

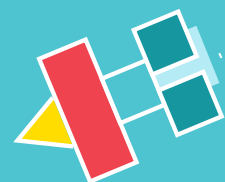


THE BRITISH SCHOOL
WARSAW
A NORD ANGLIA EDUCATION SCHOOL

Getting ready for Nursery



There are lots of ways to help your child get ready for nursery. Here are some key skills you can practice at home (as appropriate for your child).



Things you can practice for independence



Say when I need the toilet and use the toilet

Put on/take off my coat and hanging coat up



Putting shoes on/take them off and putting them away

Say goodbye to my family



Things you can practice for independence



Join in with activities others are doing

Choose what I would like to play with



Wash and dry my hands

Use a spoon/fork



Things you can practice for independence



Tell other how I am feeling

Ask for help



Wear big boy/
girl underwear

Things you can practice with a grown up



moving in different ways, such as hopping, jumping and running

taking turns when playing games together



talking about stories you've read together

saying number names in order to five



Things you can practice with a grown up



playing counting and number games

creating sounds and singing song



Read stories about nursery



Things you can practice with a grown up

following simple instructions, such as to collect or put away an object



asking simple questions and talking in sentences

kicking and catching a large ball



holding and using pencils, crayons or paintbrushes to make marks

Other things you can do



Arrange playdates with other children from nursery if you can



Make a countdown calendar



Ask a grown-up to write your name into all your clothes, including your coat.

Other things you can do



Use a visual timetable to help plan the day (for you and your child!)



Have a practice walk or drive to nursery and talk with your child about what they might do there - you can also get an idea of how long it will take too!

Bonus tip: add five or ten minutes on - especially for the first few days



Read stories together and sing songs and nursery rhymes. What is your favourite story? Can you sing your favourite nursery rhyme?

Please note, this is not a prescriptive nor exhaustive list but is intended as a guide to support your child's transition into Nursery. We are very much looking forward to welcoming you to Nursery at TBSW.