



Year 1 Back to School Learning Core: English, Maths, Science / Topic				
		English	Maths	Science / Topic
W/B August 15	1	<p><u>Phonics - Sounds</u></p> <p>Recap all Phase 2 Phonics sounds by watching this video and saying the sounds.</p> <p>Hunt around your house and find one item beginning with (or containing for ff, ss, ck and ll) each sound.</p>	<p><u>Number Recognition</u></p> <p>An adult will write numbers 0-20 on papers and set them out on the floor. An adult will say a number and the child will jump on the correct number as quickly as they can.</p> <p>Ideas to extend the learning</p> <p>See which of the numbers can be written without support from a grownup.</p> <p>Play one less/one more. Say a number and then jump to the number that is one less or one more.</p> <p>Take some of the numbers away and see if you can guess which numbers are missing,</p> <p>Use representations of the amounts (e.g. draw three apples to show 3) rather than using figures.</p>	<p><u>Body Parts</u></p> <p>Learn the names of different body parts. You could play Simon Says to learn these, and Heads Shoulders Knees and Toes along with this video.</p>
	2	<p><u>Phonics - Sounds</u></p> <p>Recap all Phase 2 sounds again using this video.</p> <p>Go on a walk around your house and label objects with the letter they begin with. Make sure you form your letters correctly! You could</p>	<p><u>Number Formation</u></p> <p>Using these number formation rhymes, practise forming numbers 0-9 correctly. Practise each one a few times until you perfect the formation.</p> <p>Ideas to support the learning</p>	<p><u>Playground Games</u></p> <p>Talk to your parents and grandparents to find out the toys and games they played when they were children.</p>



	<p>even have a go at labelling the objects with words if they are not too tricky!</p> <p>Ideas to extend the learning</p> <p>Make a letter sound collage. If you have a toy catalogue in the house, can you find and cut out toys that all start with the same letter. For example, can you make a page of toys that start with the letter 'b'?</p>	<p>If you are finding it tricky to make the numbers, try drawing them bigger and use a medium like sand or shaving foam to trace out the numbers. This will allow for some lovely big curvy shapes to be made.</p> <p>Ideas to extend the learning</p> <p>Again, try a range of media to draw the numbers- crayon, paint and pencils.</p> <p>Draw the numbers out on pieces of paper, mix them up and try ordering them.</p> <p>Make some number sentences using your numbers.</p>	
<p>3</p>	<p><u>Phonics - Reading</u></p> <p>Recap all Phase 2 sounds again using this video.</p> <p>Practise reading CVC words (bed, cat, mug. etc) and matching them to the correct picture in the Fishy Phonics game. Select sets 1-3, 4 and 5 when playing.</p> <p>Ideas to extend the learning</p> <p>Find five different objects in your house and see if you can say the sounds in the word (for e.g. s-o-ck or c-ar).</p> <p>Can you record yourself doing this?</p>	<p><u>Number Ordering</u></p> <p>Using the number cards that you made in activity 1, spread them out on the carpet and mix them up. Put them back in the correct order from smallest to largest.</p> <p>You could have a go at ordering the numbers in this Caterpillar Ordering game when you have finished.</p> <p>Ideas to support the learning</p> <p>Having a 0-10 number line to refer to may help, if the children have used one before.</p> <p>Using physical amounts can help- counting different quantities of marbles into pots and then ordering these.</p> <p>Ideas to extend the learning</p>	<p><u>Senses</u></p> <p>Try 6-10 different foods from that you have at home. Try to find things you haven't tasted before. Use senses to explore the different foods.</p> <ul style="list-style-type: none"> - What do they look like? - What do they smell like? - What do they feel like? - What do they sound like? - What do they taste like?



		<p>If you tried the ordering activity yesterday and it went well, add in some more numbers (low to mid-teens).</p> <p>When ordering, try turning some of the numbers over and guess which numbers are missing from the number sequence.</p>	
4	<p>Phonics - Writing</p> <p>Listen to the Phase 2 sounds in this video and try to write the letters to match without looking at the screen. Make sure you form the letters correctly!</p> <p>Choose 10 of the pictures on these picture cards and use Phonics sounds to write the word to match. Remember to count the sounds in the word before writing it, and check your letters are formed correctly. You could also hunt for CVC objects in your house and label them instead.</p> <p>Ideas to support the learning Use a different medium to write the words in. Flour, sand and even shaving foam all work well and allow for some big curvy letters to be created!</p>	<p>Counting</p> <p>Fill a bowl with small objects that can be counted – cheerios, cubes, beads, pasta or anything else you have at home.</p> <p>Choose a number card from the cards made in activity 1 and count out the objects to match the number on the card. Repeat with each number card.</p> <p>Ideas to support the learning</p> <p>Make sure to count out loud and use lots of different objects to count with. Maybe even try mixing the objects up a little bit!</p> <p>Ideas to extend the learning</p> <p>Use the language of ‘one more’ or ‘one less’ to count out quantities.</p> <p>Have someone ‘steal’ some objects from your count. What numbers have gone missing.</p>	<p>Favourite Toy</p> <p>Describe your favourite toy to an adult in as much detail as you can.</p> <ul style="list-style-type: none"> - What does it look like? - What is it made of? - What does it do? - How do you play with it? - Why do you like it?
5	<p>Sentence writing</p> <p>Choose at least 5 of the pictures on these picture cards and write a sentence about them, such as The cat is big and fluffy.</p>	<p>Number Matching</p> <p>In Y1 we focus on representing numbers in different ways. In this matching game you need to identify the number represented in each picture and match the cards to the correct number.</p> <p>Once finished, you could have a go at representing numbers in</p>	<p>Labelling</p> <p>Draw a picture of your favourite toy and label the key parts of it.</p>



	<p>Remember to use a capital letter at the start, finger spaces between words and a full stop at the end. Can anybody also use the connective 'and' in their sentence too?</p> <p>Ideas to support the learning</p> <p>Asking someone to help you write the sentence with you can be a really good idea.</p> <p>They can either write all of the sentence as you say it, or you can share out the sentence and write a few words each!</p>	<p>different ways too.</p> <p>Ideas to extend the learning</p> <p>Practical hands-on maths is always great in Year 1. Can we set off on a Maths scavenger hunt to search out different amounts around the house, for e.g. 6 eggs in an egg box. Take photos of any discoveries and add maybe even add a label!</p>	
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Year 1 Back to School Learning Specialists: Computing, PE, Chinese, Music				
	Computing	PE	Chinese	Music
W/B August 15		<p>Indoor Activity</p> <p><i>Endurance</i></p> <p>Complete the following workouts:</p> <p>GoNoodle High 5, Champ: Endurance Level 1</p> <p>GoNoodle High 5, Champ: Endurance Level 2</p> <p>GoNoodle High 5, Champ: Endurance Level 3</p> <p>Outdoor Activity</p> <p><i>Keepie Uppie Balloon Challenge</i></p> <p>Using a balloon, see how long you can keep it up in the air, you can use any part of your body, including your hands, feet and head. Complete the challenge on your own, against a friend or as a</p>	<p>Non-native students</p> <p>Numbers in Chinese</p> <p>1. Watch the video and learn the numbers in Chinese.</p> <p>Numbers in Chinese(1-10).mp4</p> <p>2. Practise the numbers in Chinese and match the characters with pictures. Matching numbers.pdf</p> <ul style="list-style-type: none"> • Cut out the cards • mix the characters and pictures up • Match the cards <p>Fun activity</p> <p>Use playdough to make number characters.</p> <p>playdough characters.pdf</p> <p>Challenging task</p>	<p>One Man Went to Mow</p> <p> Listen to the song and try to sing along to the video. One-man-went-to-mow-performance.mp4</p> <p> Record an audio or video, singing with a vocal track. One man went to mow (performance track).mp3</p> <p> Can you challenge yourself and sing this song with a backtrack? One man went to mow (backtrack - slower version).mp3</p> <p>Here is a PDF with the text: One man went to mow Traditional.pdf</p>



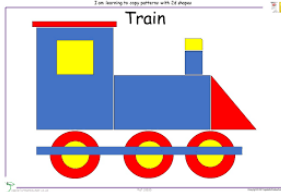
		team with family and friends.	<p>Numbers-character tracing.pdf</p> <ul style="list-style-type: none">• Trace the characters with correct order of stroke and then read them.• Try to write 5 number characters without looking. <p>Native students</p> <p>天地人你我他</p> <p>1. Watch the video and learn the 6 basic characters. (sky, earth, people, you, I, he)</p> <p>识字 1 天地人（朗读视频）.mp4</p> <p>2. Make phrases with the characters. Go to the last page to play character game.</p> <p>天地人课件.pptx</p> <p>3. Learn Chinese Song-<i>Go to School</i></p> <p>太阳当空照儿歌-Youku.mp4</p> <p>4. worksheet</p> <p>识字 1 天地人 课课练.pdf</p>	<p>How to practice?</p> <p>Listen to the song a few times - get familiar with the melody. If you find difficult points read the lyrics. Repeat lines which you find difficult several times and try to memorise the text as much as possible!</p> <p>How to record?</p> <p>1. If you want to record audio, you can do it directly on Seesaw. Open a song in one window and in other window open "add response" in activity. Then you can choose the 'record' option. So, you can play the song and record your voice at the same time.</p> <p>2. If you want to share a video - just record a video and post it as response to this activity or 'post in journal'.</p> <p>Sing, record, have fun and share your recordings with us. 😊</p>
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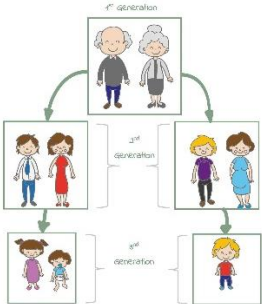



Year 1 Back to School Learning Core: English, Maths, Science / Topic				
		English	Maths	Science / Topic
W/B August 22	1	<p>Sentence writing activities</p> <p>This week, we will write a sentence each day about ourselves. This will really help the teachers get to know some more about you!</p> <p>Activity 1 - What I like to do at school.</p> <p>Today, we will write about what it is that we like best to do at school. You can write a sentence and draw a picture. Make sure to share it with the rest of your family.</p>	<p>2D Shapes</p> <p>Recap the names of the 2D shapes you have learnt by joining in with this video.</p> <p>Make a picture by drawing (or drawing around) 2D shapes.</p> <p>Here is an example:</p>  <p>Ideas to extend the learning</p> <p>Look around the house for different shapes. Record a short audio or video description of these shapes.</p>	<p>Senses</p> <p>Go on a sensory walk outside – what can you see? hear? smell? touch? Can you name the body parts you use to see, hear, taste, smell and touch?</p>



	<p>2 Activity 2- My family and people that are important to me.</p> <p>Today, we will write about some of the people in your family and people that are important to us. You can write a sentence and draw a picture.</p> <p>Make sure to share it with the rest of your family.</p>	<p>3D Shapes</p> <p>Recap the names of 3D shapes by joining in with this song.</p> <p>Go on a walk around your home or outside and see how many 3D shapes you can spot. Can you name them?</p> <p>Ideas to extend the learning</p> <p>Handling shapes and describing what they feel like (smooth, curvy, straight, sharp, pointy, long, short etc.) can really help build vocabulary and aid mathematical understanding.</p> <p>What describing words can you come up with to describe the properties of the shapes you find?</p>	<p>New Games</p> <p>Create a new game that you could play with your friends. You can try it out in the playground when we come back to school. You could even practise your game with your friends or family at home.</p>
	<p>3 Activity 3- Games I like to play with my friend or my hobbies</p> <p>Today, we will write about games you like to play with your friends or your hobbies. You can write a sentence and draw a picture.</p> <p>Make sure to share it with the rest of your family.</p>	<p>3D Shapes</p> <p>Recap the 3D shapes you have learnt by joining in with this song.</p> <p>Build a model of your choosing using construction materials or junk.</p> <p>Can you name the shapes you have used? Why do you think the shapes you chose suited each part of the model?</p>	<p>Labelling the Body</p> <p>Draw a picture of yourself. Can you label the different body parts?</p>



<p>4</p>	<p>Activity 4- Books I like to read</p> <p>Today, we will write a sentence about a book you like to read or share with your family. You can write a sentence and draw a picture</p> <p>Make sure to share it with the rest of your family.</p>	<p>Length</p> <p>Make some playdough if you don't have any at home – there are lots of simple recipes online.</p> <p>Using your playdough, make lots of different sized snakes and sort them from shortest to longest.</p> <p>Ideas to extend the learning</p> <p>Can we use our snakes to measure the length of other objects around the house?</p> <p>Can we add a label that uses mathematical vocabulary (short/shorter/shortest) to describe the objects we have measured with our playdough snakes?</p> <p>Can we use a ruler to measure the length of each snake in centimetres.</p>	<p>Family Tree</p> <p>Make your family tree, with the eldest family members at the top and the youngest at the bottom. Here is an example.</p> 
<p>5</p>	<p>Activity 5- What is the first thing you will do when you see all of your friends in school?</p> <p>Today, we will write a sentence about what you will do when you see your friends at school. You can draw a picture and write a sentence.</p> <p>Make sure to share it with the rest of your family.</p>	<p>Place Value</p> <p>Choose a number from 11-20 and build a tower of cubes or Lego to match. Explain that a tower is only allowed to be a maximum of 10 cubes tall. Break the towers into 10, then see how many cubes are remaining to work out how many tens and ones are in each number. An example of this activity is below.</p> <p>Ideas to extend the learning</p> <p>Write number sentences to match your towers. e.g. $10 + 1 = 11$</p> 	<p>Back to School</p> <p>Draw or write down all of the things you are looking forward to during the new school year.</p>



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W/B August 22		<p>Indoor Activity</p> <p><i>Strength</i></p> <p>Complete the following workouts:</p> <p>GoNoodle High 5, Champ: Strength Level 1</p> <p>GoNoodle High 5, Champ: Strength Level 2</p> <p>GoNoodle High 5, Champ: Strength Level 3</p> <p>Outdoor Activity</p> <p><i>Balloon Tennis</i></p> <p>Use a balloon as a ball, your hand as a racquet and something like a towel as a net, play balloon tennis. You can adjust the rules to suit your ability and to make it more fun. One suggestion is you have to hit the balloon with at least two</p>	<p>Non-native students</p> <p>Topic: Colour</p> <p>1. Watch the video and learn the vocabulary of Colour</p> <p>Colour-word list.mp4</p> <p>2. Practise the words. Then watch the Wheel Game video and say the words.</p> <p>Word list-Colour.pdf</p> <p>Wheel game-Colour.mp4</p> <p>3. Matching the cards</p> <p>colour-matching-flashcards.pdf</p> <ul style="list-style-type: none"> • Cut out the cards and mix them up. • Try to match the words 	<p>Come Dance With Me</p> <p> Listen to the song and try to sing along to the video. Come Dance With Me VIDEO.mp4</p> <p> Record an audio or video, singing with a vocal track.</p> <p>Come dance with me (performance track).mp3</p> <p> Can you challenge yourself and sing this song with a backtrack?</p> <p>Come dance with me (backing track - slower version).mp3</p> <p>Here is a PDF with the text:</p> <p>Come dance with me Words and Music by Sharon Durant.pdf</p>



	<p>different body parts before hitting it back across the net.</p> <p>Wear a hat, drink lots of water and have FUN!</p>	<p>with proper pictures.</p> <p>Challenging tasks</p> <ol style="list-style-type: none">1. Colour the shapes in the pictures. Colouring worksheet1.pdf2. Trace the characters. Trace the characters.pdf <p>Native students</p> <p>Learn the characters: 金木水火土</p> <p>识字 2 金木水火土 (朗读视频).mp4</p> <p>Complete the following worksheets.</p> <p>识字 2 金木水火土 预习卡.pdf</p> <p>识字 2 金木水火土 课课练.pdf</p>	<p>How to practice?</p> <p>Listen to the song a few times - get familiar with the melody. If you find difficult points read the lyrics. Repeat lines which you find difficult several times and try to memorise the text as much as possible!</p> <p>How to record?</p> <ol style="list-style-type: none">1. If you want to record audio, you can do it directly on Seesaw. Open a song in one window and in other window open "add response" in activity. Then you can choose the 'record' option. So, you can play the song and record your voice at the same time.2. If you want to share a video - just record a video and post it as response to this activity or 'post in journal'. <p>Sing, record, have fun and share your recordings with us. 😊</p>
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