

NAISR CO-CURRICULAR PROGRAMME

2025



NORD ANGLIA
INTERNATIONAL SCHOOL
ROTTERDAM

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OVERVIEW

Nord Anglia International School Rotterdam (NAISR) offers an excellent co-curricular programme.

Students are given opportunities to participate in a variety of clubs and activities, join a number of sports teams, develop skills in key areas and participate in musical endeavours.

Several after-school activities operate throughout the year running between **January 13th, 2025** and **June 5th, 2025**. Some activities may run as short courses for a fixed number of weeks at different times throughout the year. NECIS team sports are seasonal, more information can be found regarding each activity further in this handbook.

Session time slots are as follows:

Session 1 - 15:15 to 16:15

Session 2 - 16:15 to 17:15

Local, non-NAISR students are also allowed the opportunity to participate in our after school activities. So, feel free to invite your friends and neighbours to register. Priority for places will be given to NAISR students and some activities will remain for NAISR students only.

Details on when and how activities will run and who may join can be found on the Activities pages

ACTIVITIES AND SKILL DEVELOPMENT SESSIONS

Activities are opportunities for students to have fun while promoting learning and social engagement. Activities are designed to help students explore their passions and meet other students. Details of each activity including minimum numbers of students necessary for an activity to run, the maximum number of students permitted per activity, cost etc. can be found per activity on the Activities pages.

Skill Development Sessions (SDS) are formal after school tutorials where students gain additional, regular support in a specific academic area. Private lessons provide one-to-one instruction, while group sessions provide support for three plus students.

ATHLETICS

NAISR offers opportunities for students to participate in an inter-school athletics programme. NAISR teams compete against teams from other international schools in the Netherlands, Germany, Denmark, Sweden, Norway, Belgium, and Luxembourg. For any questions you may have regarding sports at NAISR, please contact the Athletics Director at stuart.brown@naisr.nl.

MUSIC LESSONS

NAISR offers both NAISR-run music opportunities, such as the band and orchestra, and can also facilitate private music lessons with an external instructor. The individual instrumental lessons help students to develop their knowledge of a specific instrument, helping them to master skills and techniques for solo and ensemble performances. The Music department organizes shows and concerts for both soloists and ensembles, allowing students to gain experience in live performance. For any questions you may have regarding band and orchestra at NAISR please contact our Secondary School Music Coordinator nadia.kosim@naisr.nl and for private music lessons, please contact our Primary School Music Coordinator rachel.drew@naisr.nl.

AFTER-SCHOOL AND HOLIDAY CARE

Funtazia offers after-school care (BSO) and holiday care for students from age four to/and including twelve. The after-school care programme provides structured activities for students on the NAISR/ Funtazia campus. For more information or to request places in the BSO please contact bso@funtazia.nl. When children registered to the BSO also participate in after school activities the BSO fee is waived for the sessions that they participate in the after school activity. This way parents are not double charged for activities and/or care taking place out of school hours.

2025 LESSON DATES

For additional lesson date information and for dates of short courses please consult the individual activity information.

MONDAY

Period 2		
Winter break – Spring break	Spring break – Easter break	Easter break - Summer
13 Jan 20 Jan 27 Jan 3 Feb 10 Feb 17 Feb	3 March 10 March 17 March 24 March 31 March 7 April 14 April	28 April 12 May 19 May 26 May 2 June

No lessons:

6 Jan
24 Feb
21 April
5 May
9 June

TUESDAY

Period 2		
Winter break – Spring break	Spring break – Easter break	Easter break - Summer
14 Jan 21 Jan 28 Jan 4 Feb 11 Feb 18 Feb	4 March 11 March 18 March 25 March 1 April 8 April 15 April	29 April 6 May 13 May 20 May 27 May 3 June

No lessons:

7 Jan
25 Feb
22 April
10 June

WEDNESDAY

Period 2		
Winter break – Spring break	Spring break – Easter break	Easter break - Summer
15 Jan 22 Jan 29 Jan 5 Feb 12 Feb 19 Feb	5 March 12 March 19 March 26 March 2 April 9 April 16 April	30 April 7 May 14 May 21 May 28 May 4 June

No lessons:

1 Jan
8 Jan
26 Feb
19 March
23 April
11 June

THURSDAY

Period 2		
Winter break – Spring break	Spring break – Easter break	Easter break - Summer
16 Jan 23 Jan 30 Jan 6 Feb 13 Feb 20 Feb	6 March 13 March 27 March 3 April 10 April 17 April	1 May 8 May 15 May 22 May 5 June

No lessons:

2 Jan
9 Jan
27 Feb
20 March
24 April
29 May
12 June

FRIDAY

Period 2		
Winter break – Spring break	Spring break – Easter break	Easter break - Summer
17 Jan 24 Jan 7 Feb 14 Feb 21 Feb	7 March 14 March 21 March 28 March 11 April	2 May 9 May 16 May

No lessons:

3 Jan	25 April
10 Jan	29 May
31 Jan	30 May
28 Feb	6 June
4 April	13 June
18 April	

Please note there are no after school activities scheduled during the first week of the new year (6-10 January 2025) or the last week of the school year (10-13 June 2025). Additionally, we do our best not to schedule activities on days that NAISR community events will be held, but please understand that additional NAISR events may be scheduled during the school year which may coincide with after school activities. After school activities will proceed on these additional days.

TYPES OF ACTIVITY

After school activities at NAISR can be divided into three categories.

1. Free activities: A limited number of activities are free to students. Students still need to register for these activities however there will be no fee.
2. NAISR-invoiced activities: These are activities where NAISR will invoice parents for the costs of the activity. Parents will be invoiced per period, per year or, in the case of a short course, before the course starts. Payment must be received before a child can start an activity. Payments from Period 1 must be received before a child can start an activity in Period 2.
3. Directly to the activity provider: For a limited number of activities payment will be made directly to the activity provider. Each activity provider will decide how and when payment must be made.

INVOICE DETAILS

To make any special invoicing requests or to confirm company details etc. please email our finance officer, mihai.miron@naisr.nl.

ONLINE REGISTRATIONS

Sign-ups for all free and NAISR-invoiced after school activities will be done digitally via the link found on the last page of this handbook. This link will allow you to register for all free and NAISR-invoiced activities and Skill Development Sessions.

There is a maximum number allowance of students for certain activities, so our co-curricular programme runs on a first-come, first-served

basis. Priority for places will be given to NAISR students. The deadline for online registrations is **Sunday, 15 December 2024**. The online form is not intended for activities that are paid directly to the activity provider. If you are interested in any of these activities please contact the respective coordinator directly. Details can be found per activity on the Activities pages.

SIGNING UP AFTER THE DEADLINE

If you would like to register for a free or NAISR-invoiced after school activity after the registration deadline noted above has elapsed, please contact oskar.lepage@naisr.nl directly for more information on availability.

SUPERVISION FOR AFTER SCHOOL ACTIVITIES

Year 1-6 students participating in session 1 after school activities will be taken or sent, (age depending), from their classrooms at 15:05 to the pick-up point (cafeteria) where there will be supervision. Children will be collected by the activity leader at the start of the activity (15:15) and taken to the activity. At the end of the session (16:15) they will be returned to the cafeteria where they will either be collected by the BSO, the activity leader for the subsequent activity or collected by their parents.

Year 1-6 students who are participating only in session 2 activities need to be supervised by a parent or guardian between **15:05 and 16:15** until their session 2 activity begins. Alternatively, parents may request a place for their child in the BSO.

At the end of session 2 (17:15) students will be returned to the cafeteria where they will be collected by their parents or the BSO.

Instructors for all activities will have attendance sheets. If there is a discrepancy the instructor will inform the cafeteria supervisors or front office who will contact the parents.

Students are permitted to eat a small snack at the pick-up point while waiting to be collected for their activity. Please provide children with a snack from home, primary children will not be permitted to purchase snacks from the cafeteria.

Please note: Children in years 1-6 are to be supervised at all times by parents. Students are not permitted to wait in the cafeteria, playground or any other campus location without a parent or guardian present.

SUPERVISION AFTER SCHOOL FOR AFTER SCHOOL CARE (BSO)

Year 1-6 students attending BSO will be sent or taken, (age depending), from their classrooms at 15:05 to the cafeteria where the BSO supervisors will be waiting to receive them. BSO children will together enjoy a snack provided by the BSO before going to the BSO Homeroom.

Children attending BSO who are also participating in after school activities will be collected by the

activity leader at the start of the activity (either at 15:15 or 16:15) and taken to the activity.

At the end of the session (16:15 or 17:15) they will be either returned to the cafeteria where they will be collected by a BSO staff member if they are continuing to attend BSO or handed to parents in the cafeteria.

SCHOOL CLOSING

With the exception of Funtazia day care and BSO the school building will be closed to all parents and students after 17:30 on Monday to Thursday and 16:30 on Fridays.

BUS SERVICES

There are no late buses available after co-curricular activities at this time.

TERMS AND CONDITIONS

Students may join most of the Activities and Skill Development Sessions at any time during the school year if space is available and fees will be pro-rated on a month-by-month basis, not on a session-by-session basis. Short courses can only be attended for the full course.

All NAISR after-school activities will be held on full school days only. Activities that fall on a holiday or half day will not be scheduled. There will also be no after school activities during the last week before the winter break and the last week before the summer break. We do our best not to schedule activities on days that NAISR community events will be held, but please understand that additional NAISR events may be scheduled during the school year which may coincide with after school activities. Activities will proceed on these additional days.

In some cases, there may be a minimum number of participants required to run a particular Skills Development Session or activity. Some Skills Development Sessions or activities may not run if the required number of participants is not reached.

Parents will be informed if requested activities will run and confirmation emails will be sent.

Where invoices for previous activities are outstanding children will not be placed for new activities.

To make any special invoicing requests or to confirm company details etc. please email our finance officer, mihai.miron@naisr.nl.

CANCELLED/RESCHEDULED LESSONS

Wherever possible After School Activities will continue to run on all scheduled dates. In the case of absence, the activity teachers and/or NAISR will do their best to find a replacement or substitute teacher to cover the class. Wherever possible the substitute teacher will teach the subject matter that was scheduled for the day in question. Occasionally it may happen that a substitute teacher provides an alternate age-appropriate activity lesson.

If a NAISR-invoiced activity instructor becomes unavailable due to sickness, etc., and it is not possible to arrange a substitute or cover teacher, the missed lesson(s) may be eligible for a refund. The refunded fee will be dependent on several factors including: teaching fee, contribution towards materials, administration costs etc. Any lessons missed by the student will not be refunded.

In the situation where the activity is paid directly by parents to the activity provider the agreement for missed lessons will be made directly between parents and the activity provider.

Where possible After School Activities are not scheduled on the same days as NAISR community events. The After School Activity schedule is planned according to the events schedule known at the beginning of the school year. It is possible that additional community events are planned throughout the course of the school year and that After School Activities and these additional community events may overlap. In this instance there are no refunds where a child chooses to attend a community event instead of the After School Activity they are registered for.

Other than for cancelled lessons NAISR-invoiced after-school activity fees are non-refundable.

ACTIVITY OVERVIEW

After school activities Term 2

Mini sharks
 Primary
 Secondary
 NECIS
 Music lessons
 To be confirmed

Monday Lunch 12:45 - 13:30	Tuesday Lunch 12:45 - 13:30	Wednesday Lunch 12:45 - 13:30	Thursday Lunch 12:45 - 13:30	Friday Lunch 12:45 - 13:30
Model United Nations MUN (ages 13-18)	School newspaper (ages 13-18)	Kindness Club (ages 13-18)	Debating Club (ages 13-18)	

Monday 15:15-16:15	Tuesday 15:15-16:15	Wednesday 15:15-16:15	Thursday 15:15-16:15	Friday 15:15-16:15
Mini Sharks Brilliant Brushes (ages 4-6)	Mini Sharks Fit & Fun (ages 4-6)	Mini Sharks Super kids (ages 4-6)	Mini Sharks Dance Club (ages 4-5)	Mini Sharks Busy Builders (ages 4-6)
Self defence (ages 4-12)	Number Ninjas (8-12)	Mini Sharks Number Ninjas (ages 4-7)	Street Dance (ages 7-10)	Junior Sharks Basketball (ages 8-16)
				Junior Sharks Basketball (ages 8-16)
Culinary Kids (ages 6-12)		Theatre club (ages 6-10)	LEGO Building Club (ages 6-12)	Chess (ages 4-14)
				Chess (ages 4-14)
Brilliant Brushes (ages 6-10)	Dutch Wizards (ages 6-12)	Junior Sharks Fitness (ages 8-14)	NAISR School Orchestra (ages 11-18)	Brilliant Brushes (ages 7-12)
		Junior Sharks Fitness (ages 8-14)		
Eco Club (ages 14-18)		NAISR School Band (ages 11-18)		
Junior Sharks Football (ages 8-14)	NECIS Boys soccer/basketball	NECIS Girls volleyball/basketball	NECIS Boys soccer/basketball	NECIS Girls volleyball/basketball
Junior Sharks Football (ages 8-14)				
Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons

Monday 16:15-17:15	Tuesday 16:15-17:15	Wednesday 16:15-17:15	Thursday 16:15-17:15	Friday 16:15 - 17:15
		Sewing (ages 7-18)	Mini Sharks Dance Club (ages 5-6)	
		Sewing (ages 7-18)		
Brilliant Brushes (ages 10-12)		Theatre club (ages 11-16)	LEGO Building Club (ages 6-14)	
			LEGO Building Club (ages 6-14)	
Self defence (ages 8-14)			Street Dance (ages 11-16)	
Self defence (ages 8-14)				
Junior Sharks Football (ages 8-14)	NECIS Boys soccer/basketball	NECIS Girls volleyball/basketball	NECIS Boys soccer/basketball	NECIS Girls volleyball/basketball
Junior Sharks Football (ages 8-14)				
Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons

ACTIVITIES IN ALPHABETICAL ORDER

BRILLIANT BRUSHES PRIMARY		Monday 15:15 - 16:15 Ages 7-9 Monday 16:15 - 17:15 Ages 10-12 Friday 15:15 - 16:15 Mixed
Instructor: Caziah Griffith-East		Location: Art Academy
An art club where students are encouraged to develop their natural creative abilities, practice new artistic techniques and learn about art history and professional artists. The emphasis is on having fun, learning some art skills and trying new things. Children are encouraged to develop their creativity, trying out for example painting, drawing, collage, papier-mache and more.		
Minimum number of students: 5	Maximum number of students: 12	
Cost for period 2: €205	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar. During the month of May, the lessons will be held in an alternate location as the Art Academy will be being used by the IB students to prepare for their IB exams.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students. An additional class is now run on Fridays. Please register for either Monday or Friday classes.		

CHESS (& OTHER GAMES) CLUB		Friday 15:15 - 16:15 Ages 4-14
Instructor: Peter Ruimschoot		Location: Library
The main focus of this club is the game of chess. Each lesson will start with teaching chess to children in a relaxed way using fun jokes and tricks. During the first part of each lesson, digital exercises and workbooks are used, whereby the practiced assignments are often applied in the real chess game. Mixed ages in the chess class are not a problem.		
A full hour can be long for younger children to focus entirely on a complex game such as chess therefore other (board) games will also be available during the second half of each lesson for some children while older children with more focus can battle it out against each other to become the end of year NAISR chess Grand Master.		
Minimum number of students: 7	Maximum number of students: 20	
Cost for full year: €185	Method of payment: NAISR invoices parents	
Full year. See ASA calendar. There will be NO LESSON on 2 nd May		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

<h2>CULINARY KIDS COOKING CLUB</h2>		<p>Monday 15:15 - 16:15 Ages 4-12</p>
<p>Instructor: Angeliki Faraza</p>		<p>Location: Staff Lounge</p>
<p>Culinary Kids will introduce children to basic cooking skills and the importance of healthy choices. Children will be encouraged to experience the joy of cooking using different techniques and a variety of ingredients and recipes. They will learn to use equipment carefully and to think about the ingredients they are using giving children confidence and knowledge about food preparation, cooking and presenting. It goes without saying that students will be able to eat and/or bring home the things they make in class.</p>		
<p>Minimum number of students: 5</p>	<p>Maximum number of students: 10</p>	
<p>Cost for period 2: €225</p>	<p>Method of payment: NAISR invoices parents</p>	
<p>Course dates: See ASA calendar.</p>		
<p>Necessary equipment: N/A</p>		
<p>Additional information: Children will work with plastic knives only. This activity is for NAISR students only. Angeliki Faraza (Foundation) will lead this activity; we will need a minimum number of 5 students for it to run in period 2.</p>		

<h2>DUTCH WIZARDS</h2>		<p>Tuesday 15:15 - 16:15 Ages 6-12</p>
<p>Instructor: Ayse Metin</p>		<p>Location: TBC</p>
<p>Dutch Wizards is an after school club focusing on beginner Dutch language skills and Dutch culture for children who wish to practise a bit more outside the school environment and learn about all things typically Dutch. Children are exposed to the Dutch language through play, learning new vocabulary while doing various activities such as arts and crafts and through playing typically Dutch games. Children will also learn about different aspects of Dutch culture and traditions.</p>		
<p>Minimum number of students: 5</p>	<p>Maximum number of students: 10</p>	
<p>Cost for period 2: €135</p>	<p>Method of payment: NAISR invoices parents</p>	
<p>Course dates: Period 1, period 2, full year. See ASA calendar.</p>		
<p>Necessary equipment: N/A</p>		
<p>Additional information: This activity is open to NAISR students only.</p>		

ECO Club		Monday 15:15 - 16:15 Ages 14-18
Supervisor: Soul Robertson		Location: TBC
In the Eco club students will work together to help the school improve from an ecology and sustainability perspective. This will include working with school representatives to enact positive change and educating students on the topic.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: See ASA calendar. This group meets bi-weekly and/or on a project by project basis		
Additional information: This activity is for year 10-13 NAISR students only.		

DEBATING CLUB		Thursday 12:45 - 13:30 Ages 13-18
Instructor: Matthew Gracie		Location: TBC
Debating is a learning and social club that aims to prepare learners to form objective, convincing, and captivating arguments and rebuttals in a competitive environment. Covering a variety of real and relevant topics—ranging from local economics to global politics—NAISR’s Debating Club seeks to develop learners’ speaking and critical thinking skills in a tense yet empowering environment, allowing them to test their arguments and understanding safely and constructively.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: See ASA calendar.		
Additional information: This activity is for year 9-13 NAISR students only. Please email matthew.gracie@naisr.nl for more information.		

JUNIOR SHARKS - BASKETBALL		Friday 15:15 - 16:15 Ages 8-16
Supervisor: Joao Vale		Location: Gym
This is a club where you will be able to practice/play basketball on a weekly basis in a non-competitive manner.		
Minimum number of students: 5	Maximum number of students: 20	
Cost for period 2 €150	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: Gym clothes are required. Indoor gym shoes are requested for in the gymnasium.		
Additional information: This activity is also open to non NAISR students.		

JUNIOR SHARKS - FITNESS CLUB		Wednesday 15:15 - 16:15 Ages 8-14
Instructor: TBC		Location: Gym
The Fitness Club will work on fitness in a fun and playful way. Children get to know their bodies by being made aware of which muscles they activate with which movement while at the same time strengthening muscles and bones and keeping their body fit and healthy. Activities may include fitness games, circuit training, yoga, ball control, strengthening and flexibility exercises, etc		
Minimum number of students: 5	Maximum number of students: 20	
Cost for period 2: €205	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar. There will be NO LESSON on 15 & 21 January.		
Necessary equipment: Gym clothes are required. Indoor gym shoes are requested for in the gymnasium.		
Additional information: This activity is also open to non NAISR students.		

JUNIOR SHARKS - FOOTBALL		Monday 15:15 - 17:15 Ages 8-14
Instructor: Luca Bouwmeister		Location: Gym
A relaxed football club that encourages students to develop skills in a fun, structured and safe environment. Participants will practice basic techniques, drills, fun games and small sided matches.		
Minimum number of students: 8	Maximum number of students: 16	
Cost for period 2: €375	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: Gym clothes are required. Indoor gym shoes are required for in the gymnasium.		
Additional information: This activity is also open to non NAISR students. This activity is a double session activity from 15:15 - 17:15 with a short break at 16:15.		

KINDNESS CLUB		Wednesday 12:45 - 13:30 Ages 13-18
Instructor: Paul Staveley		Location: TBC
In Kindness Club students will help others by coming up with ideas for, planning and carrying out service projects within the school, local or global community.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: See ASA calendar.		
Additional information: This activity is for year 9-13 NAISR students only		

LEGO® CREATIVE BUILDING CLUB		Thursday 15:15 - 16:15 Ages 6-12 Thursday 16:15 - 17:15 Ages 6-14
Instructor: Victor van den Berg		Location: STEAM Lab
A fun and creative non-academic after school club focusing on creative LEGO® building. Children will work on solo as well as group building projects which allow them to use their creative and imaginative skills while being stimulated and guided by a professional LEGO® builder. The club year will be split into themes. Each theme will last 5-6 weeks.		
Minimum number of students: 10	Maximum number of students: 12	
Cost for period 2: €310 + €100 (LEGO® that the student may keep)	Method of payment: NAISR invoices parents	
Period 2: 2025 Theme 1 Castle Interior Design: 6 weeks - 16/01, 23/01, 30/01, 6/02, 13/02, 20/02 Theme 2 Fantasy Vehicles: 6 weeks - 6/03, 13/03, 27/03, 3/04 10/04 17/04 Theme 3 Animals & Nature: 5 weeks - 1/05, 8/05, 15/05, 22/05,05/06		
Necessary equipment: Part of the cost of this course covers the cost of the necessary creative LEGO® pieces. The LEGO® will remain at school for the duration of the course. At the end of the course the LEGO® is the student's to keep.		
Additional information: This activity is also open to non-NAISR students. Victor is a professional LEGO® builder who this year has been invited to showcase his projects at the home of LEGO® at Legoland® Billund		

MINI SHARKS - BRILLIANT BRUSHES		Monday 15:15 - 16:15 Ages 4-6
Instructor: Lorena Ortiz		Location: Foundation classroom
An art club where our youngest children are encouraged to develop their natural creative abilities and practice new artistic techniques. Lorena specialises in water colours which, unlike painting with heavier media such as poster board paints, requires a degree of gentleness and precision. Practicing these skills will facilitate and promote children's fine-motor skills, which is crucial to early childhood development.		
Minimum number of students: 5	Maximum number of students: 10	
Cost for period 2: €205	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

MINI SHARKS - BUSY BUILDERS

Friday 15:15 - 16:15
Ages 4-6

Instructor: Mirelle Croce

Location: Year 1 classroom

Busy Builders is a fun club for children who like to, yes you've guessed it, build! Children will learn in a fun way about construction and structures by using various materials which may include anything from simple blocks to sticks to empty toilet rolls to marshmallows etc.

Minimum number of students: 5

Maximum number of students: 10

Cost for period 2 €150

Method of payment: NAISR invoices parents

Course dates: See ASA calendar.

Additional information: This activity is also open to non NAISR students.

MINI SHARKS - DANCE CLUB

Thursday 15:15 - 16:15 Ages 4-5
Thursday 16:15 - 17:15 Ages 5-6

Instructor: Carla van Aa

Location: TBC

Children learn about and how to control and express the movement possibilities of their body in a playful way. They are stimulated to dance using great movement contrasts – high/low, wide/narrow, fast/slow etc. All movements are presented in a playful and imaginative way using themes and stories, and are accompanied by music, so that music, movement and dancing pleasure go together from the start.

Minimum number of students: 5

Maximum number of students: 7

Cost for period 2 €195

Method of payment: NAISR invoices parents

Course dates: See ASA calendar.

Necessary equipment: Students should wear suitable clothing to dance and move around in. Dance shoes or bare feet are preferred.

Additional information: This activity is also open to non NAISR students.

MINI SHARKS - FIT AND FUN		Tuesday 15:15 - 16:15 Ages 4-6
Instructor: Smanatha Rutgers		Location: Gym
Fit and Fun lessons focus on fun rather than formal exercise routines. These classes are the ultimate way to introduce fundamental movement skills, train body awareness, and improve balance, coordination and control. Activities may include fitness games, yoga, ball control, exercises, dance etc.		
Minimum number of students: 5	Maximum number of students: 16	
Cost for period 2: €210	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Additional information: This activity is also open to non NAISR students.		

MINI SHARKS - NUMBER NINJAS		Wednesday 15:15 - 16:15 Ages 4-7
Instructor: Lucia Koppe		Location: TBC
A fun club to support primary maths skills for our youngest students. A great low pressure way for children to practice:		
<ul style="list-style-type: none"> • predicting what comes next in a pattern • knowing the difference between two- and three-dimensional shapes and name the basic ones (cubes, cones, cylinders) • counting to 100 by ones, twos, fives, and tens • writing and recognizing the numerals 0 to 100, and the words for numbers from one to twenty • basic addition and subtraction up to 20 • reading and creating a simple bar graph • recognizing and knowing the value of coins 		
Minimum number of students: 3	Maximum number of students: 10	
Cost for period 2: €190	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Additional information: This activity is for NAISR students only.		

MINI SHARKS - SUPER KIDS		Wednesday 15:15 - 16:15 Ages 4-6
Instructor: Smanatha Rutgers		Location: Year 1 classroom
Super kids is a fun, multi-activity after school club for our youngest students. Activities may include arts and craft projects, party games, building projects, dance competitions, science experiments etc.		
Minimum number of students: 5	Maximum number of students: 10	
Cost for period 2: €205	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is open to NAISR students only.		

MODEL UNITED NATIONS (MUN)		Monday 12:45 - 13:30 Ages 13-18
Instructor: Cora Lavesini and Matthew Gracie		Location: IB Lounge
We can engage in meaningful debates about global issues, relevant to our international community. Our experiences are modelled on the United Nations Protocol and procedures to amplify student voices and make a positive impact on today.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: See ASA calendar.		
Additional information: This activity is for year 9-13 NAISR students only.		

NAISR SCHOOL ORCHESTRA		Thursday 15:15 - 16:15 Ages 11-18
Instructor: Nadia Kosim		Location: Secondary Music Room
<p>The NAISR School Orchestra is open to any Secondary School instrumentalist who has at least 2 years prior experience on his or her orchestral instrument and wishes to play in a group setting. The ability to read music is essential.</p> <p>The student is strongly advised to take private lessons to enhance their performance in orchestra. We will play a varied repertoire including classical pieces, jazz standards and movie scores.</p>		
Minimum number of students: N/A	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: See ASA calendar.		
Necessary equipment: Instrument		
<p>Additional information: Talented students who are older than 11 (year 7) or who have been playing for less than 2 years may contact Nadia Kosim (nadia.kosim@naisr.nl). Also, prospective students will be required to prepare a short clip demonstrating their musical ability. This activity is for NAISR students only. Please be aware all decisions are at the discretion of the music teacher.</p>		

NUMBER NINJAS		Tuesday 15:15 - 16:15 Ages 8-12
Instructor: Lucia Koppe		Location: TBC
<p>A fun club to support primary maths skills. Club activities may include maths games, maths puzzles, quizzes, codebreaking, maths investigations, and general problem solving.</p> <p>A great low pressure way to:</p> <ul style="list-style-type: none"> • develop children’s knowledge and understanding of maths • help children apply their maths skills to other ‘real-life’ maths investigations • fuel a can-do approach to maths • show children that maths is multidimensional • develop children’s mathematical reasoning • boost self-confidence 		
Minimum number of students: 3	Maximum number of students: 10	
Cost for period 2: €300	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Additional information: This activity is for NAISR students only.		

SCHOOL NEWSPAPER		Tuesday 12:45 - 13:30 Ages 13-18
Instructor: Cora Lavesini		Location: TBC
Students will develop and create a student news source that will be published throughout the year. Students will work on various aspects of journalism such as writing, photography, editing and layout to create a fun and informative news source for the student population.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: See ASA calendar.		
Additional information: This activity is for year 9-13 NAISR students only. Please email matthew.gracie@naisr.nl or cora.lavesini@naisr.nl for more information.		

SELF DEFENCE		Monday 15:15 – 16:15 Ages 4-12 Monday 16:15-17:15 Ages 8-14
Instructor: Rob Salm		Location: Gym
During the lessons students improve their fitness, practice different self defence techniques and styles, and learn to spar with respect for each other.		
The atmosphere of togetherness and respect offers the children the space to train at their own level and to become stronger and more resilient both physically and mentally.		
Minimum number of students: 10	Maximum number of students: 15	
Cost for period 2: €215	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: Flexible, loose, gym clothing		
Additional information: This activity is also open to non NAISR students.		

SEWING CORNER		Wednesday 16:15 - 17:15 Ages 7-14
Instructor: Yvette Epping		Location: STEAM Lab
<p>New students will be taught the basics while returning students will be able to continue with more complex projects. Children start by learning how a sewing machine actually works, how to go backwards or around a corner, how to properly cut fabric, for example. Examples of projects include bags & pencil cases, (seasonal) gifts/projects, clothing and stuffed animals like squishmallows.</p> <p>Children work on sewing machines and overlock machines. All other sewing materials such as scissors, pins, thread, fabrics, haberdashery and patterns are also available. Children don't need to bring anything themselves but if they have a nice pattern or fabric/ribbon at home that they would like to make something out of, they can of course always take it with them.</p>		
Minimum number of students: 7	Maximum number of students: 10	
Cost for period 2: €240	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: The lessons include all necessary materials.		
<p>Additional information: Both new and returning students are welcome to register for this activity. This activity is also open to non NAISR students.</p>		

STREET DANCE		Thursday 15:15 - 16:15 Ages 7-10 Thursday 16:15 - 17:15 Ages 11-14
Instructor: Felice Slegers		Location: Former IB Lounge
<p>Are you ready to move and groove to the latest pop tunes? In this class you will learn cool moves, but also about discovering self-expression and building confidence as you develop your skills and uncover your own dance personality. No previous dance experience is needed and both boys and girls are welcome in the class. Classes start with the basics and gradually build up, allowing you to improve your skills step by step. You will not only learn the latest hip-hop and street dance moves but also the dance techniques and rhythms.</p>		
Minimum number of students: 5	Maximum number of students: 15	
Cost for period 2 €195	Method of payment: NAISR invoices parents	
Course dates: See ASA calendar.		
Necessary equipment: Students should wear suitable clothing to dance and move around in. Dance shoes or bare feet are preferred.		
Additional information: This activity is also open to non NAISR students.		

THEATRE CLUB		Wednesday 15:15 - 16:15 Ages 6-9 Wednesday 16:15 - 17:15 Ages 10-16	
Instructor: Alecia Daniels		Location: Former IB lounge	
<p>Theatre club is designed to engage students in the performing arts and theater. Lesson may include some of the following:</p> <ul style="list-style-type: none"> • acting and presentation skills • storytelling • creative thinking • public speaking and voice projection • improvisation • skills for writing poems and plays • work on building sets • and much more. <p>These skills will be taught and learned using a combination of instruction through dance routines, theatre sports and games. A small performance will be held at the end of the year.</p>			
Minimum number of students: 10		Maximum number of students: 15	
Cost for period 2: €250		Method of payment: NAISR invoices parents	
<p>Course dates: See ASA calendar. The end of year performance is scheduled to take place on Wednesday 28 May (back up 4 June). On the following dates all theatre club students will need to be available from 15:15 - 17:15: 14 May (stage rehearsal), 21 May (dress rehearsal), 28 May (performance), 5 June (end of year joint lesson).</p>			
Necessary equipment: N/A			
Additional information: This activity is also open to non NAISR students.			

PARENT TEACHERS

We are always on the look-out for new and exciting after school activities for our students. Do you have a unique, special or fun skill you would like to share with the children at NAISR? and would you be interested in running an after-school activity either on your own or with a partner?

Activities and clubs can run for either just period 1, just period 2 or for the full school year. Occasionally depending on the content we will also run short course clubs for a limited number of weeks. Club leaders must be above the age of 18.

If you have a great idea for an after school club that you would be interested in running please contact oskar.lepage@naisr.nl.

SKILL DEVELOPMENT SESSIONS

Skill Development Sessions (SDS) are formal after school tutorials where students gain additional, regular support in a specific academic area. Private lessons provide one-to-one instruction, while group sessions provide support for three to five students.

Period 1 SDS Fees: €190 per session (Group Sessions)
€495 per session (Private Sessions)

Period 2 SDS Fees: €270 per session (Group Sessions)
€705 per session (Private Sessions)

Period 3 SDS Fees: €450 per session (Group Sessions)
€1190 per session (Private Sessions)

The following skill development sessions are on offer this year:

SDS Secondary Maths

Maths tutoring for secondary school students.

SDS IB General Skills tutoring

IB Skills tutoring for secondary school students.

Revision techniques, revision schedules, essay writing conventions and motivation.

The tutor for the above two SDS is Lucia Koppe. Lucia is a former NAISR student currently finishing her Masters degree and has been tutoring students at NAISR since 2022.

SDS English

NAISR can facilitate tutoring lessons with partner Pro English: Reading, Writing, Speaking and Listening, for all levels. Private or group tutoring. (Separate pricing applies)

Please register your interest in any of the above skills development sessions using the registration form at the end of the handbook. SDS are available to NAISR students only.

ATHLETICS/NECIS TEAM SPORTS

NAISR is part of the Northwest European Council of International Schools (NECIS), which is an organisation of eleven schools similar to NAISR. NECIS schools are located in the Netherlands, Germany, Denmark, Sweden, Norway, Belgium, and Luxembourg. NECIS schools host and travel to other NECIS schools during the sports season, and all schools meet at the end of each season for a tournament hosted by a NECIS school. NAISR teams may also travel to or host other non-NECIS international schools or Dutch clubs during the season.

Athletic fees vary depending on the sport, length of season and tournament venue. Athletic fees cover such items as transportation, officials, accommodations, awards, facilities, tournament

fees, and coaches' salaries. Please note, athletic fees cover approximately 50% of the cost to run the athletic programme; NAISR subsidises the remaining costs to encourage student participation in sports. Athletic fees are managed directly by the Athletic Department.

For further information, please contact the Athletic Director at stuart.brown@naisr.nl

- JV and Varsity teams will always train on Wednesday and Friday.
- All other teams (U12 - U16) will train on Tuesday and Thursday.
- NECIS teams train for both session 1 and 2.

NECIS TEAM SPORTS FOR 2024-2025

Athletic Director Stuart Brown will reach out to the NAISR community within the first few weeks of the school period to confirm which teams we will be recruiting 2025. Below are some of the possibilities:

NOVEMBER-MARCH WINTER SPORTS

Activity: SWIMMING TEAM
Day: 1 day a week and Saturday meets.
Year Groups: 5-13
Location: Wilgenring pool
Fee: €150-€300 (varies on location of tournament involving hotel, transportation)

Activity: GIRLS & BOYS BASKETBALL TEAMS U12, U14, JV and Varsity
Day: 2 days a week and Saturday games.
Year Groups: 5-13
Location: NAISR Gym
Fee: €150-€300* (varies on location of tournament involving hotel, transportation)

*In the event of an extended season an additional €50 will be applied.

MARCH-MAY SPRING SPORTS

Activity: JV and Varsity CO-ED SOFTBALL TEAMS
Day: 2 days a week and Saturday games.
Year Groups: Co-ed 7-13
Location: Sport field
Fee: €200-€300 (varies on location of tournament involving hotel, transportation, etc.)

Activity: U15 and Varsity GIRLS SOCCER TEAMS
Day: 2 days a week and Saturday games.
Year Groups: 7-13
Location: Sport field
Fee: €200-€300 (varies on location of tournament involving hotel, transportation, etc.)

Activity: U12, U14, U16, 16+ CO-ED TRACK AND FIELD TEAMS
Day: 2 days a week and Saturday meets.
Year Groups: 5-13
Location: Sport field and Langepad track in Kralingen
Fee: €100-€600 (varies on location of tournament involving flights, hotel, transportation, etc.)

PRIVATE MUSIC LESSONS - EXTERNAL INSTRUCTORS

NAISR offers music lessons between 15:15 - 17:15. The lessons are one on one, for all ages/levels. Lessons are for 30, 45 or 60 minutes.

All our music teachers are professional teachers and musicians, who perform on stage and have a degree for music teaching.

Lesson prices:

30 minutes € 30,-

45 minutes € 40,-

60 minutes € 50,-

Private music lessons are currently paid directly to the music teacher.

Students who take lessons shall be invited to perform at two concerts during the year.

After School Music Performances 2025 will be held on:

February: Tuesday 18, Wednesday 19

May: Tuesday 20, Wednesday 21

Enquiries about music lessons may be made directly with the teachers listed below. Lesson times and locations will be co-ordinated by our Primary School Music Coordinator, Ms Rachel Drew

rachel.drew@naisr.nl.

MUSIC LESSON TEACHERS:



Aseo Friesacher
Piano

Aseo is a classical and jazz trained pianist from Vienna born in 1996. The half Japanese/Austrian talent has been awarded with multiple awards (1st price of the Podium Jazz Competition in Austria, Finalist of the Leiden Jazz Award 2021, 2nd prize at the Gexto Jazz Competition in 2022).

Since 2018 Aseo is based in the Netherlands and engaged in various projects and bands. He graduated from the Codarts Conservatoire in 2020 and received his master title with distinction at the Royal Conservatoire The Hague in 2022. Aseo is an experienced teacher and would help you to master any song you wish to play on the piano.

Teaching Days: Thursday

Contact: aseo.friesacher@hotmail.com



Alba Conejo Mangas
Violin

Alba is an internationally renowned violinist. After she got her degree in modern violin in Rotterdam under the guide of Gordan Nikolic, she perfected her craft with Ryo Terakado in Brussels and The Hague, completing her master's degree in historical violin.

Since 2015, Alba has been teaching violin at the prestigious Nord Anglia International School Rotterdam and the European School in The Hague. In her weekly one-hour group violin classes, students not only learn to play the violin but also develop teamwork, discipline, and concentration skills-essential qualities for their future success. Playing the violin is not just a mark of distinction but also a tool that enhances the overall development of children.

Alba has performed with Europe's most prestigious ensembles, including Forma Antiqua, Side by Side with the Orchestra of the 18th Century, Capella Maria Barbara, and Karlsson Baroque. She is a member of the Juliana String Quartet and leads her own project, Tono Divino, dedicated to rediscovering musical gems from Spain and Latin America.

For parents who seek the very best for their children, Alba offers an unparalleled musical education. Her classes combine artistic excellence with a nurturing and innovative teaching approach, ensuring that each child reaches their full potential. Enrol your child in violin classes with Alba and provide them with the opportunity to excel and shine in both music and life.

Teaching Days: Thursday

Contact: albaconejomangas@gmail.com



Lynda Boot
Piano, Flute, Recorder

Lynda Boot has been teaching in the After-School Music Program since 2013. She offers Piano, Flute and Recorder lessons, and in her lessons, students may be trained for the Associated Board for the graded Royal Schools of Music (ABRSM) practical and theory exams if so desired.

Lynda is a qualified teacher and has passed all of these exams herself, and has a Post Graduate Certificate in Music from the Open University, UK. Further, she has a very good connection with the school, having taught there for many years in the classroom, and always involved with most of the musical activities of the school.

Musical activities are Lynda's greatest hobby. She grew up surrounded by a family of musicians, and presently plays the flute in a concert band, which gives regular concerts in the Rijnmond area, and sometimes does trips to the sister towns in the UK and Germany. She enjoys teaching children of all ages, from the age of 5 upwards.

Teaching Days: Monday - Wednesday - Thursday - Friday

Contact: lynda.boot@naisr.nl



Jemma Barlett
Saxophone, Clarinet

Jemma is an enthusiastic saxophone and clarinet teacher with over 8 years of teaching experience. She has worked with a range of ages and experience levels in both group and individual settings. Her passion is to develop not only excellent technique and musical ability, but the multitude of skills that come with learning an instrument. These skills, (such as self-discipline, teamwork, creativity and confidence) enrich all areas of student life and are vital to the growth of young minds. She has a good sense of humor while maintaining an excellent standard of professionalism, a strong knowledge base and strives to create a personalised learning experience for every student.

Teaching Days: Tuesday - Friday

Contact: jemma.r.bartlett@gmail.com



Robin Eggers
Drums, Percussion

Robin is a German/English drummer and percussionist in Rotterdam. He is an experienced drum teacher and conservatory graduate.

He had his first drum lesson at the age of 7. He started percussion training in Germany, after which he continued his studies at the Royal Northern College of Music in Manchester. In 2014 he obtained his Masters degree at the Codarts Rotterdam Conservatory. Since living in the Netherlands he has been playing with various bands and ensembles, such as Slagwerk Den Haag, Asko-Schonberg Ensemble, Veenfabriek, Ensemble Klang, David Kwecksilber Big Band.

Are you looking for an enthusiastic drum teacher for your child? Or have you been playing for a while and want to learn specific techniques and need more knowledge and structure?

Drummers are coordination monsters! They can play different rhythms and sounds with our hands and feet at the same time - awesome! In Robin's lessons you will experience how you can improve and expand your coordination with, for example, different rudiments and polyrhythms, which will increase your versatility as a drummer.

Teaching Days: Monday

Contact: robinpercussion86@gmail.com



Carlos Cunha
Trumpet

Carlos is a Portuguese classical Trumpet player. He started to play the Trumpet at age 10 in the wind band of his home town. In 2012, after his studies in Portugal, he decided to study at The Royal Conservatoire of The Hague in The Netherlands where he finished both his Bachelor and Master degree cum laude with high distinction. Since he came to The Netherlands Carlos has had the opportunity to develop a large orchestral experience working regularly with orchestras and ensembles such as Netherlands Youth Orchestra, Rotterdam Philharmonic Orchestra, Orkest van Gelderland & Overijssel, Noord Netherlands Orkest, Het Balletorkest, Sinfonia Rotterdam, Residentie Orkest, Holland Symfonie Orkest, Ludwig Orchestra and Ensemble Klang. In 2015 Carlos was invited to play the famous second Trumpet concerto by André Jolivet with the Orchestra of The Royal Conservatoire of The Hague with a live broadcast for the Dutch Radio. Carlos was a Scholarship holder of The Royal Conservatoire of The Hague and SEM (Stichting Eigen Muziekinstrument). Currently Carlos is the principal Trumpet with Holland Symfonie Orkest and Soldaat van Oranje The Musical as well as the trumpet professor at The American School of The Hague and Nord Anglia International School Rotterdam.

Teaching Days: Monday

Contact: carlostrumpet20@gmail.com



Juan Gabriel Romano
Piano

Juan has been teaching piano for over 17 years now, and absolutely loves it. He graduated with a Master's degree in Music (Piano) from CODARTS University of the Arts (Rotterdam). His specialties as a performer are classical music and Argentinian tango.

In his piano lessons, he employs various teaching strategies to accommodate the unique learning styles of each student. He values diversity, empathy, and organized work. He firmly believes that everyone can learn to play the piano.

His lessons are available in English, Spanish and Italian.

Teaching Days: Monday

Contact: juangabr007@gmail.com



Miran Noh
Piano

Miran is a classical/Jazz pianist and a teacher from South Korea, graduated from Classical music in Korea and Jazz in Rotterdam. She has taught various ages for more than 10 years at educational places and private lessons. She is leading her project, "NOHMI" and released a debut album, "A Bird At the Edge" on 30 October with Zennez Record and had shows at So What's Next Festival 22, Injazz 23(Bimhuis), North Sea Jazz Festival 23, Avignon Jazz festival 23, Make It Jazz festival 23(Paradox).

Teaching Days: Tuesday

Contact: jazydanomi@gmail.com



Anita Petruescu
Voice

Anita grew up in an artistic environment and pursued a musical education. She graduated from her Bachelor studies in Romania and completed a Master research thesis in jazz improvisation in the Netherlands. Constantly preoccupied with vocal sound, she explored over the years pop and classical singing techniques. Currently she is an active musician, singer and composer, on the jazz scene in Rotterdam. She would be happy to share with her students some of the knowledge and musical experience she gained over the years: pop and jazz singing, vocal technique training and ways to improve as a performer. Whether you would like to have a first encounter with singing, you are a music enthusiast or already a skilled musician, she is looking forward to guiding you towards your goal!

Teaching Days: Wednesday - Thursday

Contact: anitapetruescu@gmail.com

Please Note: At NAISR, we also encourage parents and staff to utilise the music instructors (a small additional fee will be applicable for persons 21+ due to VAT laws).

AFTER-SCHOOL (BSO) AND HOLIDAY CARE

Funtazia Child Care runs an out-of-school hours care service for students (ages 4-12). This service includes care for your children both after school (BSO) and during school holidays. The out-of-school care programme offers children a fun, stimulating, and safe environment that includes a wide variety of supervised activities such as: sports

and games, art, music, cooking, workshops and trips.

For more information or to register your child for after school or holiday care, please contact the Funtazia BSO team at bso@funtazia.nl.

Hours and Fees 2024-2025:

AFTER SCHOOL CARE HOURS & TUITION FEES (DAILY)		
After School Care	15:00 - 18:30	€ 31,50
Early Dismissal Short	12:00 - 15:30	€ 31,50
Early Dismissal Long	12:00 - 18:30	€ 58,50
SCHOOL HOLIDAY CARE TUITION HOURS		
Full Day	8:00-17:00/18:30	€ 81,00/ € 94,50

*Please note there will be a slight fee increase as of 01/01/2025.

Parents will not be charged for the time that their children are registered at BSO and at the same time taking part in a NAISR invoiced activity. **This policy does not currently apply to fully external activities such as music lessons.**

Please note: Incidental BSO is only available to clients who are registered to the BSO for the whole year and only if there is available capacity for the additional requested days. Holiday care is available to both BSO registered and non BSO registered children.

REGISTRATION FOR AFTER SCHOOL ACTIVITIES AND SKILL DEVELOPMENT SESSIONS

The following link to our online registration form will allow you to register for most of the after school Clubs and Skill Development Sessions.

Please ensure that you have read through this Co-curricular Handbook carefully before registering for our after school activities via the link below:

[REGISTER HERE](#)

The deadline for online registrations is **Sunday, 15th December 2024.**

Please complete a new form for each child.

There is a maximum number allowance of students for certain activities, so our co-curricular programme runs on a first-come, first-served basis. In some cases, there may also be a minimum number of participants required to run a particular SDS, club or activity. Some SDS, clubs, or activities may not run if the minimum number of participants is not reached.

Confirmation emails and invoices for activities paid via NAISR will be sent out as soon as possible.

Most activities will begin the week of **13th January 2024.**

Where invoices for school year 2023-2024 are outstanding, children will not be placed for school year 2024-2025 activities. Please pay all outstanding invoices before registering for activities.

If you have any questions about our co-curricular Programme, please do not hesitate to contact oskar.lepage@naisr.nl.



NORD ANGLIA
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ROTTERDAM