

NAISR CO-CURRICULAR PROGRAMME

2024 Term 2



NORD ANGLIA
INTERNATIONAL SCHOOL
ROTTERDAM

CONTENTS

Overview	3
Terms & Conditions	9
Activity Overview	10
Activities & Tutoring	
Monday	11
Tuesday	16
Wednesday	20
Thursday	24
Friday	26
Additional activities and clubs	28
Skill Development Sessions (SDS)	30
Parent Volunteers	31
Athletics	32
Music	34
After School and Holiday Care	35
Online Registration Form	36

OVERVIEW

Nord Anglia International School Rotterdam (NAISR) offers an excellent co-curricular programme.

Students are given opportunities to participate in a variety of clubs and activities, join a number of sports teams, develop skills in key areas and participate in musical endeavours.

Several after-school activities operate throughout the year running between **August 28, 2023** and **June 6, 2024**. Some activities will run as short courses for a fixed number of weeks at different times throughout the year. Team sports are seasonal, more information can be found regarding each activity further in this handbook.

Session time slots are as follows:

Session 1 - 15:15 to 16:15

Session 2 - 16:15 to 17:15

Local, non-NAISR students are also allowed the opportunity to participate in our after school activities. So, feel free to invite your friends and neighbours to register. Priority for places will be given to NAISR students and some activities will remain for NAISR students only.

Details on when and how activities will run and who may join can be found on the Activities and Tutoring pages.

ACTIVITIES AND SKILL DEVELOPMENT SESSIONS

Activities are opportunities for students to have fun while promoting learning and social engagement.

Activities are designed to help students explore their passions and meet other students. Details of each activity including minimum numbers of students necessary for an activity to run, the maximum number of students permitted per activity, cost etc. can be found per activity on the Activities and Tutoring pages.

Skill Development Sessions (SDS) are formal after school tutorials where students gain additional, regular support in a specific academic area. Private lessons provide one-to-one instruction, while group sessions provide support for three plus students.

ATHLETICS

NAISR offers opportunities for students to participate in an inter-school athletics programme. NAISR teams compete against teams from other international schools in the Netherlands, Germany, Denmark, Sweden, Norway, Belgium, and Luxembourg. For any questions you may have regarding sports at NAISR, please contact the Athletics Director at stuart.brown@naisr.nl.

MUSIC LESSONS

NAISR offers both NAISR-run music opportunities, such as the band or orchestra, and can also facilitate private music lessons with an external instructor. The individual instrumental lessons help students to develop their knowledge of a specific instrument, helping them to master skills and techniques for solo and ensemble performances. The Music department organises shows and concerts for both soloists and ensembles, allowing students to gain experience in live performance. For any questions you may have regarding band and orchestra at NAISR please contact our Secondary School Music Coordinator vito.fiume@naisr.nl and for private music lessons, please contact our Primary School Music Coordinator joris.vanbeek@naisr.nl.

AFTER-SCHOOL AND HOLIDAY CARE

Funtazia offers after-school care (BSO) and Holiday care for students from age four to/and including twelve. The after-school care programme provides structured activities for NAISR students on the NAISR campus. For more information or to request places in the BSO please contact bsa@funtazia.nl. When children registered to the BSO also participate in after school activities the BSO fee is waived for the sessions that they participate in the after school activity. This way parents are not double charged for activities and/or care taking place out of school hours.

2023-2024 LESSON DATES

For additional lesson date information and for dates of short courses please consult the individual activity information.

MONDAY

TERM 1		TERM 2		
August - Autumn break 28 Aug - 13 Oct	Autumn break - Winter break 23 Oct – 8 Dec	Winter break - Spring break 9 Jan - 15 Feb	Spring break - Easter break 26 Feb - 27 March	Easter break - Summer 8 April - 6 June
28 Aug 4 Sept 11 Sept 18 Sept 25 Sept 2 Oct 9 Oct	23 Oct 30 Oct 6 Nov 13 Nov 20 Nov 27 Nov 4 Dec	15 Jan 22 Jan 29 Jan 5 Feb 12 Feb	26 Feb 4 March 11 March 18 March 25 March	8 April 15 April 22 April 6 May 13 May 27 May 3 June

TUESDAY

TERM 1		TERM 2		
August - Autumn break 28 Aug - 13 Oct	Autumn break - Winter break 23 Oct – 8 Dec	Winter break - Spring break 9 Jan - 15 Feb	Spring break - Easter break 26 Feb - 27 March	Easter break - Summer 8 April - 6 June
29 Aug 5 Sept 12 Sept 19 Sept 26 Sept 3 Oct 10 Oct	24 Oct 31 Oct 7 Nov 14 Nov 21 Nov 28 Nov 5 Dec	9 Jan 16 Jan 23 Jan 30 Jan 6 Feb 13 Feb	27 Feb 5 March 12 March 19 March 26 March	9 April 16 April 23 April 30 April 7 May 14 May 21 May 28 May 4 June

WEDNESDAY

TERM 1		TERM 2		
August - Autumn break 28 Aug - 13 Oct	Autumn break - Winter break 23 Oct – 8 Dec	Winter break - Spring break 9 Jan - 15 Feb	Spring break - Easter break 26 Feb - 27 March	Easter break - Summer 8 April - 6 June
30 Aug 6 Sept 13 Sept 27 Sept 4 Oct	25 Oct 1 Nov 8 Nov 15 Nov 22 Nov 29 Nov 6 Dec	10 Jan 17 Jan 24 Jan 31 Jan 7 Feb 14 Feb	28 Feb 6 March 13 March 27 March	10 April 17 April 24 April 1 May 8 May 15 May 22 May 29 May 5 June

THURSDAY

TERM 1		TERM 2		
August - Autumn break 28 Aug - 13 Oct	Autumn break - Winter break 23 Oct – 8 Dec	Winter break - Spring break 9 Jan - 15 Feb	Spring break - Easter break 26 Feb - 27 March	Easter break - Summer 8 April - 6 June
31 Aug 7 Sept 14 Sept 21 Sept 28 Sept 5 Oct 12 Oct	26 Oct 2 Nov 9 Nov 16 Nov 23 Nov 30 Nov 7 Dec	11 Jan 18 Jan 25 Jan 1 Feb 8 Feb 15 Feb	29 Feb 7 March 14 March	11 April 18 April 25 April 2 May 16 May 23 May 30 May 6 June

FRIDAY

TERM 1		TERM 2		
August - Autumn break 28 Aug - 13 Oct	Autumn break - Winter break 23 Oct – 8 Dec	Winter break - Spring break 9 Jan - 15 Feb	Spring break - Easter break 26 Feb - 27 March	Easter break - Summer 8 April - 6 June
1 Sept 8 Sept 15 Sept 22 Sept 29 Sept 6 Oct 13 Oct	27 Oct 10 Nov 17 Nov 24 Nov 1 Dec 8 Dec	12 Jan 19 Jan 26 Jan 2 Feb 9 Feb	1 March 8 March 15 March 22 March	12 April 19 April 26 April 3 May 17 May

Please note: there are no after school activities scheduled during the last week before the winter break (11-15 December) or the last week of the school year (10-13 June). Additionally we do our best not to schedule activities on days that NAISR community events will be held, but please understand that additional NAISR events may be scheduled during the school year which may coincide with after school activities. After school activities will proceed on these additional days.

TYPES OF ACTIVITY

After school activities at NAISR can be divided into three categories.

1. Free activities: A limited number of activities are free to students. Students still need to register for these activities however there will be no fee.
2. NAISR-invoiced activities: These are activities where NAISR will invoice parents for the costs of the activity. Parents will be invoiced per term, per year or, in the case of a short course, before the course starts. Payment must be received before a child can start an activity.
3. Directly to the activity provider: For a limited number of activities payment will be made directly to the activity provider. Each activity provider will decide how and when payment must be made.

INVOICE DETAILS

To make any special invoicing requests or to confirm company details etc. please email our finance officer, mihai.miron@naistr.nl.

ONLINE REGISTRATIONS

Sign-ups for all free and NAISR-invoiced after school activities will be done digitally via the link found on the last page of this handbook. This link will allow you to register for all free and NAISR-invoiced activities and Skill Development Sessions.

There is a maximum number allowance of students for certain activities, so our co-curricular programme runs on a first-come, first-served

basis. Priority for places will be given to NAISR students. The deadline for online registrations for term 2 is **Saturday, 23 December 2023**. The online form is not intended for activities that are paid directly to the activity provider. If you are interested in any of these activities please contact the respective coordinator directly. Details can be found per activity on the Activities and Tutoring pages.

SIGNING UP AFTER THE DEADLINE

If you would like to register for a free or NAISR-invoiced after school activity after the registration deadline noted above has elapsed, please contact marie.putter@naistr.nl directly for more information on availability.

SUPERVISION FOR AFTER SCHOOL ACTIVITIES

Year 1-6 students participating in session 1 after school activities will be taken or sent (age depending) from their classrooms at 15:05 to the pick-up point (cafeteria) where there will be supervision. Children will be collected by the activity leader at the start of the activity (15:15) and taken to the activity. At the end of the session (16:15) they will be returned to the cafeteria where they will either be collected by the BSO, the activity leader for the subsequent activity or collected by their parents.

Year 1-6 students who are participating only in session 2 activities need to be supervised by a parent or guardian between 15:05 and 16:15 until their session 2 activity begins. Alternatively parents may request a place for their child in the BSO.

At the end of session 2 (16:15) students will be returned to the cafeteria where they will be collected by their parents or the BSO.

Instructors for all activities will have attendance sheets. If there is a discrepancy the instructor will inform the front office who will contact the parents.

Students are permitted to eat a small snack at the pick-up point while waiting to be collected for their activity. Please provide children with a snack from home, primary children will not be permitted to purchase snacks from the cafeteria.

Please note: Children in years 1-6 are to be supervised at all times, students are not permitted to wait in the cafeteria, playground or any other campus location without a parent or guardian present.

SUPERVISION AFTER SCHOOL FOR AFTER SCHOOL CARE (BSO)

Year 1-6 students attending BSO will be sent or taken (age depending) from their classrooms at 15:05 to the cafeteria where the BSO supervisors will be waiting to receive them. BSO children will together enjoy a snack provided by the BSO before going to the BSO Home room.

Children attending BSO who are also participating in after school activities will be collected by the

activity leader at the start of the activity (either at 15:15 or 16:15) and taken to the activity. At the end of the session (16:15 or 17:15) they will be either returned to the cafeteria where they will be collected by a BSO staff member if they are continuing to attend BSO, or handed to parents in the cafeteria.

SCHOOL CLOSING

With the exception of Funtazia day care and BSO the school building will be closed to all parents and students after 17:30 on Monday to Thursday and 16:30 on Fridays.

BUS SERVICES

There are no late buses available after co-curricular activities at this time.

TERMS AND CONDITIONS

Students may join most of the activities and Skill Development Sessions at any time during the school year if space is available and fees will be pro-rated on a month-by-month basis, not on a session-by-session basis. Short courses can only be attended for the full course.

All NAISR after-school activities will be held on full school days only. Activities that fall on a holiday or half day will not be scheduled. There will

also be no after school activities during the last week before the winter break and the last week before the summer break. We do our best not to schedule activities on days that NAISR community events will be held, but please understand that additional NAISR events may be scheduled during the school year which may coincide with after school activities. Activities will proceed on these additional days.

CANCELLED/RESCHEDULED LESSONS

If a NAISR-invoiced activity instructor becomes unavailable due to sickness, etc., and it is not possible to arrange a substitute or cover teacher parents may be eligible for a refund for the missed lesson(s).

Any lessons missed by the student will not be refunded.

In the situation where the activity is paid directly by parents to the activity provider the agreement for missed lessons will be made directly between parents and the activity provider.

Other than for cancelled lessons NAISR-invoiced after-school activity fees are non-refundable.

Where possible After School Activities are not scheduled on the same days as NAISR community events. The After School Activity schedule is planned according to the events schedule known at the beginning of the school year. It is possible that additional community events are planned

throughout the course of the school year and that After School Activities and these additional community events may overlap. In this instance there are no refunds where a child chooses to attend a community event instead of the After School Activity they are registered for.

In some cases, there may be a minimum number of participants required to run a particular Skills Development Session or activity. Some Skills Development Sessions or activities may not run if the required number of participants is not reached.

Parents will be informed if requested activities will run and confirmation emails will be sent.

Where invoices for previous activities are outstanding children will not be placed for new activities.

To make any special invoicing requests or to confirm company details etc. please email our finance officer, mihai.miron@naisr.nl.

ACTIVITY OVERVIEW

After school activities Term 2

 Primary
 Secondary
 Day to be confirmed

Monday lunch	Tuesday lunch 12:45 - 13:30	Wednesday lunch 12:45 - 13:30	Thursday lunch 12:45 - 13:30	Friday lunch
	School newspaper (ages 13-18)	Kindness Club (ages 13-18)		

Monday 15:15-16:15	Tuesday 15:15-16:15	Wednesday 15:15-16:15	Thursday 15:15-16:15	Friday 15:15-16:15
Self defence (ages 4-12)	Mini Sharks Playball (ages 4-7)	Junior sharks Fitness (ages 8-14)	Ballroom Dance sport (ages 4-12)	Junior sharks Basketball (ages 8-18)
		Junior sharks Fitness (ages 8-14)		Junior sharks Basketball (ages 8-18)
Culinary Kids (ages 6-12)	Green Fingers Gardening (ages 4-12)	Theatre club (ages 6-10)	Mini Sharks Super kids (ages 4-7)	MAD-Science (ages 4-7)
Brilliant Brushes (ages 4-7)	Dutch Wizards (ages 6-12)		LEGO Building Club (ages 6-12)	MAD-Science (Ages 8-12)
First Aid (ages 7+)	Irish Dancing (ages 8-14)			Chess (ages 4-14)
First Aid (ages 7+)	Irish Dancing (ages 8-14)			Chess (ages 4-14)
Eco Club (ages 14-18)	NAISR School Band (ages 11-18)	NAISR School Orchestra (ages 11-18)	Brilliant Brushes (ages 12-18)	
	U16 Boys basketball	U14 Girls Volleyball	U16 Boys basketball	U14 Girls Volleyball
Junior Sharks Football (ages 8-14)	Number Ninjas Maths	Number Ninjas Maths		
Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons

Monday 16:15-17:15	Tuesday 16:15-17:15	Wednesday 16:15-17:15	Thursday 16:15-17:15	Friday 16:15 - 17:15
Self defence (ages 8-14)	U16 Boys basketball	U14 Girls Volleyball	U16 Boys basketball	U14 Girls Volleyball
Self defence (ages 8-14)				
Culinary Kids (ages 6-12)	Green Fingers Gardening (4-12)	Sewing (ages 7-18)	LEGO Building Club (ages 6-12)	
		Sewing (ages 7-18)		
Brilliant Brushes (ages 8-12)		Theatre club (ages 11-16)		
	Number Ninjas Maths	Number Ninjas Maths		
Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons	Individual music lessons

MONDAY ACTIVITIES

Session 1 (15:15 - 16:15)

ECO Club		Ages 14-18 15:15 - 16:15
Supervisor: Soul Robertson		Location: Language wing
In the Eco club students will work together to help the school improve from an ecology and sustainability perspective. This will include working with school representatives to enact positive change and educating students on the topic.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: This group meets bi-weekly and/or on a project by project basis.		
Additional information: This activity is for year 10-13 NAISR students only.		

SELF DEFENCE		Ages 4-12 15:15 - 16:15
Instructor: Rob Salm		Location: Gym
During the lessons students improve their fitness, practice different self defence techniques and styles, and learn to spar with respect for each other.		
The atmosphere of togetherness and respect offers the children the space to train at their own level and to become stronger and more resilient both physically and mentally.		
Minimum number of students: 10	Maximum number of students: 15	
Cost for term 2: €195	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar.		
Necessary equipment: Flexible, loose, gym clothing		
Additional information: This activity is also open to non NAISR students.		

FIRST AID FOR CHILDREN		Ages 7+ 15:15 - 16:15
Instructor: Linda Malley		Location: Room 123
Over the course of 4 lessons children will learn the basics of first aid including the recovery position, choking, cuts and bruises, bandaging techniques, knocks and falls, etc. The lessons are specifically geared to children and teenagers and taught at an appropriate level using lots of visual aids and hands on participation.		
Minimum number of students: 8	Maximum number of students: 14	
Cost for term 2: €45 for the complete course	Method of payment: NAISR invoices parents	
Course dates: 15, 22, 29 January & 5 February		
Necessary equipment: N/A		
Additional information: An officially recognized certificate can be arranged at additional cost for interested students. This activity is also open to non NAISR students. (NAISR students will have priority)		

BRILLIANT BRUSHES PRIMARY		Ages 4-7 15:15 - 16:15
Instructor: Shirley-Ann Benda		Location: Art Academy
An art club where children are encouraged to develop their natural creative abilities. The emphasis is on having fun, learning some art skills and trying new things. Children are encouraged to develop their creativity, trying out everything from painting, drawing, collage, papier-maché to sculpture, clay work, and more.		
Minimum number of students: 5	Maximum number of students: 10	
Cost for term 2: €160	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar. During the month of March the lessons will be held in the STEAM room as the Art Academy will be being used by IB students to prepare for their IB exams.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

CULINARY KIDS COOKING CLUB		Ages 6-12 15:15 - 16:15
Instructor: Marcela Batalha		Location: Staff Room
Culinary Kids will introduce children to basic cooking skills, and the importance of healthy choices. Children will be encouraged to experience the joy of cooking using different techniques and a variety of ingredients and recipes. They will learn to use equipment carefully, to think about the ingredients they are using giving children confidence and knowledge about food preparation, cooking and presenting. It goes without saying that students will be able to eat and/or bring home the things they make in class.		
Minimum number of students: 5	Maximum number of students: 10	
Cost for term 2: €205	Method of payment: NAISR invoices parents	
Course dates: Term 2, See ASA calendar.		
Necessary equipment: N/A		
Additional information: Children will work with plastic knives only. This activity is for NAISR students only.		

JUNIOR SHARKS FOOTBALL		Ages 8-14 15:15 - 16:15
Instructor: TBC		Location: Gym
A relaxed football club that encourages students to develop skills in a fun, structured and safe environment. Participants will practice basic techniques, drills, fun games and small sided matches etc.		
Minimum number of students: 5	Maximum number of students: 16	
Cost for term 2: €170	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students. It is not yet confirmed whether the coach will be available for this club. Please register your interest for this activity and we will confirm as soon as possible if it is able to continue.		

Session 2 (16:15 - 17:15)

SELF DEFENCE		Ages 8-14 16:15 - 17:15
Instructor: Rob Salm		Location: Gym
During the lessons students improve their fitness, practice different self defence techniques and styles, and learn to spar with respect for each other. The atmosphere of togetherness and respect offers the children the space to train at their own level and to become stronger and more resilient both physically and mentally.		
Minimum number of students: 10	Maximum number of students: 15	
Cost for term 2: €195	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar.		
Necessary equipment: Flexible, loose, gym clothing		
Additional information: This activity is also open to non NAISR students.		

BRILLIANT BRUSHES PRIMARY		Ages 8-12 16:15 - 17:15
Instructor: Shirley-Ann Benda		Location: Art Academy
An art club where children are encouraged to develop their natural creative abilities, practice new artistic techniques and learn about art history and professional artists. The emphasis is on having fun, learning some art skills and trying new things. Children are encouraged to develop their creativity, trying out everything from painting, drawing, collage, papier-maché to sculpture, clay work, and more.		
Minimum number of students: 5	Maximum number of students: 10	
Cost for term 2: €160	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar. During the month of March the lessons will be held in the STEAM room as the Art Academy will be being used by IB students to prepare for their IB exams.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

CULINARY KIDS COOKING CLUB		Ages 6-12 16:15 - 17:15
Instructor: Marcela Batalha		Location: Staff Room
Culinary Kids will introduce children to basic cooking skills, and the importance of healthy choices. Children will be encouraged to experience the joy of cooking using different techniques and a variety of ingredients and recipes. They will learn to use equipment carefully, to think about the ingredients they are using giving children confidence and knowledge about food preparation, cooking and presenting. It goes without saying that students will be able to eat and/or bring home the things they make in class.		
Minimum number of students: 5		Maximum number of students: 10
Cost for term 2: €205		Method of payment: NAISR invoices parents
Course dates: Term 2, See ASA calendar.		
Necessary equipment: N/A		
Additional information: Children will work with plastic knives only. This activity is for NAISR students only.		

TUESDAY ACTIVITIES

Lunchtime activity (12:45-13:30)

SCHOOL NEWSPAPER		Ages 13-18 12:45 - 13:30
Instructor: Mrs Terisa Cunha		Room 123
Students will develop and create a student news source that will be published throughout the year. Students will work on various aspects of journalism such as writing, photography, editing and layout to create a fun and informative news source for the student population.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: Full year. See ASA calendar.		
Additional information: This activity is for year 9-13 NAISR students only. This club is looking for a new parent or teacher to lead the club for school year 2024-2025. If you are interested and would like to attend a couple of lessons this term to learn more please contact marie.putter@naisr.nl		

Session 1 (15:15 - 16:15)

MINI SHARKS PLAYBALL		Ages 4-7 15:15 - 16:15
Instructor: Carly Hinds		Location: Gym
<p>Playball helps children develop fundamental building blocks of sport, agility balance and coordination, as well as the three key elements of physical fitness - endurance, strength and flexibility. Students receive progress report cards twice a year.</p> <p>The Playball program follows a holistic approach and offers learning opportunities and experiences relating to the cognitive, physical, social and emotional development of the child. Playball takes advantage of developmental windows of opportunity by providing a wide range of suitable movement skills and physical activities in a safe and secure environment - perfect for optimal learning!</p>		
Minimum number of students: 10	Maximum number of students: 10	
Cost for term 2: €200	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar.		
Necessary equipment: Gym clothes are required. Indoor gym shoes are requested for in the gymnasium.		
Additional information: Playball has a student to teacher ratio of 1-10. After the first 10 students have enrolled a waiting list will be created until enough students have enrolled for a second teacher and a second teacher is available. This activity is also open to non NAISR students.		

GREEN FINGERS GARDENING CLUB

Ages 4-12

15:15 - 16:15

Instructor: Marcela Batalha

Location: Room 123/Outdoors

This hands-on, sustainable club will use recycled materials and eco-friendly methods to teach children more about gardening. Activities could include everything from microgreens to making fat feeders for birds. Children will learn about plant identification, how to plant and take care of plants as well as discover about the important role of insects and birds. What is the journey a cucumber takes before it gets to the supermarket and then ends up on your plate? What is composting? What's the difference between a plant and a weed? Join this club to get answers to these questions and so many more.

Minimum number of students: 3

Maximum number of students: 10

Cost for term 2: €60

Method of payment: NAISR invoices parents

Course dates: Term 2. See ASA calendar

Necessary equipment: Old shirt or apron that can get a little dirty

Additional information: This activity is for NAISR students only.

NAISR SCHOOL BAND

Ages 11-18

15:15 - 16:15

Instructor: Vito Fiume

Location: TBC

The NAISR School Band is open to any Secondary School student who has at least 2 years prior experience on his or her band instrument and wishes to play in a group setting. The ability to read music is essential.

The student is strongly advised to take private lessons to enhance their performance in band. We will be playing a varied repertoire including jazz standards, big band arrangements and rock/pop music.

Minimum number of students: N/A

Maximum number of students: N/A

Cost: No fee

Method of payment: N/A

Course dates: Full year. See ASA calendar.

Necessary equipment: Instrument

Additional information: Talented students who are younger than 11 (year 7) or who have been playing for less than 2 years may contact Mr Vito Fiume who will arrange a time to assess their music ability to see if they are able to join the NAISR band. This activity is for NAISR students only.

IRISH DANCING

Ages 8-14

15:15 - 16:15

Instructor: Savannah van Wingerden

Location: Former IB lounge

A short introduction to Irish dancing course. Learn some of the techniques of Irish dance such as the Reel, Light Jig and Slip Jig having a lot of fun in the process.

Minimum number of students: 4

Maximum number of students: 8

Cost: €40 for the entire course

Method of payment: NAISR invoices parents

Course dates: 16, 23, 30 January, 6 February

Necessary equipment: Students may dance in socks, bare feet or simple dance/gymnastic shoes.

Additional information: If the course is successful there may be the possibility to continue the lessons until the end of the school year. This activity is open to NAISR students only.

DUTCH WIZARDS

Ages 6-12

15:15 - 16:15

Instructor: Ayse Metin

Room: 127

Dutch Wizards is an after school club focusing on beginner Dutch language skills and Dutch culture for children who wish to practise a bit more outside the school environment and learn about all things typically Dutch. Children are exposed to the Dutch language through play, learning new vocabulary while doing various activities such as arts and crafts and through playing typically Dutch games. Children will also learn about different aspects of Dutch culture and traditions.

Minimum number of students: 5

Maximum number of students: 10

Cost: €155

Method of payment: NAISR invoices parents

Course dates: Term 2. See ASA calendar.

Necessary equipment: N/A

Additional information: This activity is open to NAISR students only.

Session 2 (16:15 - 17:15)

GREEN FINGERS GARDENING CLUB		Ages 4-12 16:15 - 17:15
Instructor: Marcela Batalha		Location: Room 123/Outdoors
<p>This hands-on, sustainable club will use recycled materials and eco-friendly methods to teach children more about gardening. Activities could include everything from microgreens to making fat feeders for birds. Children will learn about plant identification, how to plant and take care of plants as well as discover about the important role of insects and birds. What is the journey a cucumber takes before it gets to the supermarket and then ends up on your plate? What is composting? What's the difference between a plant and a weed? Join this club to get answers to these questions and so many more.</p>		
Minimum number of students: 3		Maximum number of students: 10
Cost for term 2: €60		Method of payment: NAISR invoices parents
Course dates: Term 2. See ASA calendar		
Necessary equipment: Old shirt or apron that can get a little dirty		
Additional information: This activity is for NAISR students only.		

WEDNESDAY ACTIVITIES

Lunchtime activity (12:45-13:30)

KINDNESS CLUB		Ages 13-18 12:45 - 13:30
Instructor: Terisa Cunha		Room 123
In Kindness Club, students will help others by coming up with ideas for, planning and carrying out service projects within the school, local or global community.		
Minimum number of students: 2	Maximum number of students: N/A	
Cost: No fee	Method of payment: N/A	
Course dates: Full year. See ASA calendar.		
Additional information: This activity is for year 9-13 NAISR students only. This club is looking for a new parent or teacher to lead the club for school year 2024-2025. If you are interested and would like to attend a couple of lessons this term to learn more please contact marie.putter@naisr.nl		

Session 1 (15:15 - 16:15)

THEATRE CLUB		Ages 6-10 15:15 - 16:15
Instructor: Alecia Daniels		Location: Room 123
<p>Theatre club is designed to engage students in the performing arts and theater. Students will learn</p> <ul style="list-style-type: none">• acting and presentation skills• creative thinking• public speaking• improvisation• skills for writing poems and plays• work on building sets• and much more <p>These skills will be taught and learned using a combination of instruction through dance routines, theatre sports and games.</p>		
Minimum number of students: 10	Maximum number of students: 15	
Cost for term 2: €260	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

JUNIOR SHARKS – FITNESS CLUB

Ages 8-14

15:15 - 16:15

Instructor: Stuart Brown

Location: Gym

The Fitness Club will offer various core moves and we will work on our fitness in a fun way with music, while developing foundational fitness moves and playing fun games.

Minimum number of students: 5

Maximum number of students: 20

Cost for term 2: €160

Method of payment: NAISR invoices parents

Course dates: Term 2. See ASA calendar.

Necessary equipment: Gym clothes are required. Indoor gym shoes are requested for in the gymnasium.

Additional information: This activity is also open to non NAISR students.

NAISR SCHOOL ORCHESTRA

Ages 11-18

15:15 - 16:15

Instructor: Vito Fiume

Location: Room 127

The NAISR School Orchestra is open to any Secondary School instrumentalist who has at least 2 years prior experience on his or her orchestral instrument and wishes to play in a group setting. The ability to read music is essential.

The student is strongly advised to take private lessons to enhance their performance in orchestra. We will play a varied repertoire including classical pieces, jazz standards and movie scores.

Minimum number of students: N/A

Maximum number of students: N/A

Cost: No fee

Method of payment: N/A

Course dates: Full year. See ASA calendar.

Necessary equipment: Instrument

Additional information: Talented students who are younger than 11 (year 7) or who have been playing for less than 2 years may contact Mr Vito Fiume who will arrange a time to assess their music ability to see if they are able to join NAISR Orchestra. This activity is for NAISR students only.

Session 2 (16:15 - 17:15)

THEATRE CLUB		Ages 11-16 16:15 - 17:15
Instructor: Alecia Daniels		Location: Room 123
<p>Theatre club is designed to engage students in the performing arts and theater. Students will learn</p> <ul style="list-style-type: none"> • acting and presentation skills • creative thinking • public speaking • improvisation • skills for writing poems and plays • work on building sets • and much more <p>These skills will be taught and learned using a combination of instruction through dance routines, theatre sports and games.</p>		
Minimum number of students: 5		Maximum number of students: 15
Cost for term 2: €260		Method of payment: NAISR invoices parents
Course dates: Term 2. See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

THE SEWING CORNER		Ages 7-18 16:15 - 17:15
Instructor: Yvette Epping		Location: STEAM Lab
<p>New students will be taught the basics while returning students will be able to continue with more complex projects. Children start by learning how a sewing machine actually works, how to go backwards or around a corner, how to properly cut fabric, for example.</p> <p>Children work on sewing machines and overlock machines. All other sewing materials such as scissors, pins, thread, fabrics, haberdashery and patterns are also available. Children don't need to bring anything themselves but if they have a nice pattern or fabric/ribbon at home that they would like to make something out of, they can of course always take it with them.</p>		
Minimum number of students: 7		Maximum number of students: 10
Cost for term 2: €245		Method of payment: NAISR invoices parents
Course dates: Term 2. See ASA calendar.		
Necessary equipment: The lessons include all necessary materials.		
<p>Additional information: Both new and returning students are welcome to register for this activity.</p> <p>This activity is also open to non NAISR students.</p>		

THURSDAY

ACTIVITIES

Session 1 (15:15 - 16:15)

BALLROOM DANCE SPORT		Ages 4-12 15:15 - 16:15
Instructor: Brian Noltén		Location: Room 123
<p>Step in the world of Glitter 'n Glamour and Dance like a Star as in Dancing with the Stars! An awesome Samba, mesmerizing Waltz, captivating Jive, stunning Tango, exciting Cha Cha Cha or sparkling Quickstep. Students will learn it all, and more, in our Ballroom Standard and Latin Dance Sport club. Our class helps to improve body-posture, balance and coordination, overall strength, develops a great feeling for artistry, rhythm and music and teaches about etiquette and team-work. We start with the basics and each week we learn new steps. At the end of the season students can dance full choreographies in pairs and test their skills in our Diploma Dance Show for the parents to come and see!</p>		
Minimum number of students: 5		Maximum number of students: 16
Cost for term 2: €190		Method of payment: NAISR invoices parents
Course dates: Term 2. See ASA calendar.		
Necessary equipment: Gym clothes are required. Indoor gym shoes are requested.		
<p>Additional information: Both new and returning students are welcome to register for this activity. New students will be taught the basics while returning students will be able to continue with more complex moves and work towards their silver dance diploma. This activity is also open to non NAISR students.</p>		

MINI SHARKS - SUPER KIDS

Ages 4-6/7

15:15 - 16:15

Instructor: Samantha Rutgers

Location: Foundation classroom

Super kids is a fun, multi-activity after school club for our youngest students. Activities may include arts and craft projects, party games, building projects, dance competitions, science experiments etc.

Minimum number of students: 5

Maximum number of students: 10

Cost for term 2: €160

Method of payment: NAISR invoices parents

Course dates: Term 2. See ASA calendar.

Necessary equipment: N/A

Additional information: This activity is open to NAISR students only.

LEGO CREATIVE BUILDING CLUB

Ages 6-12

15:15 - 16:15

Instructor: Victor van den Berg

Location: STEAM Lab

A fun and creative non-academic after school club focusing on creative LEGO building. Children will work on solo as well as group building projects which allow them to use their creative and imaginative skills while being stimulated and guided by a professional LEGO builder. The club year will be split into themes. Each theme will last 5-6 weeks.

Minimum number of students: 10

Maximum number of students: 12

Cost for term 2: €285 + €100
(LEGO that the student may keep)

Method of payment: NAISR invoices parents

Course dates: Term 2

Theme 1: 11, 18, 25 January, 1, 8, 15 February - Treasure Maze

Theme 2: 29 February, 7, 14 March, 11, 18, 25 April - Dream Creatures, Dragons & Avatars

Theme 3: 2, 16, 23, 30 May, 6 June - Beautiful buildings, build a neighborhood together

Necessary equipment: Part of the cost of this course covers the cost of the necessary creative LEGO pieces. The LEGO will remain at school for the duration of the course. At the end of the course the LEGO is the student's to keep.

Additional information: To view images of some of Victor's work

<https://www.flickr.com/photos/187013959@N02/> This activity is also open to non-NAISR students.

BRILLIANT BRUSHES SECONDARY

Ages 13-18

15:15 - 16:15

Instructor: Nicoletta Unghiatti

Location: Art Academy

An art club where secondary students are encouraged to develop their natural creative abilities, practice new artistic techniques and learn about art history and professional artists. The emphasis is on having fun, learning some new art techniques and building on the skills taught at school during art lessons.

Minimum number of students: 5

Maximum number of students: 10

Cost for term 2: €160

Method of payment: NAISR invoices parents

Course dates: Term 2. See ASA calendar. There will be no lessons during the month of March as IB art students will need full use of the art space and art teacher to prepare for their IB exams.

Necessary equipment: N/A

Additional information: This activity is also open to non NAISR students.

Session 2 (16:15 - 17:15):

LEGO CREATIVE BUILDING CLUB

Ages 6-12

16:15 - 17:15

Instructor: Victor van den Berg

Location: STEAM Lab

A fun and creative non-academic after school club focusing on creative LEGO building. Children will work on solo as well as group building projects which allow them to use their creative and imaginative skills while being stimulated and guided by a professional LEGO builder. The club year will be split into themes. Each theme will last 5-6 weeks.

Minimum number of students: 10

Maximum number of students: 12

Cost for term 2: €285 + €100
(LEGO that the student may keep)

Method of payment: NAISR invoices parents

Course dates: Term 2

Theme 1: 11, 18, 25 January, 1, 8, 15 February - Treasure Maze

Theme 2: 29 February, 7, 14 March, 11, 18, 25 April - Dream Creatures, Dragons & Avatars

Theme 3: 2, 16, 23, 30 May, 6 June - Beautiful buildings, build a neighborhood together

Necessary equipment: Part of the cost of this course covers the cost of the necessary creative LEGO pieces. The LEGO will remain at school for the duration of the course. At the end of the course the LEGO is the student's to keep.

Additional information: To view images of some of Victor's work

<https://www.flickr.com/photos/187013959@N02/> This activity is also open to non-NAISR students.

FRIDAY ACTIVITIES

Session 1 (15:15 - 16:15)

JUNIOR SHARKS - BASKETBALL		Ages 8-18 15:15 - 16:15
Instructor: Stuart Brown		Location: Gym
This is a club where you will be able to practice/play basketball on a weekly basis in a non competitive manner.		
Minimum number of students: 5	Maximum number of students: 20	
Cost for term 2: €160	Method of payment: NAISR invoices parents	
Course dates: Term 2. See ASA calendar. There is no lesson on 16/2.		
Necessary equipment: Gym clothes are required. Indoor gym shoes are requested for in the gymnasium.		
Additional information: This activity is also open to non NAISR students.		

CHESS CLUB		Ages 4-14 15:15 - 16:15
Instructor: Peter Ruimschoot		Location: Room 123
Chess club brings chess to children in a relaxed way using fun jokes and tricks. During the lessons, digital exercises and workbooks are used, whereby the practiced assignments are often applied in the real chess game.		
Chess should be fun first of all, and once children have found the fun in chess they will push themselves to be better. Mixed ages in the chess class are not as problem as long as the children are focused and interested to learn the game.		
Minimum number of students: 9	Maximum number of students: 20	
Cost for term 2: €75	Method of payment: NAISR invoices parents	
Course dates: Full year. See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is also open to non NAISR students.		

MAD SCIENCE GROUP 1

Ages 4-7

15:15 - 16:15

Instructor: TBC

Location: STEAM Lab

During MAD-Science children are taken into the wonderful world of experiments, investigation and demonstrations. Each week focuses on a new theme. Of course everyone will also get to work as a real scientist! Science and technology are crazy!

Trying things out yourself is central during this course. Children do crazy tests and perform cool experiments. The discovery continues with the weekly home experiment. Science and technology are important, now and in the future.

Minimum number of students: 10

Maximum number of students: 20

Cost for term 2: €130 for the full course

Method of payment: NAISR invoices parents

Course dates: 12, 19, 26 January, 2, 9 February, 1, 8 March

Necessary equipment: N/A

Additional information: This activity is also open to non NAISR students.

MAD SCIENCE GROUP 2

Ages 8-12

15:15 - 16:15

Instructor: TBC

Location: Room 222

During MAD-Science children are taken into the wonderful world of experiments, investigation and demonstrations. Each week focuses on a new theme. Of course everyone will also get to work as a real scientist! Science and technology are crazy!

Trying things out yourself is central during this course. Children do crazy tests and perform cool experiments. The discovery continues with the weekly home experiment. Science and technology are important, now and in the future.

Minimum number of students: 10

Maximum number of students: 20

Cost for term 2: €130 for the full course

Method of payment: NAISR invoices parents

Course dates: 12, 19, 26 January, 2, 9 February, 1, 8 March

Necessary equipment: N/A

Additional information: This activity is also open to non NAISR students.

Session 2 (16:15 - 17:15): There are no Friday Session 2 activities at this time.

ADDITIONAL CLUBS AND ACTIVITIES

The following activities are run by university students who have interest, talent and experience in a particular field. Lesson times depend on their availability according to their own university lesson timetables which are only released after the ASA schedule is shared with NAISR parents.

Parents are requested to indicate their interest in this class on the registration form and will be contacted when the day and time are confirmed.

SKILL DEVELOPMENT SESSIONS

Session 1 (15:15 - 16:15)

NUMBER NINJAS MATHS CLUB		Ages 4-7 15:15 - 16:15
Instructor: Lucia Koppe		Location: TBC
<p>A fun club to support primary maths skills. Club activities may include maths games, maths puzzles, quizzes, codebreaking, maths investigations, and general problem solving.</p> <p>A great low pressure way to:</p> <ul style="list-style-type: none"> • develop children's knowledge and understanding of maths • help children apply their maths skills to other 'real-life' maths investigations • fuel a can-do approach to maths • show children that maths is multidimensional • develop children's mathematical reasoning • boost self-confidence 		
Minimum number of students: 3		Maximum number of students: 10
Cost for term 2: €270		Method of payment: NAISR invoices parents
Course dates: Term 2. See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is for NAISR students only.		

NUMBER NINJAS MATHS CLUB		Ages 8-12 16:15 - 17:15
Instructor: Lucia Koppe		Location: TBC
<p>A fun club to support primary maths skills. Club activities may include maths games, maths puzzles, quizzes, codebreaking, maths investigations, and general problem solving.</p> <p>A great low pressure way to:</p> <ul style="list-style-type: none"> • develop children's knowledge and understanding of maths • help children apply their maths skills to other 'real-life' maths investigations • fuel a can-do approach to maths • show children that maths is multidimensional • develop children's mathematical reasoning • boost self-confidence 		
Minimum number of students: 3		Maximum number of students: 10
Cost for term 2: €270		Method of payment: NAISR invoices parents
Course dates: Term 2. See ASA calendar.		
Necessary equipment: N/A		
Additional information: This activity is for NAISR students only.		

SKILL DEVELOPMENT SESSIONS

Skill Development Sessions (SDS) are formal after school tutorials where students gain additional, regular support in a specific academic area. Private lessons provide one-to-one instruction, while group sessions provide support for three to five students.

Term 2 SDS Fees: **€270** per session (Group Sessions)
 €705 per session (Private Sessions)

The following skill development sessions are on offer this year:

Number Ninja Maths Club

A fun club to support Primary Maths skills

SDS Secondary Maths

Maths tutoring for secondary school students

SDS General IB tutoring

General IB skills tutoring: revision techniques, revision schedules, essay writing conventions, assignment completion and student motivation.

SDS English

A general English skills development program: Reading, Writing, Speaking and Listening, for all levels.

NAISR will be working with a new partner to offer English tutoring.

Teachers are available on all days of the week and can offer 60 minute lessons from 15:15 - 16:15 or 16:15 - 17:15. Slots will be allocated on a first-come, first-served basis.

The fees for SDS English lessons will differ to those of the other SDS subjects

Number of students and price per person

1 student € 60,00

2 students € 35,00

3 students € 26,50

4 students € 22,50

For group lessons students should have a similar starting English level

Please register your interest in any of the above skills development sessions using the registration form at the end of the handbook.

PARENT VOLUNTEERS

We are always on the look-out for new and exciting after school activities for our students. Do you have a unique, special or fun skill you would like to share with the children at NAISR? and would you be interested in running an after-school activity either on your own or with a partner?

Activities and clubs can run for either just term 1, just term 2 or for the full school year. Depending on the content we will also run short course clubs for a limited number of weeks. Club leaders must be above the age of 18.

If you have a great idea for an after school club that you would be interested in running please contact marie.putter@naisr.nl.

Currently we are looking for a parent to lead the Secondary School Newspaper club and the Kindness Club for the new school year 2024-2025. The day for both clubs is negotiable. Please contact marie.putter@naisr.nl if you would be interested.

ATHLETICS/NECIS TEAM SPORTS

NAISR is part of the Northwest European Council of International Schools (NECIS), which is an organisation of eleven schools similar to NAISR. NECIS schools are located in the Netherlands, Germany, Denmark, Sweden, Norway, Belgium, and Luxembourg. NECIS schools host and travel to other NECIS schools during the sports season, and all schools meet at the end of each season for a tournament hosted by a NECIS school. NAISR teams may also travel to or host other non-NECIS international schools or Dutch clubs during the season.

Athletic fees vary depending on the sport, length of season and tournament venue. Athletic fees cover such items as transportation, officials, accommodations, awards, facilities, tournament

fees, and coaches' salaries. Please note, athletic fees cover approximately 50% of the cost to run the athletic programme; NAISR subsidises the remaining costs to encourage student participation in sports. Athletic fees are managed directly by the Athletic Department.

For further information, please contact the Athletic Director at stuart.brown@naisr.nl

- JV and Varsity teams will always train on Wednesday and Friday.
- All other teams (U12 - U16) will train on Tuesday and Thursday.
- NECIS teams train for both session 1 and 2.

NECIS TEAM SPORTS FOR 2023-2024

Athletic Director Stuart Brown will reach out to the NAISR community within the first few weeks of the school term to confirm which teams we will be recruiting for 2023-2024. Below are some of the possibilities:

NOVEMBER-MARCH WINTER SPORTS

Activity:	SWIMMING TEAM
Day:	1 day a week, weekday and Saturday meets.
Year Groups:	5-13
Location:	Wilgenring pool
Fee:	€150-€300 (varies on location of tournament involving hotel, transportation)

Activity:	GIRLS & BOYS BASKETBALL TEAMS U12, U14, JV and Varsity
Day:	2 days a week, weekday and Saturday meets.
Year Groups:	5-13
Location:	NAISR Gym
Fee:	€150-€300* (varies on location of tournament involving hotel, transportation)

*In the event of an extended season an additional €50 will be applied.

MARCH-MAY SPRING SPORTS

Activity: JV and Varsity CO-ED SOFTBALL TEAMS
Day: 2 days a week, weekday and Saturday meets.
Year Groups: Co-ed 7-13
Location: Sport field
Fee: €200-€300 (varies on location of tournament involving hotel, transportation, etc.)

Activity: U15 and Varsity GIRLS SOCCER TEAMS
Day: 2 days a week, weekday and Saturday meets.
Year Groups: 7-13
Location: Sport field
Fee: €200-€300 (varies on location of tournament involving hotel, transportation, etc.)

Activity: U12, U14, U16, 16+ CO-ED TRACK AND FIELD TEAMS
Day: 2 days a week, weekday and Saturday meets.
Year Groups: 5-13
Location: Sport field and Langepad track in Kralingen
Fee: €100-€600 (varies on location of tournament involving flights, hotel, transportation, etc.)

PRIVATE MUSIC LESSONS - EXTERNAL INSTRUCTORS

NAISR offers music lessons between 15:15 - 17:15. The lessons are one on one, for all ages/levels. All our music teachers are professional teachers and musicians, who perform on stage and have a degree for music teaching.

The fees are:

- €28 for 30 mins
- €38 for 45 mins
- €48 per hour

Lessons are currently offered for the following instruments:

- Violin
- Accordion
- Drums, Percussion
- Guitar/Ukulele/Electric bass/Electric guitar
- Piano
- Recorder/Flute
- Trumpet
- Voice/Singing
- We hope to offer double bass, saxophone and clarinet lessons in the near future.

Private music lessons are currently paid directly to the music teacher.

Students who take lessons shall be invited to perform at two concerts during the year. Parents and staff members can register as well.

Lessons can be arranged through our Primary School Music Coordinator, Mr. Joris van Beek
joris.vanbeek@naisr.nl.

Please Note: At NAISR, we also encourage parents and staff to utilise the music instructors (a small additional fee will be applicable for persons 21+ due to VAT laws).

AFTER-SCHOOL (BSO) AND HOLIDAY CARE

Funtazia Child Care runs an out-of-school hours care service for NAISR students (ages 4-12). This service includes care for your children both after school (BSO) and during school holidays. The perfect way to fill in the gap between the end of your child's school day and the end of your working day. The out-of-school care programme offers children a fun, stimulating, and safe

environment that includes a wide variety of supervised activities such as: sports and games, art, music, cooking and trips.

For more information or to register your child for after school or holiday care, please contact the Funtazia BSO team at bso@funtazia.nl.

Hours and Fees 2024:

AFTER SCHOOL CARE HOURS & TUITION FEES (DAILY)		
After School Care	15:00 - 18:30	€ 31,50
Early Dismissal Short	12:00 - 15:30	€ 31,50
Early Dismissal Long	12:00 - 18:30	€ 58,50
SCHOOL HOLIDAY CARE TUITION HOURS		
Full Day	8:00-17:00	€ 81,00

Parents will no longer be charged for the time that their children are registered at BSO and at the same time taking part in a NAISR invoiced activity.

This policy does not currently apply to fully external activities such as music lessons.

Please note: Incidental BSO is only available to clients who are registered to the BSO for the whole year and only if there is available capacity for the additional requested days. Holiday care is available to both BSO registered and non BSO registered children.

REGISTRATION FOR SKILL DEVELOPMENT SESSIONS AND AFTER SCHOOL ACTIVITIES

The following link to our online registration form will allow you to register for most of the after school Clubs and Skill Development Sessions.

Please ensure that you have read through this Co-curricular Handbook carefully before registering for our after school activities via the link below:

[REGISTER HERE](#)

The deadline for online registrations is **Saturday 23rd December 2023.**

If you have more than one student enrolled at NAISR, please complete a new form for each child.

There is a maximum number allowance of students for certain activities, so our co-curricular programme runs on a first-come, first-served basis. In some cases, there may also be a minimum number of participants required to run a particular SDS, club or activity. Some SDS, clubs, or activities may not run if the minimum number of participants is not reached.

Confirmation letters and invoices for activities paid via NAISR will be sent out as soon as possible.

Most activities will begin the week of January 9th 2024.

Where invoices for term 1 are outstanding children will not be placed for term 2 activities. Please pay all outstanding invoices before registering for activities.

If you have any questions about our Co-curricular Programme, please do not hesitate to contact marie.putter@naisr.nl.



NORD ANGLIA
INTERNATIONAL SCHOOL
ROTTERDAM