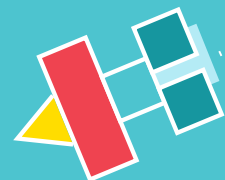




THE BRITISH SCHOOL
WARSAW
A NORD ANGLIA EDUCATION SCHOOL

Getting ready for Year 1

There are lots of ways to help your child get ready for Year 1. Here are some key skills you can practise together at home (as appropriate for your child).



Ask a grown up to help you practice



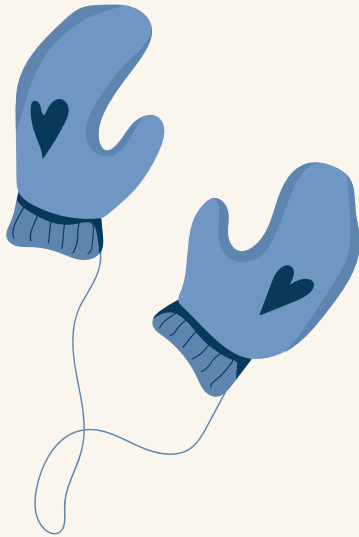
Washing and drying your hands and knowing when it is important to do this

Wiping and blowing your nose



Putting on and fastening your shoes and coat

Ask a grown up to help you practice



Putting on gloves

Changing clothes – including turning clothes the correct way around



Using a knife, fork and spoon

Ask a grown up to help you practice



Pouring a drink from a jug



Opening food packets, containers and your lunch box



Taking turns when playing a game

Ask a grown up to help you practice



Tidying away toys when you have finished using them

Asking for help and explaining what's wrong



Following simple instructions, such as putting away a toy



Ask a grown up to help you practice



Asking and answering simple questions

Using child-safe scissors to cut paper carefully, following a line or to cut out shapes



Writing your name (try writing your first name and your surname)

Other things you can do



Ask a grown-up to write your name into all your clothes, including your coat. Can you find and read your name on each piece of clothing?

Learn about your birthday. When is your birthday? How old will you be on your next birthday?



Put the things you need to take to school and bring home each day – for example, your jumper, coat, book bag and water bottle.

Other things you can do



Practise getting changed for PE. Can you take off your clothes and put them in a bag? Can you put on shorts and a T-shirt all by yourself?

Talk about how you are feeling and know how to calm yourself down if you are feeling cross.



Please note, this is not a prescriptive nor exhaustive list but is intended as a guide to support your child's transition into Year 1. We are very much looking forward to welcoming you to Year 1 at TBSW.