



# Introducing our **Health Centre**



Made for *You*



**COLLÈGE DU LÉMAN**  
International School · Geneva



The school's Health Centre is staffed by four skilled nurses: Charlotte, Aliénor, Jasmin, and Pauline. Assisting them is Indah, the administrative secretary. Their work is overseen by highly experienced General Practitioner (GP) Dr. Christer Malmberg, who is present every Tuesday afternoon.



### Services

Our Health Centre provides comprehensive health services and wellness education to all students, including:

- Diagnosis and treatment of minor illnesses and injuries.
- Recommendations in case of epidemic, following the instructions of the SSEJ.
- Lab tests, such as blood & covid tests.
- Nutrition and weight counseling (general check twice a year for boarders).
- Referral for specialist care
- Immunisations/vaccinations updates
- Mental and behavioral health services in collaboration with the counselling department.
- Age-specific health education and testing.
- Chronic condition management for: asthma, diabetes, depression..
- Health coaching for: nutrition, physical activity, stress management, tobacco cessation, weight loss and more.
- For Primary students, quarterly height and weight checks, an annual visit with our school doctor for a full check-up, an annual dental check-up at school, vaccination updates, referrals to a paediatrician and specialists if necessary



### Medical care

The health form is part of the annual enrolment process and is essential to ensure your child's ongoing health.

Any information given is treated with the utmost confidentiality and will be shared only where necessary with the appropriate CDL staff (Nurse, Principal, Teachers, Assistants & House Parent).

We request that all boarders fill in the medical care form which authorises the school to act "in loco parentis" for the emergency care of a student and in communication with the medical staff and house parents.

### Chronic disease

In situations involving chronic illnesses that necessitate emergency or regular treatment at school, the Health Care Centre will request a medical report containing the doctor's instructions and the medical prescription record. If feasible, parents are asked to provide a translated version in English or French. Your child's treatment will be securely stored at the Health Centre or handed over to the house parents.

### Recommended vaccinations

The Health Centre recommends you vaccinate your child accordingly to the Swiss vaccination schedule.

Parents are kindly requested to provide a copy of their child's vaccination record, preferably with a translation in English or French, if available.

### Medical appointments for boarders

For boarders, the Health Centre will organise all medical appointments, provide transport, and keep sick students in the rest room of the Health Centre during the day.

### School insurance for boarders

All external medical appointments for boarders should be booked through the Health Centre.





#### Our insurance covers:

- All medical appointments, diagnoses, and examination fees.
- Hospitalisation in a semi-private room.
- 6 appointments with a psychologist or psychiatrist.

Glasses, lenses, dental, and orthodontic care are not covered.

Cover is provided worldwide, excluding the USA. However, please note that elective treatments outside of Switzerland are not covered.



-  Primary Campus
-  1 Main entrance
-  2 Drop off entrance
-  3 From main reception

**Opening times**

**Monday to Friday, 07:30 to 18:00**

From 08:20 - 16:00 each student needs a blue slip from the section office to come to the Health Centre except in emergencies.