum ensures that all participants, regardless of their level, enhance their body awareness, strength, flexibility, control and coordination. Through structured and engaging activities, children develop 'physical literacy' from an early age, laying the groundwork for a lifelong journey of physical activity and potential excellence in sports at elite levels.

At MultiSport Gymnastics, we are dedicated to nurturing each child's athletic potential and promoting a love for movement and fitness. Join us as we empower young athletes to achieve their goals and cultivate skills that extend beyond the gymnasium.



KIDS CODING COURSES



Welcome to our innovative children's programming education programme, designed to prepare young minds for the challenges of the digital age. In today's tech-savvy world, mastering programming languages goes beyond acquiring skills - it opens doors to limitless opportunities. Our programme offers three dynamic courses tailored to different age groups.

Kids Coding Robot Course

For aspiring innovators aged 7 to 11, our Kids Coding Robot Course serves as a catalyst for curiosity. This course immerses students in simulated real-world scenarios, where they construct robots for diverse applications and animate them through programming. Focused on developing hands-on and problem-solving skills, proficient students can aspire to compete in esteemed events such as the World Robot Olympiad or FIRST LEGO League in the future.

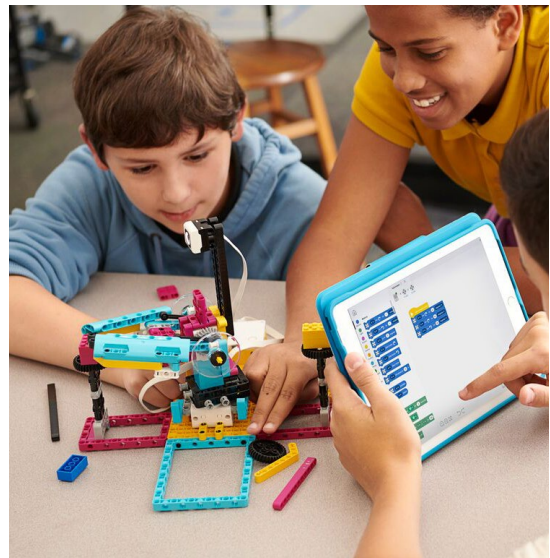
Kids Coding Scratch Course

As students (aged 9 to 12) progress, our Kids Coding Scratch Course delves deeper into visual programming with Scratch. Here, students craft their own animations and games, fostering essential logical and abstract thinking abilities crucial for navigating the digital landscape.

Kids Coding Python Course

Designed for ages 11 and above, our Kids Coding Python Course bridges the gap between Scratch and Python. Guided by our esteemed instructor, Steven Gu Shiwen, a MIT-certified coding professional and internationally recognised maths educator, students receive unparalleled mentorship. Under his guidance, students can excel in competitions and earn recognition from prestigious institutions.

In our programme, students not only acquire fundamental coding skills but also understand its pivotal role in shaping artificial intelligence. This prepares them to thrive in the AI-driven world of tomorrow. Join us on this transformative journey, where creativity converges with technology, and every line of code sparks boundless possibilities.



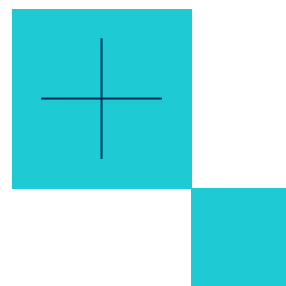
LILYPAD KIDS DANCE & YOGA

We are pleased to introduce Lilypad, our dynamic external service provider offering a diverse range of activities including yoga, hip hop and Chinese dance.

Lilypad brings expert instructors who are passionate about their craft and dedicated to providing high-quality instruction. Through Lilypad's engaging and creative programmes, our students can explore various forms of movement and expression, promoting physical fitness, cultural appreciation and artistic development.

Whether it's finding inner peace through yoga, expressing creativity through hip hop or embracing tradition with Chinese dance, Lilypad offers enriching experiences that contribute to the holistic growth of our students.





Michael International Golf Academy (MIGA) is an International Golf Academy based in Shanghai and co-founded by Scottish PGA Professional and China golf pioneer Michael Dickie.

Established in 2014 - MIGA has become the leading golf academy institution in the Eastern China region. With 5 locations throughout the Shanghai region, MIGA provides the best facilities with "green grass" championship golf course access and inner-city convenient locations along with leading hi tech analysis equipment.

Michael is a well-known personality in China golf circles, having served as the Head Coach of the China Olympic Team in preparation for the Rio 2016 Olympics. Michael has coached and developed many of China's leading players such as Li Hao Tong, Lin Xi Yu, Shi Yu Ting, Li Jia Yun, Zhang Yu Yang to name a few. In recognition of his contributions to China golf coaching, Michael was awarded the esteemed high honour of China's Best Coaches by respected golf media Golf Digest USA.

MIGA boasts an International Coaching team with PGA Professionals from all over the world and with a strong background and expertise in Junior Development, MIGA has created its own holistic 5 stage Junior Development Program, adhering to our core belief and philosophy:

1: Learn, 2: Train, 3: Compete - MIGA provides the full pathway and each step of the journey nurturing the golfer from beginner to winner.

MIGA is positively active in growing the game by providing after school's golf programs and Schools Golf Team creation and management for many of the leading International Schools in Shanghai. Our holistic 5 step Junior Development Program has been implemented all over Shanghai and has reached over 5,000 golfers!

MIGA is proud to be of service to you and offers a warm welcome to all golfers! Please scan our QR code to learn more and discuss how we can help you better enjoy this great game!



MINGWU KUNGFU

Welcome to Mingwu Kungfu, dedicated to providing quality Kungfu education at international schools in Shanghai since 1995. Our journey in international Kungfu education is rooted in three core values: health, happiness and heritage. Through the practice of Kungfu, we aim to foster strong physical fitness in children, instilling in them a sense of joy and resilience that extends beyond our training sessions.

At Mingwu Kungfu, we believe in the importance of understanding and respecting traditional cultural heritage. This knowledge not only enriches the practice of Kungfu but also empowers children to navigate confidently in today's globalised world.

Kungfu at Mingwu embodies more than just a skill or sport—it embodies a philosophy. Our teachings are guided by three fundamental Kungfu principles: "Open your body, mind and soul through Kungfu," paving the way for Kungfu's evolution into the future. We provide platforms for students to showcase their skills through performances and encourage them to participate in Kungfu grading examinations, celebrating their progress and achievements.

Join us on a journey of physical and mental exploration through the study of Kungfu. We look forward to welcoming you to our classes!

About the Instructor

Xue Chen, a graduate of the Shanghai Institute of Physical Education, brings a wealth of expertise to Mingwu Kungfu. Before embarking on his teaching career, Xue Chen underwent rigorous assessments of his Kungfu proficiency and completed extensive training in teaching techniques, child psychology, educational practices from around the world, and classroom management. With over a decade of experience teaching Kungfu and Taekwondo at international schools, Xue Chen has earned praise from both parents and students alike for his dedication and skilful instruction.



ROCKETMAN FENCING



Welcome to Rocketman Fencing, your gateway to the exciting world of fencing at the British International School, Shanghai. Led by experienced coaches and dedicated to fostering a love for the sport, Rocketman Fencing offers dynamic programmes designed to develop both skills and a competitive spirit.

Students participating in our BISCAP can look forward to exclusive opportunities, including competing in prestigious events such as the Fencing International School Championships held annually in Shanghai, Jiangsu or Guangzhou. Additionally, our programme prepares students for national competitions for primary and secondary school students in Shanghai, occurring multiple times each year. For those aiming higher, we also prepare participants for the Asia Pacific Youth Fencing Classic held annually in Hong Kong.

Join Rocketman Fencing and embark on a journey of skill development, camaraderie and competitive achievement in the thrilling sport of fencing.



SPOTLIGHT

Welcome to Spotlight Theatre School, Shanghai's premier performing arts centre dedicated to nurturing creativity and confidence in children and young adults. Founded with a passion for the performing arts, Spotlight aims to empower students to become dynamic performers both on stage and in life.

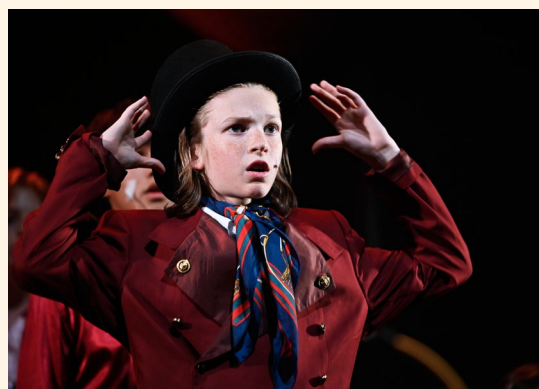
At Spotlight, we prioritise our students' growth and development, offering bespoke courses tailored to children of all abilities. Through our comprehensive curriculum, which includes acting, singing and dancing, students are encouraged to explore and express themselves in a supportive and stimulating environment. We believe in the transformative power of the arts to build self-esteem and foster a lifelong love for creativity.

Our partnerships with prestigious vocational schools and universities in the UK, such as LAMDA (London Academy of Music & Dramatic Art) and Guildford School of Acting, allow us to enrich our programmes with expert-led workshops and professional insights. These affiliations provide a pathway for students interested in pursuing vocational studies in the performing arts.

Led by a team of industry professionals and senior LAMDA Examiners, Spotlight ensures excellence in training across all disciplines. Our instructors bring a wealth of experience from leading vocational schools worldwide, ensuring that each student receives the highest standard of education.

Whether your child is taking their first steps on stage or honing their skills for advanced performance, Spotlight Theatre School offers a range of programmes designed to inspire and challenge. From our Musical Theatre courses to Public Speaking and Youth Theatre productions, each course encourages creativity, confidence and personal growth.

Join us at Spotlight Theatre School and discover the joy of performing arts education where every student can shine brightly on stage and beyond.



SETC Youth Triathlon

Since 2016, SETC has been pioneering youth triathlon development in China, offering professional training programs under certified coaches to enhance performance in swimming, cycling, and running. But we're more than just a sports club - we're a character-building platform where young athletes develop life-long skills through the discipline of triathlon.

Our Core Philosophy:

- Resilience - Teaching athletes to push through challenges and never give up
- Discipline - Instilling focus, consistency and personal accountability
- Breakthrough - Encouraging continuous self-improvement beyond comfort zones



We Develop:

- ✓ Self-Mastery - Athletes learn to set goals, track progress and take ownership of their development
- ✓ Courage with Wisdom - Training calculated risk-taking while emphasizing proper preparation
- ✓ Strategic Thinking - Balancing ambition with smart planning for sustainable success

Our fun, engaging training sessions blend skill development with character education. Through:

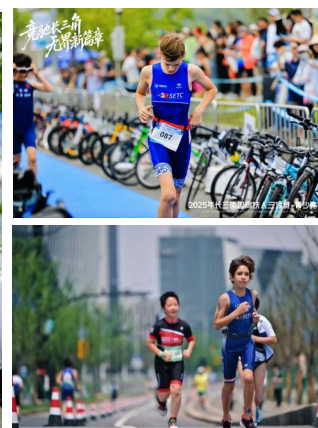
- Interactive drills that make training enjoyable
- Team challenges building camaraderie
- Regular mini-competitions to celebrate progress

Why SETC?

Because we don't just train athletes - we develop resilient, disciplined young individuals prepared for life's challenges. Our athletes gain:

- Physical excellence in three sports
- Mental toughness to overcome obstacles
- Life skills that extend far beyond the race course

Join us to embark on a transformative journey where every challenge becomes an opportunity for growth!



CFT VOLLEYBALL

We are thrilled to introduce CFT Volleyball, our exceptional external service provider that has elevated our school's volleyball programme to new heights.

Through their passion and expert coaching, CFT Volleyball has significantly grown our programme, nurturing our students' talents and fostering a love for the sport. Their dedication is evident not only in the improved skills and teamwork of our players but also in the impressive tournaments they host at BISS, in which our students have competed and excelled.

With CFT Volleyball, our students receive top-tier training and opportunities to shine on the court, contributing to a vibrant and successful volleyball community at our school.



BERLITZ LANGUAGES



We are delighted to introduce Berlitz Mandarin, a renowned external service provider partnering with the British International School Shanghai to offer exceptional Mandarin language learning opportunities.

Berlitz has a long-standing reputation for delivering high-quality language instruction through immersive and interactive methods. Their experienced instructors and proven teaching techniques ensure that our students gain a deep understanding of Mandarin, enhancing their linguistic abilities and cultural appreciation.

By participating in Berlitz Mandarin classes, students can develop valuable language skills that will benefit them academically and personally, preparing them for a global future.



Berlitz Kids and Teens programs encourage intellectual development, introduce a global perspective, and can enhance your child's future career opportunities.

At Berlitz, we have been providing the most effective way to learn languages for over 145+ years.

By partnering directly with schools and educational institutions, we build a curriculum that meets academic standards and is aligned with both state and national guidelines.

A Spanish course designed for beginners.

Learning Spanish can be intimidating, especially when you are starting from scratch, but when you learn Spanish with Berlitz, you can start with our Spanish courses for beginners. These introductory lessons will teach the basics of the language. Unlike other language programs, the focus will still be on speaking, so you will begin gaining confidence in speaking right from the start.



German is estimated to be spoken by 100 million native speakers and by another 20 million non-native speakers. It is one of the most popular languages spoken in Europe.

Our German classes for kids are designed to keep kids engaged and to build confidence in speaking a new language, while introducing them to a new culture.

Course Highlights:

Instructors – Native, fluent, well-trained, and continuously supported.

From the very first day, learners will be immersed in their new language. Our native-fluent instructors must complete a rigorous training program to ensure consistent delivery and quality of instruction worldwide. Our instructional teams are trained specifically to work with kids and teens, delivering lessons and adapting our content to engage each learner in your classrooms.

Materials – Developed and selected for each age range and proficiency level.

Goal Oriented and Interactive Lessons

Each lesson will have at least one clear communicative goal. Through conversation, Berlitz instructors work to ensure an enjoyable atmosphere that is conducive to learning. Students are encouraged to interact with their fellow students, improving their ability to



DC BADMINTON

We are pleased to introduce DC Badminton, our esteemed external service provider dedicated to enhancing our students' skills and passion for badminton. With a deep involvement in the badminton industry in Qingpu District for many years, DC Dynamic Sports has collaborated with numerous international schools over the past nine years, including British schools, American schools, Nord Anglia, Taiwan Business School, Singapore International School, and the German French School. Their extensive experience has helped schools achieve excellent results, offering extracurricular classes and team training on campus.

Expert Coaching Team

DC Badminton is led by a team of experienced coaches, including national athletes from China, Taiwan, India, Indonesia, and Malaysia. These coaches, who range from first-class to second-level athletes, bring a profound understanding of the sport and have rich teaching experience. Their classes are designed to be both international and engaging, providing interest and enlightenment to students of all skill levels.

Comprehensive Training Programmes

DC Badminton offers comprehensive training programmes tailored to various skill levels and age groups. Their structured approach focuses on technical proficiency, strategic gameplay, and physical conditioning. The course content includes warm-up activities, physical training, swing footwork, multi-ball training, competitive confrontation, and stretching exercises.

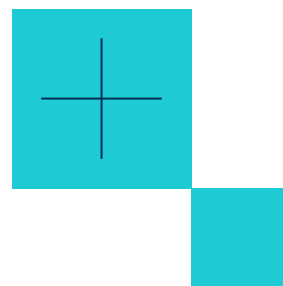


Benefits of Playing Badminton

Engaging in badminton with DC Badminton provides numerous benefits for students. It helps in exercising children's persistent willpower, establishing their desire for correct values, and improving their nervous system. Additionally, it enhances visual sensitivity, alleviates myopia, prevents cervical spondylosis, promotes blood circulation, and strengthens limb agility and strength. The sport also coordinates agility of hands and feet, enhances waist and abdominal muscles, and serves as excellent full-body exercise.

Optimal Training Facilities

Located conveniently near our school, DC Badminton provides access to modern facilities equipped for optimal training experiences. Through their guidance, our students not only improve their badminton abilities but also develop invaluable qualities such as sportsmanship, teamwork, and resilience. DC Badminton's partnership with us ensures that our students have the opportunity to excel in badminton and enjoy a fulfilling athletic journey.



Nova Academic Readiness

Nova's Academic Readiness programme builds strong research skills, develop academic writing, and sharpen critical thinking that helps you excel in any subject. This programme is designed for Y7-Y9 students through dynamic projects that explores today's creative and cutting-edge topics, including creating presentations, designing infographics, crafting compelling arguments, and more. **Zero homework, maximum engagement.**

Structure

Every session tackles a fascinating topic (AI-generated art, Antarctic tourism, fast fashion, space colonisation, and more). Our approach mirrors the IB Diploma Programme's expectations of analysing complex information, communicating ideas persuasively, and thinking critically about global challenges. Students become academic detectives, uncovering hidden biases, fact-checking like pros, and transforming complex research into engaging stories.

Outcomes

By the end of each term, students will complete mini projects to enhance research writing, presentation, and critical thinking skills. They will build a standout portfolio that includes mini op ed, presentations, debates and more to showcase their skills.

Requirements

Be curious and dare to learn!

Coach introduction

- **David Peran:** Stanford MBA/MA Education, with Silicon Valley startup and VC experience, ex-COO of AKKODIS Technology China.
- **Richard Liu:** UNSW BA/BE, MBA, serial education entrepreneur and IB extended learning specialist.



Nova Via

Nova AI Applications

Explore the exciting world of AI through hands-on creation and discovery with our Y7-Y9 (AI Creators) and Y10-Y13 (AI Innovators) programmes. During dynamic 90-minute sessions, students learn to leverage AI tools across creative and practical applications and create portfolio pieces in class.

Zero homework, maximum creative exploration.

Structure

AI Creators (Y7-Y9) focus on AI basics & prompt engineering, AI music & art generation, smart study tools, and voice cloning & media ethics.

AI Innovators (Y10-Y13) tackle advanced AI ethics & impact analysis, data storytelling & visualisation, media production & podcasts, and digital gallery showcases.

Example of platforms used

Open AI, Anthropic, DeepSeek, Leonardo AI, Adobe Firefly, Suno, and more.

Outcomes

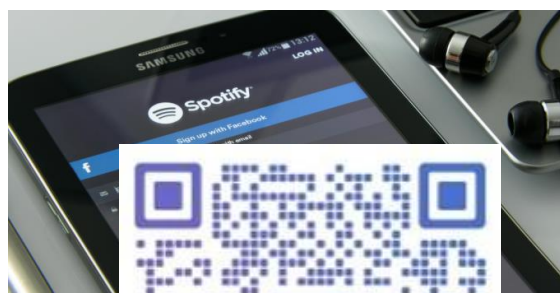
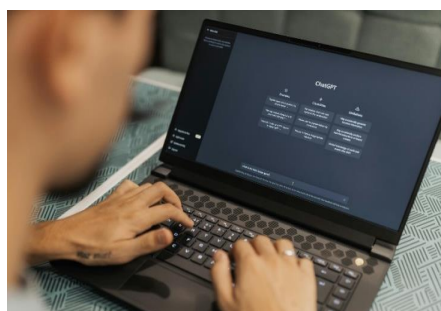
By the end of each term, students develop prompt engineering techniques, create digital art and interactive content, understand AI ethics and bias detection, and build a standout portfolio of projects, presentations, and creative innovations.

Requirements

Be curious and dare to learn!

Coach introduction

- **David Peran:** Stanford MBA/MA Education, with Silicon Valley startup and VC experience, ex-COO of AKKODIS Technology China.
- **Richard Liu:** UNSW BA/BE, MBA, serial education entrepreneur and IB extended learning specialist.



Nova Business & Entrepreneurship

Develop the entrepreneurial mindset while building essential business skills and financial confidence. This programme is designed for both Y7-Y9 (Startup Essentials) and Y10-Y13 (Venture Builder) students who through dynamic 90-minute sessions will complete exciting portfolio projects. **Zero homework, maximum hands-on learning.**

Structure

Startup Essentials (Y7-Y9) focus on entrepreneurial mindset, venture innovation, customer discovery, presentation skills, and more.

Venture Builder (Y10-Y13) tackle famous business cases, tech innovation & business models, marketing & branding, venture capital thinking, and more.

Outcomes

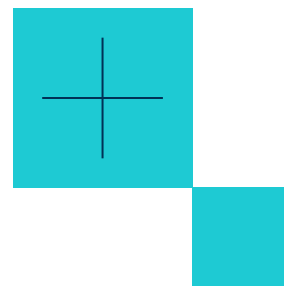
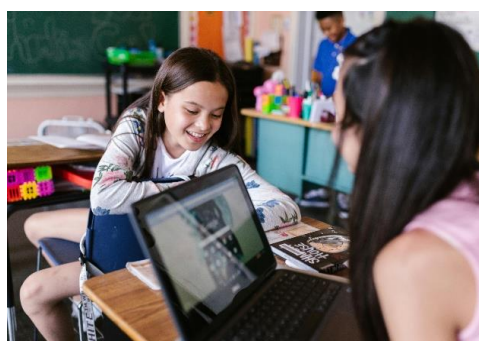
By the end of each term, students will learn to spot opportunities, conduct market research, develop financial literacy skills, innovate and test ideas, and make entrepreneurial decisions. Students will build a portfolio of mini projects including business idea pitches, simple financial plans, market research reports, and mockup business models, culminating in investor-style presentations where they pitch like real entrepreneurs.

Requirements

Be curious and dare to learn!

Coach introduction

- **David Peran:** Stanford MBA/MA Education, with Silicon Valley startup and VC experience, ex-COO of AKKODIS Technology China.
- **Richard Liu:** UNSW BA/BE, MBA, serial education entrepreneur and IB extended learning specialist.



TINGBALLET

Our ballet classes begin a transformative artistic journey through a scientific and systematic training approach. Starting with fundamental posture and technique, students progress through barre work, center practice, and floor exercises to methodically develop flexibility, strength, and coordination.

Classical combinations and repertoire are integrated with stage performance experience, allowing students to embody the beauty and rhythm of ballet. Beyond technique, ballet cultivates graceful posture and elegant poise while instilling perseverance through daily practice. Students gain confidence and forge friendships in collaborative performances, all while deepening their artistic appreciation.

Let the grace and artistry of ballet become a lifelong gift.

