

## SCHOOL MENU









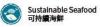
**Lunch Menu April 2024** 

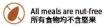
Wednesday Monday Tuesday **FUN** Thursday Friday 15 Apr 16 Apr 17 Apr 18 Apr 19 Apr 豆乳雜菜燴雞配糙米飯 熱狗配薯粒 葡國雞配飯 意式肉醬意粉 Soymilk Chicken & 俄式牛肉燴蘑菇意粉 Meal Hot Dog with Roasted Portuguese Style Vegetable with Beef Stroganoff Pasta Beef Bolognese Pasta Braised Chicken with Potatoes Brown Rice Rice Sustainable Dish 台式茄子肉燥配飯 墨西哥燴雜豆配薯粒 羅漢齋配飯 豆干芽菜炒麵 Taiwanese Braised 甜酸素肉丸配糙米飯 Meal Mexican Bean Stew with Fried Noodles with Bean Lo Hon Vegetables Minced Pork & Egaplant Sweet & Sour Veg Roasted Potato Sprout & Dried Tofu with Rice B Meatball with Brown Rice with Rice V 8 洋蔥碎蛋三文治 粟米吞拿魚三文治 煙肉生菜蕃茄三文治 凱撒雞肉三文治 火腿芝士三文治 Meal Onion & Egg Mayo Sweet Corn & Tuna BLT Sandwich Ham & Cheese Sandwich Chicken Caesar Sandwich Sandwich Mayo Sandwich 雲呢拿蛋糕 時令鮮果 時令鮮果 時令鮮果 時令鮮果 Dessert Vanilla Cake Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit 600 毎日供應時令蔬菜 Seasonal vegetables served daily















Dairy Alert 含奶類

Soy Alert 含大豆







Fish Alert









**April 2024 Lunch Menu** 















Dairy Alert 含奶類

















## **Lunch Menu April - May 2024**

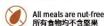
Wednesday Monday Tuesday Friday **CUNThursday** 29 Apr 1 May 2 May 3 May 30 Apr 味噌焦糖焗魚柳 白汁雞皇長通粉 鮮茄豬柳意粉 魚柳包配洋蔥薯粒 配長通粉 Meal Chicken A la King with Fresh Tomato & Pork Fish Burger with Tartar Baked Caramel Miso Sauce & Roasted Potatoes Loin Pasta Penne Fish with Penne 00 翠肉瓜炒肉片配飯 勝瓜雲耳炒雞球配飯 雜菜炒麵 香菇蒸雞配紅米飯 Traditional Chinese Stir-fried Pork Slices Stir Fried Angled Loofah Meal Steamed Chicken with with Jade Melon with with Black Fungus & Style Vegetarian Chow Mushroom & Red Rice B Chicken with Rice Rice Mein 8 1/ Labor Day 8 1/ 蕃茄碎蛋沙律三文治 蘑菇芝士三文治 京醬雞胸青瓜三文治 烤時蔬芝士三文治 Meal Tomato & Egg Mayo Mushroom & Cheese Peking Chicken Breast & Grilled Vegetables & Cucumber Sandwich Cheese Sandwich Sandwich Sandwich 雲呢拿泡芙 時令鮮果 時令鮮果 時令鮮果 Dessert Vanilla Cream Puff Fresh Fruit Fresh Fruit Fresh Fruit 000 毎日供應時令蔬菜 Seasonal vegetables served daily 🖤















Dairy Alert 含奶類

















## **Lunch Menu** May 2024



Tuesday

Wednesday



Friday

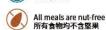
	6 May	7 May	8 May	9 May	10 May
<u>Meal</u> A	焗芝士通心粉 Baked Mac & Cheese ♥️†♥	西西里素肉丸配意粉 Italian Style Veg Meatballs with Spaghetti	南瓜汁烤魚柳配意粉 Grilled Fish in Pumkin Sauce Pasta	夏威夷薄餅配薯粒 Hawaiian Pizza with Potato Cubes	鮮茄燴牛肉配糙米飯 Tomato & Beef Stew with Brown Rice
<u>Meal</u> B	泰式豆腐蛋炒麵 Thai Pot Noodle with Tofu & Eggs	粟米肉粒飯 Creamy Corn & Dice Pork with Rice	薯仔炆雞配糙米飯 Braised Chicken & Potato with Brown Rice	田園雞蛋炒飯 Fried Rice with Egg and Mixed Vegetables	上海粗炒 Shanghainese Stir-Fired Noodles & Vegetables
<u>Meal</u> C	蕃茄芝士三文治 Tomato & Cheese Sandwich	火腿芝士三文治 Ham & Cheese Sandwich	蘑菇芝士三文治 Mushroom & Cheese Sandwich	香草雞肉卷 Pesto Chicken Wrap (Nut free)	碎蛋芝士三文治 Egg Mayo & Cheese Sandwich ♥️○↑❷♥
Dessert	時令鮮果 Fresh Fruit	時令鮮果 Fresh Fruit	時令鮮果 Fresh Fruit	布朗尼 Brownie <b>了</b> 00	時令鮮果 Fresh Fruit
毎日供應時令蔬菜 Seasonal Vegetables served daily 🍑					















Dairy Alert 含奶類

















**Lunch Menu** May 2024



















Dairy Alert 含奶類

















## **Lunch Menu** May 2024

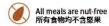
































**Lunch Menu** May 2024











