

















V = VEGETARIAN

	LUNCH				
	Main Dishes	Side Dishes	Noodle Soup	Fresh Fruits	
MONDAY					
TUESDAY					
WEDNESDAY 01 May 2024					
THURSDAY 02 May 2024	  	Spaghetti bolognese Pork stir-fried with korean black bean Stewed vegetable w coconut V	Steamed sweet corn V Steamed rice V Boiled broccoli & cauliflower V Mix salad V Passion dressing sauce & thousand island sauce V Kimchi and seaweed broth V	Beef noodles Season fruits	
FRIDAY 03 May 2024	  	INDIAN FOOD DAY Chicken curry, Vegetable Pakora, Samosa meat, steamed rice	Sauteed mix vegetable V Mango salad V Sesame + italian dressing V Mix vegetables soup V	Noodle soup w grilled fish Season fruits	



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	Main Dishes			Side Dishes	Noodle Soup	Fresh Fruits	
MONDAY 06 May 2024				Grilled beef with pineapple leaves and apple sauce Curry chicken Bried tofu w spring onion v	Dinner rolls v Steamed rice v Sauteed sweet mustard leaves v Red beans salad v Passion dressing & taco dressing sauce v Mix vegetable both v	Duck & bamboo shoot noodles	Season fruits
TUESDAY 07 May 2024				Spaghetti carbonara Shrimp balls with tamarind sauce Sauteed mix mushroom with vegetable v	Baked corn v Steamed rice v Baked vegetables with herbs v Apple salad v Taco dressing & hummus dressing v Malabar spinach both v	Wonton noodles w shrimp and pork	Season fruits
WEDNESDAY 08 May 2024				Baked fish w dill cream sauce Stir-fried beef celery Stewed red beans and vegetables v	Singapore fried noodles v Steamed rice v Fried kohlrabi v Cucumber and carrot pickled v Balsamic vinaigrette & caesar dressing v Kimchi and seaweed broth v	Beef noodles	Season fruits
THURSDAY 09 May 2024				Pasta with pesto sauce and ham Korean spicy cheese chicken Eggs with tomatoes v	Dinner rolls v Steamed rice v Boiled mix vegetable v Baked vegetable salad v Passion & taco dressing sauces v Sour bean broth v	Noodle soup w grilled fish	Season fruits
FRIDAY 10 May 2024				MEXICAN FOOD DAY: Burrito, vegetable tortilla stack, Pork stew with white beans, steamed rice	Sauteed cabbage v Synthetic salad v Caesar & thousand island dressing sauces v Cabbage broth v	Rice noodles	Season fruits



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MONDAY 13 May 2024	  	Oven-roasted pork with honey grape sauce Korean spicy stir-fried squid Braised tofu and mushroom V	Bread pillow V Steamed rice V Boiled bottle gourd and carrot V Baked vegetable salad V Passion & taco dressing sauces V Kimchi and seaweed broth V	Southern beef noodle soup	Season fruits
TUESDAY 14 May 2024	  	Spaghetti w min beef Fried chicken with korean spicy sauce Vegetable with green bean curry V	Steamed corn V Steamed rice V Sauteed bok choy V Chickpea salad V Caesar & thousand island dressing sauces V Malabar spinach broth V	Chicken vermicelli	Season fruits
WEDNESDAY 15 May 2024	  	Beef stew with demi sauce Salt roasted fish Baby corn stir-fried with mixed mushrooms V	Stir-fried rice noodles w green vegetables V Steamed rice V Sauteed bean sprouts w green onion V Thai cucumber salad V Balsamic & taco dressing sauces V Sour vegetable broth V	Beef noodles	Season fruits
THURSDAY 16 May 2024	  	Pasta w ham cream sauce Grilled chicken with mushroom sauce Braised egg in spring onion V	Baked potatoes with herbs V Steamed rice V Kohlrabi & carrot sauteed w garlic V Greek potato salad V Greek & honey dressing sauces V Mustard green broth V	Wonton noodles w shrimp and pork	Season fruits
FRIDAY 17 May 2024		HUÉ FOOD DAY (Nui rolls, fresh rice noodles, beef balls, Pork leg vegetables, rice)	Steamed rice V Sauteed cabbge V Coleslaw V Sesame & passion dressing sauces V Japanese tofu seaweed soup V	Noodle soup w grilled fish	Season fruits



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	Main Dishes		Side Dishes	Noodle Soup	Fresh Fruits	
MONDAY 20 May 2024			Baked pork with cream sauce Korean stir-fried shrimp Eggs with tamarind sauce v	Dinner rolls v Steamed rice v Sauteed bok choy v Green vegetable salad w italian vinegar dressing v Thousand island sauce & balsamic dressing sauce v Bottle gourd soup v	Noodle soup w minced pork	Season fruits
TUESDAY 21 May 2024			Pasta with pesto sauce and ham Korean bulgogi stir-fried beef Mixed spicy stir-fried tofu v	Korea's mixed noodle v Steamed rice v Sauteed bean sprouts w green onion v Mango salad v Honey & sesame dressing sauces v Sour soup v	Beef noodles	Season fruits
WEDNESDAY 22 May 2024			Oven-roasted chicken with aromatic leaves and demi cream sauce Curry pork stew Stewed white beans and vegetables v	Hasselback potatoes v Steamed rice v Boiled chayote and carrot v Garden salad in passion fruit sauce v Southwest & taco dressing sauces v Malabar spinach broth v	Wonton noodles w shrimp and pork	Season fruits
THURSDAY 23 May 2024			French style stewed beef Crispy stir-fried fish with chinese tamarind sauce Stir-fried asparagus with mixed mushrooms v	Steamed corn v Steamed rice v Fried cabbage v Apple salad v Thousand island + balsamic dressing v Broccoli soup v	Goose Vermicelli	Season fruits
FRIDAY 24 May 2024			ITALIAN FOOD DAY Spaghetti bolognese, ham pizza, sausage, vegetables pizza.	Sauteed mix vegetable v Baked vegetable salad v Sesame + italian dressing v Mix vegetables soup v	Rice noodle w meat ball	Season fruits



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MONDAY 27 May 2024				Spaghetti carbonara Brazilian stir-fried beef Lotus root stewed with fruits and vegetables v	Dinner rolls v Steamed rice v Boil mix vegetable v Egg salad v Sesame + italian dressing v Bottle gourd soup v	Noodle soup w minced pork	Season fruits
TUESDAY 28 May 2024				Baked chicken thighs w creamy mushroom sauce Stir-fried fish with korean spicy sauce Szechuan tofu v	Hasselback potatoes v Steamed rice v Sauteed sweet mustard leaves v Mango salad v Thosand island + balsamic dressing v Sour soup v	Beef noodles	Season fruits
WEDNESDAY 29 May 2024				Pasta with pesto sauce and ham Braised shrimp w pork Sauted mushroom w vegetable v	Pad thai v Steamed rice v Boiled chayote and carrot v Red bean salad v Sesame + Italian dressing v Malabar spinach broth v	Wonton noodles w shrimp and pork	Season fruits
THURSDAY 30 May 2024				Oven-roasted pork with green pepper sauce Stir-fried chicken with lemongrass and chili Vegetable with green bean curry v	Steamed corn v Steamed rice v Cabbage sauteed w garlic v Apple salad v Thousand island + balsamic dressing v Broccoli soup v	Rice noodle w meat ball	Season fruits
FRIDAY 31 May 2024				BIBIMBAP DAY Stir-fried beef (Kimchi, zucchini, seaweed, mushroom, onion, spinach, bean sprouts)	Fried egg v Steamed rice v Sauteed mix vegetable v Mango salad v Sesame + italian dressing v Mix vegetables soup v	Chicken vermicelli	Season fruits